# SUMMER2025 MANCHESTER YOUR GUIDE TO MANCHESTER'S LEISURE SERVICES

Explore Manchester this summer through a variety of programs and events for all ages

# **BUILT TO PLAY.**

# **EDITORS**MESSAGE

### REDISCOVER YOUR PLAYFUL SPIRIT WITH MANCHESTER NOW

Welcome to the first edition of *Manchester Now* – your ultimate guide to the incredible range of leisure opportunities offered right here in our community! Whether you're looking to get active, stay creative, learn something new, or simply unwind, this catalog brings together the very best programs and services from Recreation, Neighborhoods and Families, Youth Services, Libraries and Senior Services.

From the very beginning of our lives, we are Built to Play. It's an essential part of being human – a joyful expression of curiosity, creativity, and connection. As children, play comes naturally, filling our days with adventure and wonder. But as we grow, life's demands – work, school, relationships, and responsibilities – can gradually pull us away from that playful spirit.

Yet play is not just for the young - it is a lifelong necessity. It nurtures our well-being, fosters social bonds and keeps our minds and bodies vibrant. In fact, being playful is one of the most powerful ways to maintain a healthy and fulfilling life, no matter your age.

This summer we invite you to rediscover that spirit of play. Dive into the hundreds of offerings listed in this catalog and find something that sparks your interest. Whether it's joining a sports league, exploring creative arts, participating in community events, or connecting with neighbors through social activities, there's something for everyone.

Get back on your playful path. Make time for yourself, your family and your friends. Reconnect with your community, and most importantly-have fun!

We look forward to seeing you out there, embracing the joy of play and making lasting memories.



EDITOR-IN-CHIEF Christopher J. Silver Director Family, Leisure, and Recreation



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WMANCHESTER PUBLIC SCHOOL CONTENT Paul Ofria

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ADVERTISE Hearst | Connecticut Media Group Jessica Murren, Director of Marketing Jessica.Murren@ hearstmediact.com



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VOLUME 1 EDITION 1, SUMMER 2025 Manchester Now is the official leisure services publication of the Town of

Manchester

# **MANCHESTER**LATER

### Ground Breaking at The Oak

Stay tuned for an announcement for the grand opening of The Oak at Charter Oak Park, coming late summer / early fall.

### **Northwest Park Farmers Market**

Mark your calendars for this fall's Northwest Park Farmers Market, scheduled for Wednesdays, September 3 - October 29 from 4:00PM - 7:00PM at Northwest Park! Come enjoy the carefully crafted slate of diverse farms, prepared food vendors, artisans, local musicians and much more.

### **Fall Swim Lesson Registration Dates**

Fall swim lesson registration will open on Wednesday, September 10 at 9:00AM. Stay tuned for further session information, including Monday/Wednesday, Tuesday/ Thursday & Saturday swim offerings.

### Fall Festival

The Recreation Division's annual Fall Festival is scheduled for Friday, October 10 from 5:00PM - 8:00PM at Northwest Park. Come enjoy food vendors, bounce houses, a haunted trail and - most importantly - candy! Come dressed in your Halloween costume and enjoy a night out with the Manchester community.

### Leisure Labs Open House & Exhibit Night

The Leisure Labs Open House will be held on Wednesday, October 1 from 6:00PM - 8:00PM. This open house will include a variety of demo activities and the introduction of the new World in Manchester exhibit, an exhibit that acknowledges the diverse cultures of Manchester that stem from all around the world. All those attending will receive a World in Manchester exhibit book and refreshments will be provided.

The center also exhibits the Manchester Sports Hall of Fame and the Luminaries of Change.

# REGISTERNOW

**Registration Dates** Residents | May 7, 2025 Non-residents | May 9, 2025

**Online Registration** | Don't remember your username or password? Give us a call and we can assist you! Log on to: RecOnline.townofmanchester.org

Over the Phone | Contact us at (860) 647-3084. If paying over the phone a Visa or MasterCard must be used.

In-Person | Visit the Manchester Community Y Recreation Center or the Center Springs Park Main Lodge.

Registration | Participants who are Manchester residents require proof of residency upon initial account registration and set-up, unless otherwise noted. A resident is defined as a person who permanently resides in the Town of Manchester. Non-residents may only register for programs that indicate "nr" (non-resident fee) next to the listed fee.

Program Enrollment Policy | Enrollment is limited and most programs are on a first come, first served basis. The Recreation Division reserves the right to cancel or close a program which does not meet minimum enrollment requirements.

**Refund Policy** | Full refunds will be made if a request is made at least one week prior to the start of the program or if the Recreation Division cancels the class.

Late Registration | Late registration may be accepted for most programs if space permits. Programs are not prorated for late registration.

Confirmation Receipt | Online registrants should print out their receipt upon registration.

**Waiting List** | If your desired class is filled, you may be placed on a waitlist. if a waitlist is available. This does not include the Infant, Toddler, Preschool and Levels 1-6 swim lessons.

### **Program Cancellation Line**

Access program cancellations 24/7 on our program cancellation line by calling (860) 647-3162.

### Follow Us on Social Media

Like us on Facebook and follow us on Instagram & Twitter to learn more about programs, upcoming events and more!

### @ManchesterRecreation @YouthSvc

@NeighborhoodsandFamilies



### Membership

Facility Pass for Seniors, Adults & Youth Valid until December 31, 2025

A facility pass is required and allows drop-in use of the recreation centers, outdoor pools, indoor pools, and the Community Y Fitness Center during the 2025 recreation season. Senior citizen passes are also valid for the Manchester Senior Center and Senior Center programs.

A facility pass is for Manchester residents only and a valid ID is required to prove residency upon purchase and renewal. You must be present when purchasing a membership as photos will be taken at the time of purchase. Adult, Youth and Senior facility passes can be purchased at Center Springs, Community Y Rec Center and Customer Service at Town Hall. Senior passes can also be purchased at the Senior Center.

### **Facility Pass Fees**

Youth (0 - 20 years old) Adults (21 - 59 years old) Senior Citizen (60 and older) Lost Card Replacement Fee \$5.00

No Cost \$25.00 (as of 6/1) \$10.00



### **Special Consideration**

Per Connecticut General Statute 19a-77 we are required to disclose that our programs are not licensed by the State Office of Early Childhood.

# MANCHESTERLOCATIONS

The Manchester locations guide includes information on town green spaces, recreation centers, program facilities and more. For a complete listing of facilities, please contact the Recreation Division at (860) 647-3084.



### CENTER SPRINGS 39 LODGE DRIVE

A picturesque, 57-acre park in the center of Manchester, Center Springs Park offers an 18-hole disc golf course, fishing and observation piers, covered pavilions, public art installations, and is home to the Center Springs Lodge, the main office for the Department of Leisure, Family and Recreation. The park also has an access point to the Cheney Rail Trail.



### CHARTER OAK PARK CHARTER OAK STREET

Charter Oak Park includes playgrounds, basketball and tennis courts, a softball field, music garden, the only three-sided handball court in the state, and internal park pathways and access to the East Coast Greenway, along with a connection to Mount Nebo park. Coming soon - The Oak soccer field and all wheel park and pump track. During the summer, the park hosts the Park Ambassador and Yellow Bike programs.



### COMMUNITY Y RECREATION CENTER 78 NORTH MAIN STREET

The Community Y Recreation Center houses a fitness center, gymnasium, and exercise and dance studio. The center also hosts registration for recreational programs and memberships.



### **DOG PARK AT MOUNT NEBO** 155 SPRING STREET

This park is open from dawn to dusk and provides an enclosed space for licensed dogs to play and socialize. Dog owners are required to abide by posted rules.



### EARLY CHILDHOOD CENTER 448 TOLLAND TURNPIKE

Located at Northwest Park in Building #1, this center provides early childhood development programming, support and parenting resources. This center is managed by the Youth Service Bureau.



### EASTSIDE NEIGHBORHOOD RESOURCE CENTER 153 SPRUCE STREET

The Eastside Neighborhood Resource Center is home to the Neighborhoods & Families Division and offers no-to-low cost community-based programming, as well as space for community groups to meet. This is also the site for the community's popular Spruce Street Farmers Market and community garden.





### **NORTHWEST PARK** 448 TOLLAND TURNPIKE

This premier 24-acre park on the north end of Manchester sits on the north shore of Union Pond and features baseball fields, a pond, observation pier, accessible playground, pavilion, hiking trails and more. Pavilion avaible for rental May 1 - October 11, 2025. Contact the Lead Pavillion Coordinator for rental information - (860) 647-3075



SCAN FOR

### OLCOTT STREET SPRAYGROUND 126 OLCOTT STREET

The sprayground is open from Memorial Day weekend until Labor Day weekend from 10:00AM - 8:00PM.



### PUBLIC LIBRARIES 586 MAIN STREET | MAIN LIBRARY 100 NORTH MAIN STREET | WHITON

Manchester has two public libraries. The Main Library Building is located in the heart of Manchester's downtown, while Whiton Branch Library is located on the north end of Manchester, adjacent to the Community Y Recreation Center.



### SENIOR CENTER 549 EAST MIDDLE TURNPIKE

The Senior Center offers a comprehensive array of activities and services to meet the needs of Manchester's seniors, encourages healthy lifestyles and supports lifelong learning.



### YOUTH SERVICE BUREAU 63 LINDEN STREET

The Manchester Youth Service Bureau is devoted to providing opportunities for personal growth to Manchester youth, ages birth to 21, through no-to-low cost programs, services and activities that aim to develop responsible individuals who make positive contributions to the community.



### **UNION POND PARK & FIT TRAIL** 110 NORTH MAIN STREET

This 6.88 acre park overlooks Union Pond and provides park-goers with areas for fishing and boating as well as the waterfront outdoor Jay Howroyd Fit Trail featuring eight fitness stations. The Hockanum-Oakland trail can also be accessed at Union Pond Park.

# **UPCOMING**EVENTS

### **THURSDAY CREATIVE NIGHTS**

**Location: Northwest Park** Th, 7/3/25 - 8/21/25 | 5:00PM - 7:00PM

### RED, WHITE AND BLUE TIE-DYE | JULY 3

Add some color to your wardrobe - join us for a fun, twisty, scrunchy time! Bring your own shirt, pants or socks - anything you want to add some red, white and blue to!

### **CANVAS PAINTING | JULY 10**

Unleash your creativity in a vibrant world of colors! Join us for a night of fun and artistic expression, where vou'll turn vour fantastic ideas into stunnina canvases. Don't miss this chance to discover the artist within you!

### **CERAMIC PAINTING | JULY 17**

Unleash your inner artist as you paint stunning ceramic pieces like suns, adorable piggy banks, and so much more! With a rainbow of beautiful colors to choose from, this is the perfect opportunity to express yourself and have a blast while doing it!

### CLAY NIGHT | JULY 24

A night of creativity awaits as we unleash our imagination to shape anything from clay! Whether it's an animal, a whimsical creature, or a charming mug, let it dry and you'll have a beautiful creation

### **OPEN MIC & POETRY WORKSHOP | JULY 31**

Calling all artists! Rappers, singers, dancers -this is your moment to shine! Join us for an open mic night where you can unleash your creativity and showcase your amazing skills. Plus, don't miss out on our engaging poetry workshop to elevate your art.

### NEEDLE POINT CRAFT NIGHT | AUGUST 7

An opportunity to learn the techniques of creating a fun needlepoint art piece. Whether you're a beginner or have some experience, this craft night will guide you through the process step by step.

### **CANVAS PAINTING | AUGUST 14**

Enjoy the experience of splashing vibrant watercolors onto your canvas to create stunning art pieces. This event welcomes all skill levels, so come unleash your imagination and see what you can create!

### **OPEN MIC NIGHT | AUGUST 21**

Calling all artists! Rappers, singers, dancers - this is your moment to shine! Celebrate the end of summer, unleash your creativity and showcase your amazing skills.

### **COLOR DASH**

Location: Northwest Park Pavilion Join us for a vibrant, family-friendly Color Dash at Northwest Park! Enjoy a fun-filled day with a colorful 1-mile run, bounce houses, a DJ, Kona Ice and much more! Perfect for all ages-come out and make memories while getting covered in color! Registration recommened.

Sat, 5/10/25 | 11:00AM - 2:00PM

### **PUBLIC WORKS DAY**

Location: 321 Olcott Street Visit the Public Works facilities for Touch-a-truck, informational materials, games, gifts, and more! W, 5/21/25 | 10:00AM - 12:00PM

### JUNETEENTH COMMUNITY CONVERSATION

Location: WORK SPACE, 903 Main Street Join the Neighborhoods & Families Division and community partners for a conversation focused on all things Juneteenth. The panel will consist of a roundtable of local leaders as they explore Juneteenth, its impact on our community & the necessity of commemorating the holiday. Light refreshments will be provided.

F, 6/20/25 | 6:00PM - 8:00PM

# Spruce Street FARMERS MARKET

Good Food. Good People. Grown Here. WEDNESDAYS, JUNE 4 - AUGUST 27, 4:30-7:30 PM MARKET FIELD, 153 & 163 SPRUCE STREET 🍏 ...... 💥 👘 🚢 SNAP DOUBLED UP TO \$30.00

### **MARC'S 2025 SUMMER CONCERT SERIES** Location: MARC Inc. 151 Sheldon Road

Tu, 7.8 | 7.15 | 7.22 | 7.29 | 6:30PM - 8:30PM

MASS-CONN-FUSION | JULY 8 R&B, funk, and disco cover band

**NIGHT SHIFT | JULY 15** 60's, 70's, and 80's cover band

CHANGES IN LATITUDES | JULY 22 Jimmy Buffet tribute band

**STILL KICKIN' WITH** THE BIG CITY HORNS | JULY 29 60's, 70's, and 80's tribute horn band



### JAMES "DUTCH" FOGARTY **INDEPENDENCE DAY** CELEBRATION

Manchester Community College -Great Path, Manchester, CT The James "Dutch" Fogarty Independence Day Celebration committee is celebrating 40 years of legendary live music, kid's zone activities, marketplace offerings, food, family, friends and fireworksfilled fun. This annual get-together will be the highlight of the summer and is not something to be missed. Sat, 7/5/25 | 4:00PM - 9:00PM | Rain Date: July 6



### **CRUISIN' ON MAIN STREET** Main Street. Downtown Manchester

Mark your calendar for August 3rd and attend one of the largest oneday car shows in all New England. Whether you are showing a car or just attending to check out the cars, listen to great music, and/ or enjoying a meal downtown, you can't miss this great annual event. Sat, 8/3/25 | 11:00AM - 3:00PM | Rain Date: August 10



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### **NATIONAL NIGHT OUT**

Leisure Labs at Mahoney Center National Night Out is an annual community-building campaign that promotes police and neighborhood partnerships. Join us at Leisure Labs for bounce houses, Police Department Recruiters, PAL Judo demos, family fun with DJ Dale & more!

Tu, 8/5/25 | 5:00PM - 7:00PM

### CHARTER OAK: FRIDAY SPECIALS

The Park Ambassadors are looking forward to seeing you this summer at Charter Oak Park! OurPark Shop will be open Monday - Friday from 5:30PM - 8:30PM, starting June 23 through August 22, where you can sign-out either a Yellow Bike or scooters. Proper identification and safety equipment required.

We will also be open for drop-in activities, including life-size Jenga/Connect Four, foosball, arts and crafts and more! The Friday Night Specials series will return this summer from Friday, June 27 – Friday, August 22. All events and drop-in activities are free to attend; no registration is required.

### Summer Kick-Off

June 27 | 6:00PM - 8:00PM

Bring the family and enjoy our summer kick off featuring inflatables & recreational games and activities!

No Friday Night Special and OurPark Shop July 4

### Manchester Police Department Night July 11 | 5:00PM - 7:00PM

Come visit the Manchester Police Department and their officers to see all their exciting equipment and enjoy a night of fun and games!

### Lutz Museum: Fur, Feathers or Scales Night July 18 | 6:00PM - 8:00PM

Do mammals, birds and reptiles share similar physical features, and how do we tell them apart? The Lutz Museum will be joining the Park Ambassadors with three live animals, one from each group, along with biofacts from the museum's natural history collection.

### DJ Dale Dance Party July 25 | 6:00PM - 8:00PM

DJ Dale of Into the Groove will be kicking off the weekend with a family fun dance party! Experience a great mix of family-friendly music, juggling and interactive dancing!

### Ambulance Service of Manchester Night August 1 | 6:00PM - 8:00PM

In collaboration with the Ambulance Service of Manchester, come on down to Charter Oak, where our EMS staff will be with us to enjoy a night out at the park!

### Manchester Fire Department Night August 8 | 6:00PM - 8:00PM

In collaboration with the Manchester Fire Department, come on down to the park, meet our firefighters and get to know our responders!

### Bike Night

### August 15 | 6:00PM - 8:00PM

Bring your child's bike and helmet down to the park for a free inspection. After your child's bike gets inspected, go through the obstacle course or take a ride down the East Coast Greenway. Don't have a bike? That's okay - feel free to rent out of our Yellow Bikes!

### **TRAILS DAY**

Join us as we hike up Case Mountain and take in the view from the trails and peak! Bring snacks to enjoy at the summit as we see the sights of our town.

Hike 1 | Sat, 6/7/25 | 5:00PM - 7:00PM Case Mt. Spring Street Trailhead

Hike 2 | Sun, 6/8/25 | 11:00AM - 2:00PM Case Mt. Birch Mountain Trailhead



Rec on the Run is a mobile pop-up creative arts, sports and games vehicle offering FREE activities in Manchesters parks and neighborhoods. Join us at the locations below and let your creativity run wild!

Tuesday - Friday | 5:00PM - 7:00PM

Tuesdays | Mahoney Recreation Center

Wednesdays | Spruce Street Farmer's Market

Thursdays | Northwest Park

Fridays | Charter Oak Park

COLOR ME WEEK
July 1 - July 3
(No program July 4)

JUNK IT WEEK July 29 - August 1

BEAD IT WEEK July 8 - July 11

August 5 - August 8 BUILD IT WEEK August 12 - 15

PAINT IT WEEK

PAINT IT WEEK July 15 - July 18

COLOR ME WEEK July 22 - July 25 COLOR ME WEEK August 19 - August 22

### MANCHESTER PAL 3-ON-3 BASKETBALL SERIES

Get ready to ball out this summer! The Manchester PAL 3-on-3 Basketball Series is back and it's bigger, better, and full of Friday night fun! Kids ages 5 to 18 can hit the courts for an exciting evening of hoops, high-fives, and hometown spirit. Hosted by Manchester PAL, Manchester Police, and the Youth Services Bureau, this FREE series includes skills practice, competitive games, plus pizza and water for all players. It's all about safe play, community vibes, and smiling faces. Let's play, grow, and have a blast together.



June 13 - August 15 Fridays 5:00PM Same day registration. For more info, contact: Pwalsh@manchesterct.gov

#### DOG BARK-ETS AT MOUNT NEBO DOG PARK Su, 6/1/25 | 6/22/25 | 7/20/25 | 12:00PM - 2:00PM Bring your dog to shop from dog focused yondors, learn about the

Bring your dog to shop from dog-focused vendors, learn about the local business who support a dog-friendly community and grab a treat for your dog to enjoy!

# **CELEBRATE**MANCHESTER

### From June 1 - 14, join in on this annual series of events to celebrate the people, places & activities of Manchester!

### SENIOR LINE DANCE PARTY

Location: Senior Center No experience needed and you do not need to bring a partner - all welcome! Admission is free but tickets are required to be eligible for door prizes. Tickets available at the Senior Center and at Customer Service at Town Hall. Tu, 6/3 | 6:00PM - 8:00PM

### **VETERANS BARBEQUE**

Location: Manchester Elks Lodge At the Manchester Elks Lodge, 30 Bissell Street. The Lodge will be cooking up barbecue chicken and ribs with all the fixins which will be free to our veterans to show our appreciation and support. Please RSVP by contacting Gerry Gallo, 860-836-8396 or email to veterans@manchesterelks.org Th, 6/5 | 11:30PM - 2:00PM

### THE LITTLE THEATER OF

**MANCHESTER:** PROOF Location: Cheney Hall A poignant drama about love and reconciliation. F, 6/6 | 7:30PM



### JOSEPH D. NEGRI CONCERT

Location: Center Memorial Park Bring a blanket, chair, family and friends to this free concert featuring Mass-Conn-Fusion. Food available for sale. Sat, 6/7 | 6:30PM rain date Sunday 6/8

### **TAKE A HIKE - CT TRAILS**

Manchesterlandtrust.org Location: Center Springs Park Sat, 6/7 | 1:00PM Location: Salter's Pond Su, 6/8 | 1:00PM

### **DUCK RACE**

Location: Charter Oak Park Tickets \$5 per duck. Cash prizes will be awarded. Sponsored by the Manchester Lion's Club. Contact David: 860-250-1500 David@dubaldo.com Sat, 6/14 | 2:00PM

### Celebrate Manchester

# JUNE 1 - JUNE 14



#### **SPRUCE STREET FARMERS MARKET: OPENING DAY** Location: Market Field, 153 & 163 Spruce Street

- 25+ local vendors, food truck, live music
- Enter for a chance to win a \$50.00 market gift certificate
- SNAP accepted and doubled up to \$30.00
- W, 6/4 | 4:30PM 7:30PM

### **EVENTS AT WORK\_SPACE**

June 1st to 14th For Celebrate Manchester programs at WORK SPACE, visit: Workspacemanchester.com/events-programs 903 Main Street | 860.647.6029 | info@workspacemanchester.com

### **CONNECTICUT OPEN HOUSE DAY**

Explore Manchester's historic spaces and places at no cost! Sa, 6/14

9:30AM - 12:30PM | The Mill Studio of Fine Arts **199D Forest Street** 

10:00AM - 2:00PM | Old Manchester Museum 126 Cedar Street

11:00AM - 3:00PM | The History Center 175 Pine Street

11:00AM - 3:00PM | Cheney Homestead, Gardens, and **Keenev Schoolhouse** 106 Hartford Road

11:00AM - 3:00PM | Woodbridge Farmstead barn and grounds 495 East Middle Turnpike

11:00AM - 3:00PM | Pitkin Glass Works at the corner of Parker and Putnam Streets

11:00AM - 3:00PM | The Fire Museum 230 Pine Street

12:00PM - 3:00PM | Truck Day at the Lutz Museum 247 South Main Street



### **50TH ANNIVERSARY OF ART IN THE PARK**

### Location: Center Memorial Park

A free art and craft festival with over 150 booths featuring unique items for sale including all genres of traditional and cutting-edge painting, photography, sculpture, jewelry, ceramics, wood, fashion and related vendors. The day will include interactive art projects, music, and spoken word on the Main Stage and food trucks onsite. For info, contact artintheparkmanchester@gmail.com

Su, 6/1 | 10:00AM - 4:00PM

# AQUATICEVENTS

Active Recreation Card required for all Friday Night Aquatic events

### **MOI THE KOI - YOUTH & ADULT SWIMMING CHALLENGE**

Moi the Koi is calling on swimmers of all ages to complete this year's summer challenge! Moi is challenging youth 17 and under to complete 50 laps & individuals 18 and over to complete 150 laps - you may use any strokes that are marked on the 2025 summer swimming challenge card. Challenge cards will be distributed at the Community Y Recreation Center, Center Springs Park and all Town of Manchester pools. Once you've completed your challenge card, bring the completed card to the Community Y where you'll be entered into our raffle. The challenge will run from July 1 - August 1, and winners will be drawn at Waddell Pool on Friday, August 8.

### **SLIDE INTO SUMMER**

Location: Waddell Pool

Children of all ages can kick start their summer at Waddell Pool with games, toys, noodles, and music! Popsicles will also be provided for out-of-pool leisure time. Pool Pass required. Tu, 7/1/25 | 5:30PM - 7:00PM

### **PIRATE NIGHT**

Come to the pool in your favorite pirate costume or outfit and receive a free pirate treat! Moi the Koi will be there to judge costumes - the best costume will win a prize!

July 11 | Globe Hollow, 5:00PM - 7:30PM

### LUAU NIGHT

LIMBO LIMBO LIMBO! Join us at our pools to experience the thrill of a backyard LUAU! With music, dancing, leis, and more, this will be a luau you don't want to miss.

July 11 | Waddell Pool, 5:00PM - 7:00PM July 18 | Swanson Pool, 6:00PM - 8:00PM July 25 | Salters Pool, 6:00PM - 8:00PM

### **BACKYARD GAMES NIGHT**

Join us for an evening of your favorite backyard games. Spike ball, cornhole, and more! Stop by the pool to challenge the lifeguards to some games and enjoy the wonderful features of our pools. Tournaments will be set up to add a little competition. July 11 | Marcy Macdonald, 6:00PM - 8:00PM July 18 | Waddell Pool, 5:00PM - 7:00PM July 25 | Swanson Pool, 6:00PM - 8:00PM August 1 | Salters Pool, 6:00PM - 8:00PM



### FREE FAMILY SWIM

Bring your family down to the pool and enjoy a free night of swimming. July 11 | Swanson Pool, 6:00PM - 8:00PM July 18 | Salters Pool, 6:00PM - 8:00PM July 25 | Globe Hollow, 5:00PM - 7:30PM August 1 | Marcy Macdonald, 6:00PM - 8:00PM

### **UNDER THE SEA**

Come to the pool dressed as your favorite under the sea character! Under the sea treats will be provided. Moi the Koi can't wait to see you there! July 18 | Marcy Macdonald, 6:00PM - 8:00PM

### LIFEGUARD NIGHT

Interact with the staff and get to learn and try some of the techniques the lifeguards learned during their training.

July 11 | Salters Pool, 6:00PM - 8:00PM July 18 | Globe Hollow, 5:00PM - 7:30PM August 1 | Waddell Pool, 5:00PM - 7:00PM

### **NOODLE NIGHT**

Bring a float or grab a noodle and relax at the pool. Pools will have limited noodles available. Noodles and floats are only allowed on designated nights and times.

August 1 | Swanson Pool, 6:00PM - 8:00PM

### **BUILD IT YOURSELF BOAT CONTEST**

Come join us for a BIY Boat Contest. There are only two rules: boat must be made of cardboard and duct tape, and they must be built prior to arriving to the contest. Bring your boats to Globe Hollow and see if your boat is the fastest. Participants will paddle from one lifeguard chair to the other to cross the finish line - the fastest time wins! Free pizza to all program participates. Bring your boats and hope they float! August 1 | Globe Hollow, 5:00PM - 7:30PM Rain Date: 8/8/25

SPRAYGROUND | 121 OLCOTT STREET May 24, 2025 through September 1, 2025 The Sprayground will be open 10:00AM - 8:00PM 7 days a week!



### K-9 KERPLUNK

Location: Globe Hollow Pool In conjunction with the Manchester Youth Commission, licensed and eligible dogs will be able to swim at Globe Hollow! Swimming is for dogs only. Pre-registration or on-site registration required | \$5.00 per dog (maximum 2 dogs per handler) Sun, 8/10/25 | 1:00PM - 3:00PM







# **SUMMER**AQUATICS

All pools open June 30, 2025 - August 10, 2025

### **SWIM LESSON REGISTRATION**

Leisure Labs and Martin Camp Swim Lesson registration opens W, April 30 at 9:00AM

### Open to Manchester residents only. Registration opens W, May 7 at 9:00AM

In-person | Community Y | Center Springs Lodge Online | Reconline.townofmanchester.org Online registration requires users to set up an account. The Recreation Division suggests accessing the on-line registration site prior to the day of registration to complete this set up.

**Cost** | Swim lessons are \$25.00 per child per session.

### Placement

Children may not be enrolled in more than one class per session. Parents who register their child for more than one swimming session take the chance of incorrectly placing their child. If incorrect placement occurs, parents may call the Recreation Division and transfer their child into the correct level if space is available.

### AGE REQUIREMENTS

Infant: 6 months - 18 months \*adult must be in the water with child Toddler: 19 months - 3 years 5 months \*adult must be in the water with child Preschool: 3 years 5 months - 5 years Levels 1 - 6: 5 - 12 years

### **POOL**SCHEDULE

MARCY MACDONALD	110 CEDAR SI 860.647.3382
SWIMMING LESSONS	MON - THUR 9:30 - 11:10AM MON - THUR 5:00 - 8:00PM
ADULT LAP SWIM	MON - FRI 11:35 - 12:30PM
	SAT 5:00 - 6:00PM
OPEN SWIM	MON - SAT 1:00 - 5:00PM
SENIOR AQUA EXERCISE	FRI 10:00 - 11:00AM
EVENT + LESSON MAKE-UPS	FRI 6:00 - 8:00PM

### PRE-SEASON

Marcy MacDonald | June 16 - 29 Open Swim: 1:00PM - 5:00PM Adult Lap Swim: 5:00PM -6:00PM

### **POST-SEASON**

Marcy MacDonald | August 11 - August 22 Open Swim: 1:00PM - 5:00PM Adult Lap: 5:00PM - 6:00PM

### NOTES

July 4 - Globe Hollow only 1:00PM - 6:00PM

Globe Hollow's last day is Su, August 10 but only open for Adult Lap Swim from 12:00PM – 1:00PM

### GLOBE HOLLOW | 100 SPRING ST | 860.647.6037

SWIM LESSONS	MON - FRI	9:30 - 11:20AM
ADULT LAP SWIM	MON - FRI	11:30 - 12:30PM
OPEN SWIM	MON - FRI	1:00 - 5:00PM
SWIM LESSON + ADULT LAP	MON - THUR	5:00 - 7:30PM
OPEN SWIM + ADULT LAP	SAT   SUN	1:00 - 6:00PM
EVENT + LESSON MAKE-UPS ADULT LAP	+ FRI	5:00 - 7:30PM

### SALTERS POOL | 103 LYDALL ST | 860.647.3296

SWIM LESSONS	MON - THUR	6:00 - 8:00PM
ADULT LAP SWIM	MON - FRI	12:00 - 1:00PM
	SUN	1:00 - 2:00PM
OPEN SWIM	MON - FRI	1:00 - 5:00PM
	SUN	2:00 - 6:00PM
AQUA EXERCISE	MON - THUR	5:00 - 6:00PM
EVENT + LESSON MAKE-UPS	FRI	6:00 - 8:00PM

#### SWANSON POOL | 48 N. MAIN ST | 860.647.3297 SWIM LESSONS MON - THUR 5:30 - 7:00PM ADULT LAP SWIM MON - FRI 12:00 - 1:00PM 5:00 - 5:30PM MON - FRI SAT 1:00 - 2:00PM MON - FRI **OPEN SWIM** 1:00 - 5:00PM SAT 2:00 - 6:00PM **TEEN SWIM LESSONS** MON | WED 7:00 - 8:00PM SWIM FOR FITNESS TUE | THUR 7:00 - 8:00PM **EVENT + LESSON MAKE-UPS** FRI 6:00 - 8:00PM

VENT + LESSON MAKE-UPS FRI 0.00 - 8.00PM

### WADDELL POOL | 163 BROAD ST | 860.647.5234

ADULT LAP SWIM	MON - FRI 7:00 - 8:00PM
ADULT SWIM LESSONS	MON   WED 6:00 - 7:00PM
	SUN 4:00 - 6:00PM
OPEN SWIM	MON   WED 1:00 - 6:00PM
	TUE   THUR 1:00 - 7:00PM
	FRI 1:00 - 5:00PM
	SUN 1:00 - 4:00PM
EVENT + LESSON MAKE-UPS	FRI 5:00 - 7:00PM

### CLASS RATIOS (instructor : children):

Infant | Toddler | 1:12

Preschool | 1:6

Levels 1 - 6 | 1:8



# SWIMLESSONS

MONDAY - THURSDAY Session 1 6/30/25 - 7/10/25 Session 2	MONDAY Session 1 6/30/25 - 8/4/25	WEDNESDAY Session 1 7/2/25 - 8/6/25		
7/14/25 - 7/24/25 Session 3 7/28/25 - 8/7/25	<b>TUESDAY</b> Session 1 7/1/25 - 8/5/25	<b>THURSDAY</b> Session 1 7/3/25 - 8/7/25		

SWAR	<b>ISON P</b>	UUL	SESSIONS
LEVEL 1	MON - THUR	5:35 - 6:05PM 6:10 - 6:40PM	1   2   3 1   2   3
LEVEL 2	MON - THUR	5:35 - 6:05PM 6:10 - 6:40PM	1   2   3 1   2   3
LEVEL 3	MON - THUR	5:35 - 6:05PM 6:10 - 6:40PM	1   2   3 1   2   3

### **GLOBE HOLLOW**

GLOB	E HOLLOW	SESSIONS
PRESCHOOL	MON - THUR 10:40 - 11:10AM 5:00 - 5:30PM 5:35 - 6:05PM 6:10 - 6:40PM	1   2   3 1   2   3
LEVEL 1	MON - THUR 9:30 - 10:00AM 10:05 - 10:35AM 5:00 - 5:30PM 5:35 - 6:05PM 6:10 - 6:40PM	1   2   3   camp 1   2   3 1   2   3
LEVEL 2	MON - THUR 9:30 - 10:00AM 10:40 - 11:10AM 5:00 - 5:30PM 6:10 - 6:40PM	1   2   3 1   2   3
LEVEL 3	MON - THUR 9:30 - 10:00AM 10:40 - 11:10AM 5:35 - 6:05PM	1   2   3
LEVEL 4	MON - THUR 10:05 - 10:35AM 5:00 - 5:30AM	· · · · · · · · · · · · · · · · · · ·
LEVEL 5	MON - THUR 10:05 - 10:35AM 5:35 - 6:05PM	1   2   3   camp 1   2   3
LEVEL 6	MON - THUR 6:10 - 6:40PM	1   2   3
LEVEL 6 + Lifeguard	MON   WED 6:50 - 7:30PM	1
LEVEL 6 + Diving	TUE   THUR 6:50 - 7:30PM	1



### 

SALII	ERSPU	UL	SESSIONS
LEVEL 1	MON - THUR	6:10 - 6:40PM 7:20 - 7:50PM	1   2   3 1   2   3
LEVEL 2	MON - THUR	6:45 - 7:15PM 7:20 - 7:50PM	1   2   3 1   2   3
LEVEL 3	MON - THUR	6:10 - 6:40PM	1   2   3
LEVEL 4	MON - THUR	6:45 - 7:15PM 7:20 - 7:50PM	1   2   3 1   2   3
LEVEL 5	MON - THUR	6:45 - 7:15PM	1   2   3
LEVEL 6	MON - THUR	6:10 - 6:40PM	1   2   3

MARC	YMAC	DONAL	D
INFANT	MON TUE WED THUR	6:10 - 6:40PM 6:10 - 6:40PM 6:10 - 6:40PM 6:10 - 6:40PM	- SESSIONS 1 1 1 1
TODDLER	MON TUE WED THUR	6:10 - 6:40PM 6:10 - 6:40PM 6:10 - 6:40PM 6:10 - 6:40PM	1 1 1 1
PRESCHOOL	TUE	5:00 - 5:30PM 5:00 - 5:30PM 5:35 - 6:05PM 6:45 - 7:15PM 10:40 - 11:10AM	1 1   2   3 1   2   3 1   2   3
LEVEL 1	MON - THUR	9:30 - 10:00AM 10:05 - 10:35AM 6:45 - 7:15PM 7:20 - 7:50PM	1   2   3   camp 1   2   3
LEVEL 2	MON - THUR	10:05 - 10:35AM 10:40 - 11:10AM 6:45 - 7:15PM 5:35 - 6:05PM 7:20 - 7:50PM	1   2   3   camp 1   2 1   2   3 1   2   3 1   2   3
LEVEL 3	MON - THUR	9:30 - 10:00AM 10:40 - 11:10AM 5:35 - 6:05PM 6:10 - 6:40PM 7:20 - 7:50PM	1   2   3   camp 3 1   2   3 1   2   3 1   2   3

# AQUATICPROGRAMS



### HYDRO CIRCUIT | AGES: 18+

**Location: Salters Pool** 

Done in shallow or deep water, this combination of cardio and strength training combines circuit training principles and the latest aquatic equipment with waterbased fitness. M/W, 6/30/25 - 7/30/25 | 5:00PM - 6:00PM

Fee: \$60/\$75 (nr)

### TOTAL AQUA | AGE: 18+

Location: Salters Pool

Designed for all fitness levels, this class combines segments of cardio and strength training using training intervals and weight resistance tools. Tu/Th, 7/1/25 - 7/31/25 | 5:00PM - 6:00PM Fee: \$60/\$75 (nr)

### BEGINNER ADULT SWIM LESSONS (SUNDAYS) AGES: 18+

### Location: Waddell Pool

This class is designed for first time swimmers or those who may have a fear of water. Participants will learn skills needed to keep themselves and others safe in the water as well as basic front and back swimming strokes.

Sun, 7/6/25 - 8/10/25 | 4:00PM - 5:00PM Fee: \$36/\$45 (nr)

### BEGINNER ADULT SWIM LESSONS (WEEKDAY) AGES: 18+

### Location: Waddell Pool

irst time swimmers or those who may have a fear of water will learn skills needed to keep themselves and others safe in the water, as well as basic front and back swimming strokes. M/W, 6/30/25 - 7/30/25 | 6:15PM - 7:00PM

M/W, 6/30/25 - 7/30/25 | 6:15PM - 7:00PM Fee: \$60/\$75 (nr)

### INTERMEDIATE ADULT SWIM LESSONS (SUNDAYS) | AGES: 18+

Location: Waddell Pool As participants become more comfortable in the water, they will expand their basic swimming knowledge from their beginner class, including safety skills and swimming skills.

Sun, 7/6/25 - 8/10/25 | 5:00PM - 6:00PM Fee: \$36/\$45 (nr)

### SWIM FOR FITNESS, SWIM FOR LIFE | AGES: 18+ Location: Swanson Pool

Evaluation and individual swim fitness programs are used to help achieve swimming goals, such as 30 consecutive laps. Participants must be able to swim the full length without stopping. Tu/Th, 7/1/25 - 7/31/25 | 7:00PM - 8:00PM Fee: \$60/\$75 (nr)

### TEEN SWIM LESSONS | AGES: 13 - 18

Location: Swanson Pool Designed for the teenager interested in learning to swim or who may have a fear of the water, taught by an American Red Cross certified instructor to develop and improve swimming and safety skills. M/W, 6/30/25 - 7/30/25 | 7:00PM - 8:00PM Fee: \$35/ \$44 (nr)

### SENIOR AQUA EXERCISE | AGES: 60+

Location: Marcy McDonald Pool A low-impact water exercise class involving movements like walking, jogging, arm and leg lifts and other body weight exercises, often focusing on maintaining balance and improving cardiovascular health.

F, 7/11/25 - 8/8/25 | 10:00AM - 11:00AM Fee: \$30/\$37 (nr)

### WATER SAFETY INSTRUCTOR CLASS (WSI) SUMMER SESSION | AGES: 15+

Location: Salters Pool

Become a certified instructor to be able to teach swimming lessons. This certification is the gold standard and provides the most comprehensive training for swim instructors. Registration for class will close on Monday, August 4. Prerequisites: Must be able to swim at a Learn to Swim - Level 4 ability. M - F, 8/11/25 - 8/15/25 | 11:00AM - 5:00PM Fee: \$125/\$350 (nr)

### **PRIVATE SWIM LESSONS**

Private swimming lessons (1:1) and semi-private lessons (1:2) are structured to cater to meet you or your child's specific instructional needs. Lessons are offered as 4 thirty-minute sessions at a mutually agreed upon time. Please contact Recreation Supervisor Josh Charette at (860) 647-3139

### **PRIVATE SESSION**

4 X 30 Minute Private (1:1) Lessons Fee: \$100

### SEMI-PRIVATE SESSION

4 X 30 Minute Semi-Private (1:2) Lessons Fee: \$160/for2

# EARLYCHILDHOOD

### CRADLE TO CRAYONS | AGES: 2-5 YEARS

Location: Northwest Park Early Childhood Center Cradle to Crayons is a preschool playgroup that supports the development of skills that will promote success in school and life. Activities include circle time, art, fine motor, gross motor, pre-math and pre-writing skill building.

Session 1 | Th, 5/15/25 - 6/19/25 | 3:00PM - 4:15PM Session 2 | Th, 7/10/25 - 8/28/25 | 3:00PM - 4:15PM

### TODDLERS & WADDLERS AGE: 6 MONTHS - 2 YEARS

Location: Northwest Park Early Childhood Center Toddlers & Waddlers is a semi-structured playgroup for toddlers to engage in developmentally appropriate activities and socialize. Children will be encouraged to participate at their own pace and ability and activities will be structured based on needs.

Tu, 5/13/25 - 6/24/25, 3:00PM - 4:15PM

### NATURE EXPLORERS | AGE: 2 - 5 YEARS

Location: Northwest Park Early Childhood Center Nature Explorers is an outdoor class that focuses on early experiences outdoors. This group will engage in short hikes and outdoor activities to explore nature at an age-appropriate level.

Tu, 7/8/25 - 7/29/25 | 3:15PM - 4:15PM

### STROLLER WALKS | AGE: 0 - 5 YEARS Location: Charter Oak Park

Join us for leisurely group stroller walks for parents of young children. All fitness levels are welcome. Walks will be slow and on the paved bike trail. W, 7/9/25 - 8/13/25 | 9:30AM

### ROBIN'S MOTHERING GROUP

Location: Northwest Park Early Childhood Center Supportive group for moms with babies under one years old run by Lactation Consultant Robin DeGemmis. This program is a chance to meet other moms and receive breastfeeding advice from a board certified lactation consultant.

Th , 5/14/25 - 8/28/25 | 11:30AM - 1:30PM

### MY BABY & ME | AGES: BIRTH - 2 YEARS

Location: Northwest Park Early Childhood Center This group is for new caretakers and their children. Our goal is to establish a community of new parents of young children and provide early socialization opportunities for their babies.

Session 1 | Th, 5/15/25 - 7/3/25 | 9:15AM - 10:45AM Session 2 | W, 7/9/25 - 08/27/25 | 9:15AM - 10:45AM

### PLAY & LEARN SUMMER SERIES

### Ages: 1 - 5

Location: Northwest Park Early Childhood Center We will pair our learning with rhymes, movement, stories, circle time, themed activities, crafts, vocabulary rich conversations and of course, play! Caregivers should be prepared to participate with their little learner! \$36/\$44(nr) per class.

### Numbers, Shapes and Colors!

A caregiver-child class where we will learn about early math skills! We will learn simple math concepts like sorting, counting, numbers and more. M, 5/12/25 - 6/30/25 | 9:30AM - 11:00AM (No class 5/26 & 6/16)

### Weather and Seasons!

A caregiver-child class where we will learn all about our changing seasons and the weather we experience with them!

Tu, 5/13/25 - 6/24/25 | 9:30AM - 11:00AM (No class 6/17)



### **Creative Movement!**

A caregiver-child class where we will learn about different ways to move. We will explore animal movements, the way water moves, movement in nature and more!

M, 7/7/25 - 8/11/25 | 9:30AM - 11:00AM

**Construction, Community and Transportation!** A caregiver-child class where we will learn all about our community, who works here and what tools they use. Tu, 7/1/25 - 8/5/25 | 9:30AM - 11:00AM

### To register, visit: **13** RecOnline.townofmanchester.org

### MY TODDLER & ME | AGES 2 - 4 YEARS

Location: Northwest Park Early Childhood Center This group is for caretakers and their toddlers. The goal is to establish a community of parents of young children and provide socialization opportunities that focus on toddlers as they develop an awareness of their peers and begin to engage in deeper play and social opportunities.

F, 5/16/25 - 8/29/25 | 9:00AM - 10:30AM

### CTFSN PLAYGROUPS | ALL AGES WELCOME

Location: Northwest Park Early Childhood Center This program is a free playgroup run by Connecticut Family Support Network for parents and their children with special needs and special healthcare needs including siblings. Once monthly on Saturdays. Follow Manchester Early Childhood Collaborative on Facebook for program details

### HAPPY HIKERS JULY SERIES | AGE: 4 - 12 YEARS

Join us for family and child friendly hikes and walks around Manchester! These hikes are free and drop-in. Siblings are welcome if able to be carried or keep up with the hike. Dates are pending early release schedule for MPS and subject to change.

HIKE 1 | Oak Grove Nature Center W, 7/9/25 | 2:45PM Location: Parking Lot, 269 Oak Grove St

HIKE 2 | Manchester Land Conservation Trust W, 7/16/25 | 2:45PM Location: Parking Lot, 330 Bush Hill Road

HIKE 3 | Porter Howard Reservoir W, 7/23/25 | 2:45PM Location: Ferguson Road

HIKE 4 | Base of Case Mountain W, 7/30/25 | 2:45PM Location: Spring Street Parking Lot near the waterfall

### **FAMILY CAMP**

### **AGES: YOUTH 2+ & CAREGIVERS**

Family Camp provides a variety of engaging, educational outings designed for families to enjoy together. Each trip requires registration and has limited space. Participants may sign up for one or multiple excursions. No fees!

### **Children's Museum in West Hartford**

F, 7/18/25 | 10:00AM - 1:00PM Southwick Zoo F, 7/25/25 | 10:00AM - 4:30PM Winding Trails M, 8/18/25 | 9:00AM - 2:00PM Oak Grove Nature Center F, 8/22/25 | 9:00AM - 1:00PM

# **YOUTH**PROGRAMS

### SMART RECOVERY | AGES: 11 - 14

Location: Youth Service Bureau SMART Recovery meetings provide a safe, supportive space for high school students who are in recovery, interested in recovery, supportive of recovery, or advocates for positive change. Facilitated by trained volunteers, these meetings offer practical tools and engaging activities designed to help participants build healthier habits and develop alternatives to substance use.

W, 5/7/25 - 8/13/25 | 1:15PM - 3:00PM

### **GIRLS WEEK**

### Location: Youth Service Bureau

This special week is all about connection, creativity and confidence-building! Girls will make new friends, engage in fun activities and explore important topics through expressive projects and exciting field trips. Ages 14 -18  $\mid$  M - F, 7/7/25 - 7/11/25 Ages 11 - 13  $\mid$  M - F, 7/14/25 - 7/18/25 Ages 7 - 10  $\mid$  M - F, 7/28/25 - 8/1/25 9:00AM - 3:00PM

### JOURNEY

### Location: Youth Service Bureau

In this immersive program, participants will spend time exploring nature, learning about plants and animals and working on hands-on woodworking projects—both independently and in groups.

Ages 9 - 1 2 | M-F, 7/7/25 - 7/11/25 | 9:00AM - 3:00PM Ages 8 - 10 | M-F, 7/14/25 - 7/18/25 | 9:00AM - 3:00PM

### JOURNEY - BIRDING SAFARI | AGES: 11 - 14

Location: Youth Service Bureau

Join us for a thrilling week-long birdwatching adventure, where young explorers develop birding skills and build birdhouses.

M-F, 7/21/25 - 7/25/25 | 9:00AM - 3:00PM

### TRUE YOU | AGES: 11 - 13

Location: Youth Service Bureau Take time to explore who YOU are! Through fun activities and engaging trips, participants will learn ways to handle stress, discover their strengths and make a positive impact in the world. M-F, 7/21/25 - 7/25/25 | 9:00AM - 3:00PM

### BOYS WEEK | AGES: 11 - 13

Location: Youth Service Bureau This exciting week is all about exploration, creativity and physical activity! Participants will engage in a variety of fun challenges, outdoor adventures and team-building exercises that promote confidence, leadership and friendship.

M-F, 7/28/25 - 8/1/25 9:00AM - 3:00PM

### URBAN EXPEDITION

Location: Youth Service Bureau

Discover the best of Manchester in this exciting weeklong adventure! Each day, participants will visit different local sites, engaging in hands-on learning and outdoor exploration.

Ages 11 - 13 | M-F, 8/4/25 - 8/8/25 | 9:00AM - 3:00PM



### SPEED AND AGILITY AGES: 9-14

Location: Manchester High School Track

Looking to become a better athlete? Set a new PR on the track? Look no further than Speed and Agility! In this 3-week program, you will learn what it takes to train at the highest level. With help from our instructors, who have years of experience, countless athletes playing at the next level, and dozens of State and New England Track and Field Champions, you will speed past the competition!

M/W, 7/5/25 - 7/23/25 | 6:00PM - 7:30PM Fee: \$36/\$45(nr)

### **YOUTH BASKETBALL LEAGUES**

This program focuses on teamwork, skills and competitive play for boys and girls outdoors. Participants should bring sneakers, shorts, a shirt and a water bottle. If enrollment is low, we may combine leagues and adjust schedules. There will be a mandatory clinic at Leisure Labs at Mahoney Center on 6/11/25.

### CO-ED YOUTH AGES: 8 - 9

Location: Charter Oak Park M/Tu, 6/30/25 - 8/19/25, 6:00PM - 8:00PM Fee: \$35

### CO-ED YOUTH AGES: 10 - 12

Location: Charter Oak Park W/Th, 7/2/25 - 8/21/25 | 6:00PM - 8:00PM Fee: \$35



### To register, visit: RecOnline.townofmanchester.org

### **TENNIS**LESSONS

This program focuses on teamwork, skills and competitive play for boys and girls outdoors. Participants should bring sneakers, shorts, a shirt and a water bottle. If enrollment is low, we may combine leagues and adjust schedules.

### JUNIOR TENNIS LESSONS (MORNINGS) AGES: 5 - 7

Location: Summit Street Tennis Courts Session 1 | M-Th, 6/30/25 - 7/3/25 | 9:00AM - 9:30AM Session 2 | M-Th, 7/7/25 - 7/10/25 | 9:00AM - 9:30AM Session 3 | M-Th, 7/14/25 - 7/17/25 | 9:00AM - 9:30AM Session 4 | M-Th, 7/21/25 - 7/24/25 | 9:00AM - 9:30AM Session 5 | M-Th, 7/28/25 - 7/31/25 | 9:00AM - 9:30AM Session 6 | M-Th, 8/4/25 - 8/7/25 | 9:00AM - 9:30AM Session 7 | M-Th, 8/11/25 - 8/14/25 | 9:00AM - 9:30AM Fee: \$19/\$23 (nr)

### JUNIOR TENNIS LESSONS (EVENINGS) AGES: 5 - 7

Location: Summit Street Tennis Courts Session 1 | M/W, 6/2/25 - 6/18/25 | 5:00PM - 5:30PM Session 2 | M/W, 6/23/25 - 7/9/25 | 5:00PM - 5:30PM Session 3 | M/W, 7/14/25 - 7/30/25 | 5:00PM - 5:30PM Session 4 | M/W, 8/4/25 - 8/20/25 | 5:00PM - 5:30PM Fee: \$20/ \$30 (nr)

### YOUTH TENNIS LESSONS (MORNINGS) AGES: 8-12

Location: Summit Street Tennis Courts Session 1 | M-Th, 6/30/25 - 7/3/25 | 9:30AM -10:30AM Session 2 | M-Th, 7/7/25 - 7/10/25 | 9:30AM - 10:30AM Session 3 | M-Th, 7/14/25 - 7/17/25 | 9:30AM - 10:30AM Session 4 | M-Th, 7/21/25 - 7/24/25 | 9:30AM - 10:30AM Session 5 | M-Th, 7/28/25 - 7/31/25 | 9:30AM - 10:30AM Session 6 | M-Th, 8/4/25 - 8/7/25 | 9:30AM - 10:30AM Session 7 | M-Th, 8/11/25 - 8/14/25 | 9:30AM - 10:30AM Fee: \$32/ \$39 (nr)

### YOUTH TENNIS LESSONS (EVENING) AGES: 8-12

Location: Summit Street Tennis Courts Session 1 | M/W, 6/2/25 - 6/18/25 | 5:30PM - 6:30PM Session 2 | M/W, 6/23/25 - 7/9/25 | 5:30PM - 6:30PM Session 3 | M/W, 7/14/25 - 7/30/25 | 5:30PM - 6:30PM Session 4 | M/W, 8/4/25 - 8/20/25 | 5:30PM - 6:30PM Fee: \$45 / \$55 (nr)

### TEEN TENNIS LESSONS | AGES: 13-18

Location: Summit Street Tennis Courts Session 1 | M/W, 6/2/25 - 6/18/25 | 6:30PM - 7:30PM Session 2 | M/W, 6/23/25 - 7/9/25 | 6:30PM - 7:30PM Session 3 | M/W, 7/14/25 - 7/30/25 | 6:30PM - 7:30PM Session 4 | M/W, 8/4/25 - 8/20/25 | 6:30PM - 7:30PM Fee: \$45 / \$55 (nr)

# TEENPROGRAMS

### YOUTH AND POLICE | AGE: 15 - 18

Location: Youth Service Bureau & Offsite This program provides high school youth with the opportunity to form positive relationships with local police officers while participating in team-building activities and community service projects. It's a great way to get involved, give back and foster meaningful connections.

ADVENTURE PARK AT STORRS Tu, 7/8/25 | 10:00AM - 2:00PM

DOG BISCUIT BAKING FOR T.R.A.C.S (Service Project) W, 7/16/25 | 3:00PM - 6:00PM

HARTFORD YARD GOATS -FIRST RESPONDER'S NIGHT Th, 7/31/25 5:30PM - 10:00PM SCHOOL SUPPLY DRIVE @ WALMART (Service Project) Sat, 8/2/25 | 10:00AM - 2:00PM

NATIONAL NIGHT OUT (Service Project) Tu, 8/5/25 | 4:00PM - 8:00PM

**FARMINGTON RIVER TUBING** F, 8/15/25 | 9:30AM - 4:00PM To register, visit: RecOnline.townofmanchester.org 15

### TEEN SWIM LESSONS | AGES: 13 - 18

Location: Swanson Pool Designed for the teenager interested in learning to swim or who may have a fear of the water, taught by an American Red Cross certified instructor to develop and improve swimming and safety skills. M/W, 6/30/25 - 7/30/25 | 7:00PM - 8:00PM Fee: \$35/ \$44 (nr)





# **ADULT**PROGRAMS

### YOGA IN THE PARK SERIES

Relax and enjoy an instructor led one-hour yoga session at our outdoor locations. Take in the fresh air and admire the evening skies as you take part in our summer yoga sessions. Participate in all four sessions and receive a free water bottle at Park Ambassadors: Sunset Yoga and Movie Night!

Fee: \$24/\$30(nr)

Center Memorial Park F, 6/27/25, 7:30PM - 8:30PM

Northwest Park F, 7/11/25, 7:30PM - 8:30PM

Globe Hollow Swimming Area F, 7/25/25, 7:30PM - 8:30PM

Union Pond Park F, 8/8/25, 7:30PM - 8:30PM

FREE Sunset Yoga - Charter Oak Park F, 8/22/25, 7:30PM - 9:00PM

### **YOGA 4 LIFE**

Location: Community Y

A slower pace structured around rejuvenating, empowering and healing the body and mind. This class is a slower pace class with a lot of fun moves that focus on stretching all areas of the body, while releasing stress and tensions physically, mentally and emotionally. The focus is to move with breath. Instructor may make manual adjustments. Please bring your own mat.

Session 1 | M/W, 6/23/25 - 7/23/25 | 6:30PM - 7:30PM Session 2 | M/W, 8/4/25 - 9/8/25 | 6:30PM - 7:30PM (no class 9/1)

Session 3 | M/W, 9/15/25 - 10/1/25 | 6:30PM - 7:30PM Session 1 & 2 Fee: \$60/\$75 (nr) Session 3 Fee: \$36/\$45 (nr)

### YOGA FOR ACTIVE LIFESTYLES

### Location: Community Y

In this class, you will practice poses to increase your range of motion and flexibility, especially in the hips and hamstrings. Spend time cultivating upper-body strength, core strength and balance. Please bring your own mat.

Tu/Th, 8/19/25 - 9/25/25 | 5:30PM - 6:30PM (no class 9/2, 9/4) Fee: \$60/\$72 (nr)



### **TEAM FIT AFTER WORK** Location: Community Y

Want to work out after work? Come join our team! This fitness class is a circuit with an interval training format. Participants do challenging yet motivating strength, core and cardiovascular conditioning.

Session 1 | M/W, 6/2/25 - 6/25/25 | 5:00PM - 5:45PM Session 2 | M/W, 7/7/25 - 7/30/25 | 5:00PM - 5:45PM Session 3 | M/W, 8/4/25 - 8/27/25 | 5:00PM - 5:45PM Session 4 | M/W, 9/10/25 - 10/1/25 | 5:00PM - 5:45PM Session 1 - 3 Fee: \$48/\$60 (nr) Session 4 Fee: \$42/\$53 (nr)

### **TOTAL BODY PLUS**

Location: Community Y

Train every major muscle group through strength resistance exercises using a variety of equipment. Never a dull moment in this hour aimed at increasing strength, endurance, and core conditioning. This plus cardio bursts to increase your heart rate and maximize fat burning.

 $\label{eq:session1} $$ M/W, 6/2/25 - 6/25/25 $$ 6:00PM - 7:00PM$$ Session 2 $$ M/W, 7/7/25 - 7/30/25 $$ 6:00PM - 7:00PM$$ Session 3 $$ M/W, 8/4/25 - 8/27/25 $$ 6:00PM - 7:00PM$$ Session 4 $$ M/W, 9/10/25 - 10/1/25 $$ 6:00PM - 7:00PM$$ Session 1 - 3 Fee: $48/$60 (nr)$$ Session 4 Fee: $42/$53 (nr)$$ The set of the set$ 

### **BARRE AND MORE**

Location: Community Y

Combines elements of Pilates, yoga, dance and functional training, allowing for a full body workout to tone lift and sculpt. Please bring your own mat. Session 1 | Tu/Th, 6/24/25 - 7/24/25 | 6:30PM - 7:30PM Session 2 | Tu/Th, 7/29/25 - 8/28/25 | 6:30PM - 7:30PM Session 3 | Tu/Th, 9/9/25 - 10/2/25 | 6:30PM - 7:30PM Session 4 | Sa, 6/28/25 - 9/20/25 | 11:00AM - 12:00PM (no class 7/5, 8/30, 9/6) Session 1 Fee: 60/72 (nr) Session 3 Fee: 48/60 (nr) Session 4 Fee: 60/72 (nr)

### **STRENGTH 4 LIFE**

Location: Community Y

This class incorporates the use of body resistance exercises, free weights, exercise bands and balls. This class will help you develop and maintain strength throughout the whole body. This is a non-aerobic, nonimpact class with seated and standing exercises. Session 1 | Tu/Th, 6/24/25 - 7/24/25 | 9:30AM - 10:30AM Session 2 | Tu/Th, 7/29/25 - 8/28/25 | 9:30AM - 10:30AM (no class 8/19, 8/21) Session 3 | Tu/Th, 9/2/25 - 10/2/25 | 9:30AM - 10:30AM Session 1 & 3 Fee: \$60.00/\$72.00 (nr) Session 2 Fee: \$48/\$60 (nr)

### **SATURDAY MORNING CARDIO CRUSHER** Location: Community Y

Start your weekend off right with our morning cardio crusher. In this HIIT workout, you will increase your heart rate while improving your strength, boost your power and endurance and work your entire body with challenging moves.

Sat, 6/28/25 - 9/20/25 | 10:00AM - 10:45AM (no class 7/5, 8/30, 9/6) Fee: \$60/\$72 (nr)

### LUNCHTIME STRETCH AND RESET

### Location: Community Y

Come to the Community Y during your lunchtime for a stretch to help you center and reset yourself. Bring your own mat or use one of ours for a class that consists of stretching with some strength and core work. Classes may use free weights, medicine balls, resistance bands or body strength while performing the exercises. Session 1 | Tu/Th, 6/24/25 - 7/24/25 | 12:00PM - 12:45PM Session 2 | Tu/Th, 7/29/25 - 8/28/25 | 12:00PM - 12:45PM (no class 8/19, 8/21) Session 3 | Tu/Th, 9/2/25 - 10/2/25, 12:00PM - 12:45PM Session 1 & 3 Fee: 60/72 (nr) Session 2 Fee: 848/60 (nr)

### CAMP KENNEDY | AGES: 18+

Location: Camp Kennedy, 140 Dartmouth Road Camp Kennedy offers a safe, social and active summer camp for adults with developmental and/or physical disabilities. Camp activities include bowling trips, nature walks, field trips and more! For camper eligibility, please contact the Neighborhoods & Families Division at (860)647-3089.

M-F, 8/11/25 - 8/15/25 | 9:00AM - 3:00PM Fee: \$30

### **PERSONAL TRAINING ONE ON ONE** Location: Community Y

A personal trainer will design an exercise program specifically for you. Your trainer will motivate you through your workout and ensure proper form and safety. Personal needs such as introduction to cardio equipment and weights will be addressed if needed.

For inquiries, call (860) 647-3164

(1) 1 Hour Session: \$60/\$75 (nr) per session
(5) 1 Hour Sessions: \$250/\$312 (nr) per session
(10) 1 Hour Sessions: \$400/\$500 (nr) per session

Fees for two persons (buddy rate): Best DEAL! (1) 1 Hour Session: \$100/\$125 (nr) per session (5) 1 Hour Sessions: \$400/\$500 (nr) per session (10) 1 Hour Sessions: \$550/\$680 (nr) per session

# **LIBRARY**PROGRAMS

Programs are subject to change. For more information and to confirm details, call 860-645-0821, visit manchesterct.gov/library or our Facebook page, @ManchesterCTLibrary, or view a print copy of our monthly calendar, available at both libraries



**Main Library Building** 

### LIBRARYADULT

### **BIRDS OF PREY: HAWKS**

Location: Main Library Building

Ginny Apple, Master Wildlife Conservationist with the State Department of Energy and Environmental Protection, is back to talk about hawks. Learn about hawks and other raptors that are mostly diurnal, meaning they are active in the daytime, and the many threats they face. **Presenter: Master Wildlife Conservationist Ginny Apple Th, 5/1/25 | 6:30PM** 

### SILK CITY BOARD GAME GROUP

Location: Main Library Building

Learn new board games, taught to you by volunteer teachers. No need to bring any games; we'll provide them all. Light refreshments to be served. Join us in August for a special celebration of our 10th anniversary of the group. Sat,  $5/17/25 \mid 6/14/25 \mid 7/12/25 \mid 8/9/25$  12:30PM - 4:30PM

### BOOKCLUB

### CHECK 'EM OUT BOOK CLUB

Location: Main Library Building In this book group, participants read a variety of

popular fiction and nonfiction. Titles include: "Lies and Weddings" by Kevin Kwan (May), "Good Dirt" by Charmaine Wilkerson (June), "Eleanore of Avignon" by Elizabeth DeLozier (July) and "The Wedding People" by Alison Espach (August).

2nd M, 5/12/25 - 8/11/25 | 6:30PM - 7:30PM

### SUPER SMASH BROS TOURNAMENT

Location: Main Library Building

Join us for a Super Smash Bros game tournament for adults. Challenge your friends, choose your main and see if you can last to the end! A few controllers will be available, but it is recommended for you to bring your own.

Sat, 5/31/25 | 2:30PM - 4:30PM

### FRESHWATER FISHING IN CONNECTICUT Location: Main Library Building

Dylan Napoleone returns to talk about freshwater fishing in Connecticut. He'll lecture on what you will need to get started, the fish you can expect in our lakes, ponds and rivers in Connecticut and tips and tricks to enhance your fishing experience. M, 6/16/25 | 6:30PM - 7:30PM

### **RECIPE READERS**

Location: Main Library Building

A book club for those who love to cook and bake. Each month a theme, author or cookbook will be chosen. Participants are asked to pick one recipe from the book and come to the program with dish in hand on the date posted ready to discuss their experience. Dishes should arrive fully prepared and ready to share. **3rd Sat, 6/21/25 - 8/16/25 12:30PM - 2:30PM** 

### NOT SO "YA" BOOK CLUB

Location: Whiton Branch Library This group is aimed at (but not limited to) adults who are between the ages 18 -35 who love young adult literature. We read across many genres including historical fiction, fantasy, dystopian, paranormal, horror and realistic fiction.

Last Wed, 5/28/25 - 8/27/25 7:00PM - 8:00PM

### TAKE A WALK TOGETHER BOOK CLUB Location: Main Library Building

Attendees will take a two-mile walk to and from the library, making stops for discussion. Program starts in the Manchester Public Library Lobby. Titles include: "You Will Never Be Me" by Jesse Q. Sutanto (May), "The Guncle" by Steven Rowley (June), "Slow Horses" by Mick Herron (July) and "Family Family" by Laurie Frankel (August).

Last Th of month | 5/29/25 - 8/28/25 2:00PM - 3:15PM 17 WHITON BRANCH LIBRARY | 100 NORTH MAIN STREET MAIN LIBRARY BUILDING | 586 MAIN STREET 860.645.0577

### **CONNECTICUT AUTHOR GERALD E. AUGUSTINE** Location: Whiton Branch Library

Gerald E. Augustine, author of "Vietnam Beyond" and the vice president of the Greater Middletown Military Museum, will be talking about his life before and after his service in the Vietnam War. Copies of his book will be available for purchase and signing at the event. M, 6/23/25 | 6:30PM - 7:30PM

### INTO THE WILDERNESS OF THE SOUL Location: Main Library Building

Connecticut author and photographer David LaBella will lecture on Connecticut's ancient cemeteries. Our old cemeteries and their stones contain more than the records of those who lived and died; they provide stories with depth and context for the time. Copies of LaBella's book "Into the Wilderness of the Soul" will be available for purchase and signing at the event. M, 7/7/25 | 6:30PM - 7:30PM



### Whiton Branch Library

### HAPPILY EVER AFTER BOOK CLUB

Location: Main Library Building A book club for romance reader fans. Meets once a month at Whiton Branch Library. Titles include: "Cross the Line" by Simone Soltani (May); "You Betrayed Me" by Lisa Jackson (June); "The Gentleman's Gambit" by Evie Dunmore (July); and "Summer Romance" by Annabel Monaghan (August). 5/5/25 | 6/5/25 | 7/3/25 | 8/4/25

6:30PM - 7:30PM

### WANDERLUST BOOK CLUB

Location: Whiton Branch Library Travel (vicariously) to a variety of locations in Manchester Public Library's Wanderlust Book Club! In this group, participants "travel" through reading atmospheric books that transport readers to locations around the world. Titles are primarily fiction, with an occasional non-fiction or memoir selection. Instructor: Valerie Kerr

Th, 5/15 | 6/12 | 7/17 | 8/21 | 6:30PM

### **LIBRARY**ADULT

### **GROWING YOUR GARDEN: A HANDS-ON GUIDE** TO THRIVING PLANTS

### Location: Whiton Branch Library

Join us for a hands-on gardening workshop taught by the owner of Buds and Bees Flower Farm, Sarah Coggins! Whether you're a complete beginner or have some experience, all skill levels are welcome. Learn the basics of planting, nurturing and harvesting vibrant flowers, fresh veggies and aromatic herbs. No fee. Registration is required by calling (860) 645-0821

Th, 5/22/25 6:00PM

### **A MENU FOR MINDFULNESS**

### Location: Whiton Branch Library

Rebecca Burton, LMFT and Victoria Hotham, LMSW of Beehive Counseling in Manchester will lead an immersive and nurturing experience where attendees can try a variety of mindfulness exercises. Attendees will leave with a meditation plan and many resources to continue meditating on their own.

Th, 5/29/25 6:30PM

### SUPER PLANT GELLI PRINTING CRAFT

### Location: Whiton Branch Library

Join instructor Beth MacDonald for a gelli printing craft using plants and paper. Gelli printing uses a gelatin plate to press fabric or paper. This craft is limited to 12 people. No fee. Registration opens 05/27/25 by calling (860)645-0821.

M, 6/2/25 6:30PM - 8:00PM

### **CONVERSATIONS THROUGH THE LENS OF ALZHEIMER'S AND DEMENTIA**

### Location: Whiton Branch Library

What if you could still have meaningful connections with your loved ones-even after an Alzheimer's diagnosis? Author John Scully discusses his book "Visited Mom Today", which shares his experiences communicating with his mother after she was moved to a memory care facility.

Th, 6/5/25 6:30PM

### **LEARN AMERICAN MAH JONGG**

### Location: Whiton Branch Library

Players will learn the basics: identifying tiles and rules, choosing a hand by interpreting the mah jongg card, setting the table and dealing, passing tiles and playing a round.

Th, 6/5/25 - 7/17/25 | 10:00AM - 12:30PM (no class 6/19)

### INTRODUCTION TO PERSONAL GENETICS Location: Whiton Branch Library

Gillian McNeil, Genetics Specialist and Public **Engagement Associate for the Personal Genetics** Education & Dialogue at Harvard Medical School, will discuss the various applications of genetic technologies in connection with health, ancestry and law enforcement purposes. Attendees will have the opportunity to discuss the questions, challenges, and benefits of bringing genetic technologies into their lives. Th, 6/26/25 6:30PM

### **4TH OF JULY POPSICLE BANNER CRAFT** Location: Main Library Building

Create a Fourth of July banner using popsicle sticks, paint, glue and ribbon. All materials provided for this free craft for adults. This craft is limited to 10 adults. No fee. Registration opens 06/23/25 by calling (860)645-0821

M, 6/30/25 6:30PM - 8:00PM

### **CANVAS PAINTING**

### Location: Main Library Building

Artist Heather Mezzacappa returns to guide participants through how to paint on canvas. Theme and image for the event to be determined; please check our website or Facebook page closer to the event for the finalized image. Limited to 20 people. No fee. Registration opens 07/14/25 by calling (860) 645-0821. M, 7/21/25 | 6:30PM - 8:00P

### **BLUES 101**

### Location: Main Library Building

Presented by Ramblin' Dan Stevens, Blues 101 is a multimedia presentation of classic blues pieces played on authentic vintage instruments interspersed with historical images, video and educational material. The music is traced chronologically through its development in different regions of the south and follows the great African American migration to important centers like Memphis, Chicago and beyond. M, 7/28/25 6:30PM - 7:30PM

### **ARE WE THERE YET? SONGS OF AMERICAN** TRANSPORTATION

### Location: Whiton Branch Library

Just in time for Cruisin' on Main! Rick Spencer and Dawn Indermuehle of Catfeather Art & Music will play and discuss traditional and modern songs about travel through just about every different mode imaginable. Th, 7/31/25 6:30PM

### **BEGINNER WATERCOLORS**

### Location: Whiton Branch Library

Athira Sanal returns to teach another watercolor class at the library this summer. All the materials needed to create a watercolor painting will be supplied. No experience required - beginners are encouraged to sign up! Design and final program title and description will be determined at a later date. No fee. Registration is required by calling (860)645-0821. Th, 8/14/25 6:00PM

### **MASTERING EXPENSE TRACKING FOR FINANCIAL PEACE OF MIND**

Location: Main Library Building Join Angeliki Papakalodouka for this educational session designed to introduce simple methods for tracking daily expenses. This session will show attendees how keeping track of spending can help them feel more secure and in control, particularly for those on a fixed income or planning for unexpected expenses. M, 8/18/25 6:30PM - 7:30PM

### **CLAY DRAGONS CRAFT**

### Location: Main Library Building

Join artist Amber Gunter of Amber's Craft Garden as she guides you on how to make dragons out of modeling clay. All materials provided for this free craft for adults. Limited to 10 adults. No fee. Registration opens 8/18/25 by calling (860) 645-0821. M, 8/25/25 6:30PM - 8:00PM

### LIBRARYTEEN

### YOGA CLASS | AGES: 11 - 18

Location: Main Library Building Join us at the library for breathing and stretching exercises to help clear your mind. A certified yoga instructor will lead the class. W, 5/7/2025 | 6:00PM - 7:00PM

### DUNGEONS AND DRAGONS PROGRAM AGES: 11 - 18

### Location: Main Library Building

Teens and tweens are invited to participate in a oneshot or short campaign game of Dungeons & Dragons at the library. You will create your characters, go on new adventures each session to overcome obstacles and have fun doing it!

Session 1 | W, 5/28/2025 | 5:30PM - 8:30PM Session 2 | W, 6/25/2025 | 5:30PM - 8:30PM Session 3 | W, 7/30/2025 | 5:30PM - 8:30PM

### SUMMER DRAMA PROGRAM AGES: 11 - 18

### Location: Main Library Building

Teens - are you looking for a space to practice acting, write lines or be with people who love drama? Then look no further and join us at the library for some fun and excitement as we act and improvise lines with friends! No experience is necessary. W, 7/16/2025 6:00PM - 8:00PM

### **LIBRARY**TEEN

### DECORATE AND PLANT A MYSTERY SEED AGES: 11 - 18

### Location: Main Library Building

Want to grow your very own plant? The library welcomes teens and tweens to join us for clay pot decorating and then planting a mystery seed. We will provide all materials, such as clay pots, paint, paint brushes, sponges, soil and seeds. W, 5/14/2025, 6:30PM - 7:30PM

### TIE-DYE T-SHIRT PROGRAM AGES: 11 - 18

#### Location: Main Library Building

Bring your own T-shirt (color does not matter) and create something groovy. Join us at the library for some fun as we kick off our Teen Summer Reading Program. The library will provide all materials to tie-dye T-shirts using spray bottles of dye, plastic trays and rubber bands.

W, 6/4/2025 | 2:30PM - 4:00PM

### ART (ART THERAPY) | AGES: 11 - 18 Location: Main Library Building

Art therapy for teens involves using different art forms to encourage self-expression. Join us at the library for this instructor-led class for a fun coloring, painting and drawing night. Spaces are limited. Sign-up starts on 6/4/2025. Call the library at (860) 643-2471. W, 6/11/2025 | 6:00PM - 7:30PM

### TEEN CORNHOLE TOURNAMENT AGES: 11 - 18

#### Location: Main Library Building

Introducing the library's first-ever cornhole tournament! This challenge is for teens looking to put their skills to the test and challenge other players to become the ultimate winner. Or, if you are looking to have a good time, sign up and make new friends. W, 7/9/2025  $\mid$  5:30PM – 8:00PM

### DUNGEONS & DRAGONS MINIATURE PAINT NIGHT | AGES: 11 - 18

### Location: Main Library Building

Love Dungeons & Dragons and painting? Come to the library and enjoy a night of painting your very own miniature figurines! We will provide all the materials, such as figurines, paint, paintbrushes, a water cup, paper towels and snacks to make this night fun and relaxing.

W, 8/6/2025 | 6:00PM - 7:30PM

### LIBRARYYOUTH

Manchester Public Library's Children's Summer Reading Program for babies to rising 5th graders. Reading logs may be picked up beginning June 20th. The first day to collect prizes is Monday, June 23rd. For further details check out the program calendar at: www.manchesterct.gov/library.

### SUMMER READING PRE-K KICKOFF EVENT AGES: 0 - 5 YEARS

### Location: Main Library Building

The Three Little Pigs in a reimagined classical fairytale story blended with classic "Oldies" music. It was designed by Michele Urban as an early childhood music and literacy program for libraries and it encourages both children & parents to creatively explore the variety of themes in familiar stories in a new and exciting way. F, 6/20/25 | 10:00AM – 10:45AM

### SUMMER READING KICKOFF EVENT WITH MR. LOBSTER | AGES: 3 - 10

### Location: Main Library Building

Join local musician and music teacher Mr. Lobster (Christian Loftus) for an interactive concert for kids as we celebrate Summer Reading! You'll sing, you'll dance, you'll dream and you'll drink imaginary milkshakes. Sat, 6/21/25 | 10:30AM - 10:45AM

### MARVELOUS MONDAY FAMILY PROGRAMS AGES: 3 - 10

Location: Main Library Building Enjoy great performances all summer with a different performer weekly! This program includes music, puppets, magic, science, storytelling and more! M, 6/23/25 - 8/18/25 | 3:30PM - 4:45PM

### BINGO AGES: 3 - 10

Location: Main Library Building Visit the library to play different types of BINGO and win prizes. M, 6/23/25 - 8/11/25 | 10:00AM - 10:45AM

### MONDAY OUTDOOR STORYTIME @ WHITON Location: Whiton Branch Library

Bring blankets or lawn chairs and meet us outside for stories and songs, weather permitting. The program will be moved inside for inclement weather. M, 6/23/25 - 8/11/25 | 10:30AM - 11:15AM

### CHECKMATES AGES: 7 - 11 Location: Main Library Building

This is an informal gathering for children to play chess. Children should have a basic understanding of the game. Chess boards and pieces will be available for children to practice their chess skills and play friendly games.

Tu, 6/24/25 | 10:00AM - 11:00AM

### OUTDOOR GAMES | AGES: 5 - 11

Location: Main Library Building Come and join us for fun outdoor games, such as cornhole, Bocce, miniature golf. Weather permitting. Tu, 6/24/25 - 8/12/25 | 6:30PM - 7:15PM

### MOTHER GOOSE 2.0 AGES: 0 - 24 MONTHS

Location: Main Library Building

This program is geared towards children 0-24 months and their caregivers. Bounces, rhymes, a story and playtime are included

W, 6/25/25 - 8/13/25 | 9:30AM - 10:00AM

### SCHOOL AGE PROGRAMS @ WHITON AGES: 5 - 10

Location: Main Library Building

An interesting variety of programs all summer long for school age children. Check out the program calendar at www.manchesterct.gov/library. W, 6/25/25 - 8/13/25 | 3:30PM - 4:45PM

### **OUTDOOR EVENING STORYTIME @ WHITON**

Location: Whiton Branch Library

Enjoy a fun evening storytime and wind down for the night at the library with stories, songs and fingerplays. Bring blankets or lawn chairs and meet us outside, weather permitting. This program will be inside for inclement weather.

Th, 6/26/25 - 8/14/25 | 6:30PM - 7:15PM

### CRAFTS FOR SCHOOL AGE KIDS AGES: 7 - 11

#### Location: Main Library Building

Join us for some great creative fun. Each week school age children will be working on a variety of craft activities. Th, 6/26/25 - 8/14/25 | 3:00PM - 4:00PM

### THURSDAY OUTDOOR STORYTIME @ MAIN

Location: Main Library Building Bring blankets or lawn chairs and meet us outside for stories and songs, weather permitting. The program will be moved inside for inclement weather. Th, 6/26/25 - 8/14/25 | 10:30AM - 11:15AM

### PRESCHOOL PLAYGROUP AGES: PRESCHOOL

Location: Main Library Building Toys are provided and parental supervision is required. June 20th will be the Preschool Summer Reading Kickoff Program instead of Playgroup. F, 6/27/25 - 8/15/25 | 10:00AM - 12:00PM

# **SENIOR**PROGRAMS

Monday - Friday | 8:30AM - 4:30PM | 860.647.3211 Holiday Closures: Senior Center Programs will be closed on Town holidays

#### Manchester Senior Center | 549 East Middle Turnpike

The Senior Center is a Division of the Human Services Department. The Senior Center and the Recreation Division of the Department of Leisure, Family & Recreation collaborate to provide a full spectrum of recreational, social and health programs for Manchester seniors.

### **PROGRAM REGISTRATION**

Registration for programs is on-going. Register at the Manchester Senior Center, the Community Y Recreation Center, or at the Center Springs Recreation Office.

### **OFF SITE PROGRAMS**

The Senior Center offers activities that are run outside of the Senior Center. These programs, as well as the Senior Center programs, are open to Manchester residents who are 60 and over. Programs include Hiking Club, Biking Club, Walking Group, and Group Travel. For more information, call the Senior Center at (860)647-3211.

### **HEALTH PROGRAMS**

The Manchester Health Department provides the following health programs at the Senior Center: Blood Pressure Screening, Foot Care, Fall Risk Assessments, Health Consultations and Health Education programs. For more information, call (860)647-3211.

### SOCIAL SERVICE PROGRAMS

Questions regarding health insurance, home care, housing, the Medicare Savings Plan, energy assistance or anything of a personal nature can be directed to Kitty Dudley or Ed Paquette, the Senior Center Social Workers. Make an appointment by calling (860)647-3211.

### **FINANCIAL ASSISTANCE**

It has been the long-standing policy of the Town Board of Directors that no Manchester resident should be denied access to town sponsored senior activities due to financial hardship or other extenuating circumstances. Contact Kitty Dudley at (860)647-3211 for details.

### **CANCELLATION POLICY**

During inclement weather, if Manchester Public Schools are closed, all center programs, meals and transportation are canceled for that day. The Center staff is available in the office for regular scheduled office hours. When school is on a 2-hour delay all programs, meals and transportation will be delayed until 10:30AM. Any programs that start before 10:30 AM are canceled. Call the Senior Center to listen to the voice recording or check WFSB Channel 3 or WVIT Channel 30 for updates.

### **SENIOR CENTER MEMBERSHIP**

Membership is required to participate in Senior Center activities. Membership is open to Manchester residents only, and you must be 60 years of age or older. Memberships cost \$10 and can be purchased at the Manchester Senior Center Monday - Friday, between 8:30 AM - 4:30 PM. Contact the Senior Center at (860)647-3211.

#### **MEAL PROGRAM**

Lunch is served daily at 12:00 PM for those 60 and over. Reservations are required in advance no later than 12:30 PM the day before, reservations can be made up to a week in advance. Call 860-647-3211 for reservations. Cost: suggested donation of \$2.50. If you find that you need to cancel your lunch, please call the office. We appreciate as much notice as possible.

#### TRIPS

Trips offered by the Senior Center are advertised in the newsletter, online and trip flyers are available in the Senior Center lobby. Call Missy Rankin at (860) 647-3210 for more information.

### TRANSPORTATION

The Senior Center provides rides for Manchester residents to and from the center for classes, activities and lunch. Bus rides can be scheduled up to 3:00PM the day before your ride. Call the Senior Center office at (860) 647-3211 to schedule your ride. If you find that you need to cancel your ride please call the office. We appreciate as much advance notice as possible.

### TOWN OF MANCHESTER DIAL-A-RIDE SERVICES

DIAL-A-RIDE is a separate service from the Manchester Senior Center Transportation. To register or to schedule a ride call (860)870-7940. If you need more information, please direct your inquiries to Senior, Adult & Family Services at (860)647-3096.

### **EXPLORE**MANCHESTER

Dates are subject to change based on instructor availability.

#### **BIKING CLUB**

### Location: Offsite

Join the Biking Club to ride different trails around Connecticut with fellow senior members. The length of rides varies from approximately 15 - 20 miles on either paved or hard-packed surfaces that are fairly flat or have gentle hills. Contact the Senior Center for the full schedule.

M, 6/2/25 - 8/25/25 | 1:00PM - 3:30PM

### **HIKING CLUB**

### Location: Offsite

Enjoy hikes on local trails with friends. Hikes range from 2 -4 miles. Contact the Senior Center for the full schedule. Th, 6/5/25 - 8/28/25 | 1:00PM - 3:00PM

### **WALKING GROUP**

#### Location: Offsite

This group meets for walks on local trails in Manchester and Vernon. It's a fantastic way to stay active, meet new friends and enjoy the beautiful surroundings. Call the Senior Center for the full schedule. M/W/F, 6/2/25 - 8/29/25 | 8:45AM - 11:00AM(no group 7/4)





### THERAPY DOGS

#### Location: Senior Center

We're excited to offer regular visits from the "Bright and Beautiful Therapy Dog" team! These trained and gentle dogs provide comfort, companionship and a little bit of joy. 1st T, 6/3/25 - 8/5/25 10:30AM - 11:30AM

### We're on FACEBOOK!

Make sure to Follow and Like the Manchester Senior Center Facebook Page to get the latest and greatest news! https://www.facebook.com/ManchesterCTSeniorCenter

### **SENIOR**FITNESS

### LIGHT-N-LIVELY

This class will quicken your breath and brighten your mood while improving coordination, balance, stamina, and cardiovascular health. This is a very active and fast-paced class.

Session 1 | M, 6/2/25 - 8/4/25 | 11:00AM - 12:00PM Session 2 | M, 6/2/25 - 8/4/25 | 1:20 PM - 2:15PM Session 3 | W, 6/4/25 - 8/6/25 | 1:20PM - 2:15PM Session 4 | F, 6/6/25 - 8/8/25 | 11:00AM - 12:00PM (no class 7/4) Fee: \$5/session

#### **LINE DANCING**

Step into a world of rhythm, laughter and camaraderie with our Senior Line Dancing exercise class! Line dancing is a choreographed dance with repeated sequences of steps that people follow in lines or rows. Beginner and Advanced classes are available. Session 1 (Beginner) | Tu, 6/3/25 - 8/5/25 10:00AM - 11:00AM Session 2 (Advanced) | Tu, 6/3/25 - 8/5/25 11:00AM - 12:00PM Fee: \$5/session

### **STEADY AS WE GO**

Location: Community Y Chair-based exercise class that uses light weights, exercise bands or no weights at all. Great for improving posture and balance. T/Th, 6/10/25 - 10/2/25 | 11:00AM - 12:00PM (no class 6/19) Fee: \$5

#### **STRENGTH & FLEX**

This class uses a combination of low impact aerobics and light weights to improve balance, muscle tone, and overall cardio health. Great for all fitness levels. Session 1 | M, 6/2/25 - 8/4/25 | 10:00AM - 11:00AM Session 2 | W, 6/4/25 - 8/6/25 | 10:00AM - 11:00AM Session 3 | W, 6/4/25 - 8/6/25 | 11:00AM - 12:00PM Session 4 | F, 6/6/25 - 8/8/25 | 10:00AM - 11:00AM (no class 7/4) Fee: \$5/session

### **PAINT CLASS**

A local artist will instruct you to paint a scene on 11x14 stretched canvas. Create a one-of-a-kind masterpiece, no experience necessary. See newsletter for class dates | 9:30AM - 11:30AM Fee: \$15

### **SENIOR**CREATIVE

#### **STRONGER SENIORS**

This chair exercise class uses aerobics, weight training, resistance bands and stretching. Improve strength, flexibility, posture and balance from the comfort of a chair. W, 6/4/25 - 8/6/25 | 9:15AM - 10:00AM

Fee: \$5

### **BODY SCULPT**

Weight bearing exercise program for active older adults that includes warm-up, aerobic fitness, core strengthening, flexibility, joint mobility, balance and coordination.

Session 1 | M, 6/2/25 - 8/4/25 | 12:30PM - 1:15PM Session 2 | W, 6/4/25 - 8/6/25 | 12:30PM - 1:15PM Fee: \$5/session

### **CARDIO DRUMMING**

Exercise class that activates your muscles with the use of drumming movements. Follow along with the instructor to some great music. Th, 6/5/25 - 8/7/25 | 10:00AM - 11:00AM (no class 6/19) Fee: \$5

### **CHAIR VOLLEYBALL**

This modified version of volleyball is perfect for seniors of all fitness levels. It's a low-impact sport that promotes cardiovascular health, flexibility and teamwork.

Th, 6/5/25 - 8/28/25 | 12:30PM - 2:00PM (no class 6/19)

### TAI CHI

Enjoy a calming exercise that enhances well-being, balance, flexibility and reduces stress through slow, flowing movements. Beginner and Advanced sessions available. Session 1 (Beginner) | T/F, 6/3/25 - 8/8/25 Tu, 2:30PM - 3:30PM F, 1:30PM - 2:30PM (no class 07/04) Session 2 Advanced | T/F, 6/3/25 - 8/8/25 Tu, 1:30PM - 2:30PM F, 12:30PM - 1:30PM (no class 07/04) Fee: \$5/session

#### YOGA +

Rediscover your flexibility and improve your balance in this calming and supportive yoga class. Designed specifically for seniors, we'll use a combination of seated and standing poses to increase range of motion, build strength and promote relaxation. Session 1 | M/W, 6/2/25 - 8/6/25 | 2:20PM - 3:20PM Session 2 | M/W, 6/2/25 - 8/6/25 | 3:20PM - 4:20PM Fee: \$5/session

### **ZUMBA GOLD**

Zumba Gold fuses hypnotic Latin rhythms and easy to follow dance moves to create a dynamic workout specially designed for seniors. No dance experience is necessary, our instructor will guide you through simple and modified Zumba routines that are safe and effective for all fitness levels! Th, 6/5/25 - 8/7/25 | 2:30PM - 3:30PM (no class 6/19) Fee: \$5



### WATERCOLOR & OIL PAINTING GROUP

Group of artists meet to draw, create, share and inspire each other. Bring your own supplies and let your imagination flow! T, 6/3/25 - 8/26/25 1:00PM - 3:00PM

### **CERAMICS (SUMMER)**

Create your masterpiece from start to finish under the direction of a very experienced instructor. Learn techniques for painting, glazing and firing. Session 1 | M, 6/2/25 - 6/30/25 | 9:30AM - 11:30AM Session 2 | F, 6/6/25 - 6/27/25 | 9:30AM - 11:30AM Session 3 | M, 7/7/25 - 7/28/25 | 9:30AM - 11:30AM Session 4 | F, 7/11/25 - 8/1/25 | 9:30AM - 11:30AM (no class 7/4) Session 1 Fee: \$30 Session 2 - 4 Fee: \$24/session

### SENIORGAMES

### BILLIARDS

Engage your mind and body in our dedicated billiards room. With 3 quality pool tables, it's an ideal spot to improve your hand-eye coordination, strategic thinking and focus.

M-F, 6/2/25 - 8/29/25 | 8:30AM - 4:15PM (no group 6/19 or 7/4)

### BINGO

Calling all Bingo enthusiasts! Join us for a fun morning of luck, laughter and friendly competition! We will play multiple games for small prizes. Don't miss out on your opportunity to win. F, 6/6/25 - 8/29/25 | 10:00AM - 12:00PM

(no bingo 7/4) Fee: \$0.50 per Bingo card

### **CHESS CLUB**

Calling all chess lovers! Join the Senior Center Chess Club for friendly competition and mental stimulation. All skill levels are welcome. T.  $6/3/25 = 8/26/25 \pm 10.000$  M = 11.000 M

T, 6/3/25 - 8/26/25 | 10:00AM - 11:00AM

### CRIBBAGE

Whether you're a seasoned pro or new to the game, you'll find a welcoming atmosphere and plenty of opportunities to learn and play. Come join us for friendly competition and lively conversation. F, 6/6/25 - 8/29/25 12:30PM - 3:00PM (no group 7/4)

### DOMINOES

Calling all dominoes enthusiasts! Join our lively Mexican Train group for an afternoon of strategy, laughter and friendly competition. W, 6/4/25 - 8/27/25 | 12:45PM - 3:00PM

### SENIORSOCIAL

### WOMEN'S GROUP

Calling all women! Enjoy a variety of activities including current events, health topics, trivia and good conversation while meeting new people. Program facilitated by our program assistant. Meets: M, 6/2/25 - 8/25/25 9:30AM - 10:30AM

### **MEN'S GROUP**

Enjoy a variety of activities including current events, health topics, trivia and good conversation while meeting new people. Program facilitated by our program assistant. M, 6/2/25 - 8/25/25 | 10:45AM - 11:45AM

### **MONTHLY MOVIE**

Join us on the second Tuesday of the month to watch a movie with friends. 2nd T, 6/10/25 - 8/26/25 | 1:00PM - 3:00PM

### DUPLICATE BRIDGE

Join us for an afternoon of bridge! We offer a friendly environment for players to enjoy the game and each other's company. No partner is necessary, out-of-town participants are welcome.

Th, 6/5/25 - 8/28/25 | 12:30PM - 4:00PM (no group 6/19) Fee: \$15/\$25 (nr)

### HAND & FOOT

Looking for a fun and engaging way to spend an afternoon? Join our Hand and Foot card game! It's a great way to socialize and challenge your mind. Th, 6/5/25 - 8/28/25 | 1:30PM - 3:30PM (no group 6/19)

### **MAHJONGG (TRADITIONAL)**

Come join our lively Traditional Mahjong group for an afternoon of strategic fun and social connection. Whether you're a seasoned player or a beginner, you'll find a welcoming atmosphere and a stimulating game. T, 6/3/25 - 8/26/25 | 12:30PM - 2:30PM

### PINOCHLE

Looking for a mental challenge and a bit of friendly competition? Our Pinochle group welcomes players of all skill levels, from beginners to experienced players. We're a supportive group that enjoys the game and each other's company. M, 6/2/25 - 8/25/25 | 12:30PM - 2:00PM



This group meets weekly to play their acoustic instruments and sing with fellow music lovers. Take turns suggesting and playing your favorite songs! M, 6/2/25 - 8/25/25 | 1:00PM - 3:00PM

### **FRIENDSHIP CIRCLE**

Coffee, crafts and fun. All are welcome to spend the morning with this friendly group working on knitting, crocheting and other craft projects. W, 6/4/25 - 8/27/25 | 8:30AM - 11:30AM

### **QUILTING GROUP**

Take advantage of our large tables and space to work on your quilting project with like-minded quilters. This is a non-instructed group. Sewing machines, irons and cutting boards are available.

Th, 6/5/25 - 8/28/25 | 12:30PM -4:00PM (no group 6/19)

### SAMBA

Join our lively Samba Card Group! This exciting card game is a blend of strategy and luck, perfect for socializing and keeping your mind sharp. Whether you're a seasoned player or new to the game, you're welcome to join us for a fun-filled game! M/Th, 6/2/25 - 8/28/25 (no group 6/19) M, 12:30PM - 3:30PM Th, 9:00AM - 12:00PM

### SCRABBLE

A board game played with 2-4 players using their vocabulary to create words and score points. Th, 6/5/25 - 8/28/25 9:30AM - 11:30AM (no group 6/19)

### SETBACK

Dust off your card skills and join us for our weekly setback games. It's a great way to socialize, sharpen your mind and have a good time F, 6/6/25 - 8/29/25 12:30PM - 3:00PM (no group 7/4)

### **SOCIAL BRIDGE**

Tricks, trumps and terrific company! Our bridge group is the perfect place to spend a Wednesday afternoon. W, 6/4/25 - 8/27/25 12:30PM - 4:00PM

### **BOOK GROUP**

Our Senior Center book group offers a chance to connect with fellow readers and explore diverse genres. Whether you're a lifelong reader or just looking to pick up a new hobby, you'll find a welcoming atmosphere. The book of the month is available at the Manchester Public Library reference desk. **3rd Tu, 6/17/25 - 8/19/25 | 10:30AM - 11:30AM** 

### **RED HAT SOCIETY**

We are the women in the red and purple. We meet on the first Tuesday of every month. Bring a friend, all are welcome!

1st T, 6/3/25 - 8/5/25 1:00PM - 3:30PM Fee: \$15 (annual Red Hat dues)

### **SENIOR CIRCLE**

Looking for laughter, connection and engaging activities? This group engages in a variety of activities, crafts, games, low impact exercise, reminiscing and more. Led by our program assistant and requires preregistration.

T/Th, 6/3/25 - 8/28/25 10:00AM - 11:45AM (no group 6/19)

# EDUCATIONNOW

### **MHS SENIOR STORIES**

In March, soon-to-be Manchester High graduates showcased their 'Senior Story' -- a reflective, story - based demonstration of their points of growth and pride throughout their journey at MHS. Each presentation, shared before a panel, delved into the student's identity, academic growth, strengths, work they are proud of, and the ways in which their experiences have shaped their post-secondary aspirations.













# CONGRATS TO THE GRADUATING CLASS OF 2025





Congratulations to the Manchester High School Boys Basketball team for winning the state championship. The Division II CIAC Champions defeated New London 77-74, securing Manchester's first state title since 1938. Manchester finished the season with a record of 24-2.





PAUL OFRIA STORY & PHOTOGRAPHY

### A NO-COST FESTIVAL OF RIDING, MUSIC, AND FOOD FOR ALL ABILITIES | POWERED BY ROTARY IN MOTION



EAST HARTFORD MANCHESTER

# RIDE AND **A COMBINATION OF THE CHARTER OAK**

**GREENWAY, CHENEY RAIL TRAIL, AND HOP RIVER STATE PARK TRAIL** 

### 9:30 AM

BIKE RIDE REGISTRATION AND CHECK IN AT THE ROTARY PAVILLION.

Pre-register online and recieve a free gift the day of the event. Registration will also be taken day of event

### 10:00 AM

WELCOMING CEREMONY WITH MANCHESTER MAYOR JAY MORAN EAST HARTFORD MAYOR CONNOR MARTIN VERNON MAYOR DAN CHAMPAGNE

10:30 AM

GUIDED 17 MILE TRAIL LOOP BIKE RIDE BEGINS



### LEARN AND



FUN FOR ALL AGES FROM **START TO FINISH** 9:30 AM ENJOY MUSIC WITH DJ

MICHELLE BEE

9:30 AM - 1:00 PM **TI TRIKES INTERACTIVE** ADAPTIVE **BIKE DISPLAY** 

### 10:45 AM - 1:00 PM EAST COAST GREENWAY JR. **BIKE SAFETY COURSE** Bring your own bike + Participants who complete the safety bike event will be

entered in to a free bmx bike

raffle!

PARK RICKKSHAW TOUR Cycling Without Age + UR Community Cares

LUTZ CHILDREN'S MUSEUM ANIMAL ENCOUNTER

### TOUCH-A-TRUCK

10:45 AM - 11:45 AM TAI CHI IN THE PARK with Susan Barlow

FQUESTRIAN DEMONSTRATION & ENCOUNTER

### 11:30 AM - 1:00 PM

CROWNED KAOS CONCERT



TO REGISTER OR JOIN THE MANCHESTER ROTARTY CLUB, PLEASE SCAN HERE

**BUILT TO PLAY** 

### MANCHESTERCTROTARY.ORG

SPONSORS ROTARY CLUBS OF MANCHESTER - ECHN ORGANIZATIONS ROTARY CLUBS OF MANCHESTER. EAST HARTFORD AND ROCKVILLE - EAST COAST GREENWAY ALLIANCE - BIKE WALK BOLTON - UR COMMUNITY CARES - MUSIC HELPS HUMANITY - TI TRIKES EVENT PARTNERS ASM - ARTS CENTER EAST - BIKE FRIENDLY MANCHESTER - BIKE WALK BOLTON - CT HORSE COUNCIL - EAST COAST GREENWAY ALLIANCE - EAST SIDE NEIGHBORHOOD RESOURCE CENTER - HIGHLAND PARK MARKET - LUTZ CHILDREN'S MUSEUM - MANCHESTER LEISURE, FAMILY AND RECREATION - MANCHESTER FIRE - MANCHESTER POLICE - MANCHESTER - MUSIC HELPS HUMANITY -ROTARY CLUBS OF MANCHESTER, EAST HARTFORD, AND ROCKVILLE - ROYAL ICE CREAM