

etter manchester

SPECIAL BICENTENNIAL EDITION!

SPECIAL BICENTENNIAL PROGRAM GUIDE INSIDE!

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BETTER MANCHESTER ONLINE

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OPEN ARMS, OPEN HEARTS. *Written By Robert Kanebl*

Though the official motto is "The City of Village Charm," Manchester historically has been a place of opportunity. The Bicentennial Work Group is dedicated to preserving this rich history and ensuring that Manchester continues to be a place for growth and innovation.



Incorporated 200 years ago in 1823, the place we call Manchester has been occupied by European settlers since the late 1600s and early 1700s. Before that, it was home of the Podunk tribe. During its seasonal migration from the Connecticut River, this Native American group claimed what we now know as Manchester as its land. Small village sites dot the area of Manchester. The falls in Center Springs Park was even a well-known fishing site.

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ON the COVER

Featured Image of Olcott's Grass Farm.

Visit BetterManchester.com for more weekly content and updates!

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Learn about the early childhood summer programs offered by the department. **page 12**



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Find out more about the youth programs offered this summer. **page 13-15**



Events for All Find a schedule of park special events, the Rec on the Run calendar and more! **pages 16-17**



Learnshops & Events

Explore the learnshops offered this season. **page 18**



Tiny Gallery Programs

Find creative based programs offered by the Tiny Gallery and the season exhibit schedule. page 19



Adult Fitness

Find the adult programs offered and learn more about the Fitness Center at the Community Y. **page 20-21**



Senior Center Programs

Learn more about programs offered by the Senior Center. pages 22-24

REGISTRATION INFORMATION

Registration Dates

Residents: May 3, 2023 Non-residents: May 5, 2023

REGISTRATION OPTIONS

1. Online Registration 24/7

Enjoy the convenience of registering from your home computer 24 hours a day/seven days a week. Don't remember your username or password? Give us a call and we can assist you!

Log on to: RecOnline.townofmanchester.org

2. Over the Phone

Having trouble registering on-line. Give us a call and we'll be glad to register you over the phone. Have your payment information ready. Contact us at 860-647-3084. (If paying over the phone a Visa or MasterCard must be used.)

3. In-Person

Visit the Community Y or Town Hall Customer Service to register.

RESIDENCY AND NON-RESIDENT POLICY Registration

Participants must be Manchester residents and proof of residency is required upon registration, unless otherwise noted. A resident is defined as a person who permanently resides in the Town of Manchester. Non-residents may only register for programs that indicate "nr" (non-resident fee) next to the listed fee.

Program Enrollment Policy

Enrollment is limited and most programs are on a first come, first served basis. The Recreation Division reserves the right to cancel or close a pro-

gram which does not meet minimum enrollment requirements.

Refund Policy

Full refunds will be made if a request is made at least one week prior to the start of the program or if the Recreation Division cancels the class. Partial refunds will be made on a pro-rated basis, based on the date of notification, only in the first half of the program's duration. Refunds will not be considered once classes are half over or after the program ends. Refunds will not be considered less than one week prior to start of class.

Pro-rating Fees for Late Registration

Late registration will be accepted for most programs if space permits. Programs will be pro-rated up to 50% at or after the programs mid-point. Registration taken prior to the programs mid-point will be charged full price. Please note all pro-rating needs to be approved by a supervisor.

Confirmation Receipt

On-line registrants should print out their receipt upon registration. Program information will also be included on this form.

Waiting List

If your desired class is filled, you will be placed on a waiting list and will be notified by our department if openings become available. Please note that not all programming offers a waitlist option, an example would be Swim Lessons.

Don't Be Disappointed! Register Early!

Unfortunately, we are sometimes forced to cancel programs two to three days prior to the start of the class because of under enrollment. When you wait too long to register and your class fills, don't be disappointed! Register Early!

GENERAL INFORMATION AQUATIC FACILITIES MEMBERSHIP FACILITIES

Center Springs Main Office

39 Lodge Drive • Center Springs Park • 647-3084 Office Hours: M-F, 8:30 AM-4:30 PM Closed Legal Holidays

Community Y Recreation & Fitness Center

78 North Main Street • 647-3164 Hours: M-F, 8:30 AM-8:00 PM; Sa, 9 AM-1 PM **Fitness Center Hours**

M-F, 8:30 AM-7:30 PM Sa, 9:00 AM-1:00 PM

Leisure Labs at Mahoney Center

110 Cedar Street • 647-3166 Office Hours: M-F, 9:00 AM-5:00 PM

Youth Service Bureau (YSB)

63 Linden Street • 647-5213 **Closed Legal Holidays**

YSB Teen Center

63 Linden Street • 647-5213 Closed Legal Holidays

Eastside Neighborhood Resource Center

153 Spruce Street • 647-3089 Office Hours: M-F, 10:30 AM-4:30 PM Closed Legal Holidays

Charter Oak Gear & Bike Shop

Charter Oak Park Dates of Operation: June - August Rec Drop-In: M-F, 5:30-8:00 PM

Northwest Park Early Childhood **Center (Activity Center Bld. 1)**

448 Tolland Turnpike, Bld. #1 • 647-5212 Dates of Operation: June - July Office Hours: M-F, 8:30 AM-10:30 AM

Northwest Park Pavilion Rental

Grand, open sided, covered 55' pavilion with picnic tables, a full kitchen, prep area, serving windows & rest rooms. For information visit manchesterct.gov and search Northwest Park Pavilion Rental.



For detailed pool schedule and hours please visit page 8.

Olcott Street Sprayground 126 Olcott Street • Memorial Day to Labor Day Daily Hours of Operation: 10:00 AM-8:00 PM

Globe Hollow Swimming Area 100 Spring Street • 647-6037

Salters Pool 103 Lydall Street • 647-3296

Swanson Pool 48 North Main Street • 647-3297

Waddell Pool 163 Broad Street • 647-5234

Marcy MacDonald Pool 110 Cedar Street • 647-3293

PARKS & TRAILS

OurParks and Trails

For more information about Manchester's parks and trails, visit manchesterct.gov/facilities and search for a park near you.

CONTACT US Program Cancellation Line

Access program cancellations 24/7 at our program cancellation line at 647-3162.

Better Manchester E-Mail Service

Sign up to receive the department's free bi-monthly e-mail providing you with timely information about new programs, facilities and more! Sign up on-line by visiting: bettermanchester.com/subscribe

Follow Us on Social Media

Like us on Facebook and follow us on Instagram & Twitter to learn more about programs, upcoming events and much more!



Facility Pass for Seniors, Adults & Youth Valid until December 31, 2023



A facility pass is required and allows use of the recreation centers, outdoor pools, indoor pools, and the Community Y Fitness Center during the 2022/2023 recreation season. Senior citizen passes

are also valid for the Manchester Senior Center and Senior Center programs.

A facility pass is for Manchester residents only and a valid ID is required to prove residency upon purchase and renewal. You must be present when purchasing a membership as photos will be taken at the time of purchase. Adult, Youth and Senior facility passes can be purchased at Center Springs, Community Y Rec Center and Customer Service at Town Hall. Senior passes can also be purchased at the Senior Center.

2023-2023 Memberships

Membership passes that are renewed and the cost associated, as well as the renewal cycle are back on track! January 1, 2023 – December 31, 2023. Please refer to the Fee Schedule below.

Facility Pass Fees

Youth (0-20 years old) No Cost Adults (21-59 years old) \$50.00* *Adult pass fees are reduced to \$25.00 after June 1st \$10.00 Senior Citizen (60 and older) Lost Card Replacement Fee \$5.00

Senior

Senior facility passes will have a different design on the front than the Adult/Youth cards, but seniors will still be able to choose between the wallet sized card or a key chain sized card. The same card will be renewed year to year unless a card is lost. Please note that Senior Center memberships are required to participate in Senior Center programming.

Special Consideration: Per Connecticut General Statute 19a-77 we are required to disclose that our programs are not licensed by the State Office of Early Childhood.



Above: Pitkin Glass Ruins

Continued from page 2.

The early settlers found the local brooks and small rivers perfect for small necessary mills for grain and wood. The first large manufacturing company was Pitkin Glass Works. Richard Pitkin gained the opportunity to produce glass and snuff under a governmental monopoly because of his family's gun powder contribution to the American Revolution.

Other opportunities in manufacturing and inventive ideas fill Manchester's historical record with pride. The work of the Wickham family involved not only the invention of envelope machines, but also the spread of the trolley to town and the beautiful park on Manchester's border.

The Case Brothers also took the opportunity to produce paper and card stock in town, being one of the few paper mills to survive the town's 1866 flood. They also provided the town with a beautiful, nature-centered park, located along the base of Lookout Mountain.

J.B. Williams got his start here, developing shaving soap in town before moving to Glastonbury. His international success is mirrored by Robertson, who came here from Glastonbury to open his soap company, eventually inventing Bon Ami Cleaner.

A variety of inventions and patents, ranging

from the fountain pen to the washing machine ringer, sailed out of this township in numbers so impressive it spins the head.

The biggest opportunity Manchester provided came to the seven sons of Electa and George Cheney. Two of these sons became successful artists, while others formed Cheney Silk Mills, which dominated the nation's silk production. The boys in turn provided a community of opportunities for citizens and immigrants to live, work and prosper in Manchester.

Manchester, like most industrial communities of the late 1800s and early 1900s, had a large immigrant population. Besides the natural economic leveling, immigrants of this time also tended to live among others that had a similar or identical culture and language.

For example, a Bicentennial Work Group's grandfather came to this nation in the late 1800s on a ship, much like a large percentage of Manchester population. His port of departure was Danzig on the Baltic Sea; his native language was German, but today his native land is Poland.

Eventually these immigrants merged into a community. It is this sense of community that has made Manchester, Manchester.

John Adams wrote, "I study war so that my son can study math and his son study art." It was

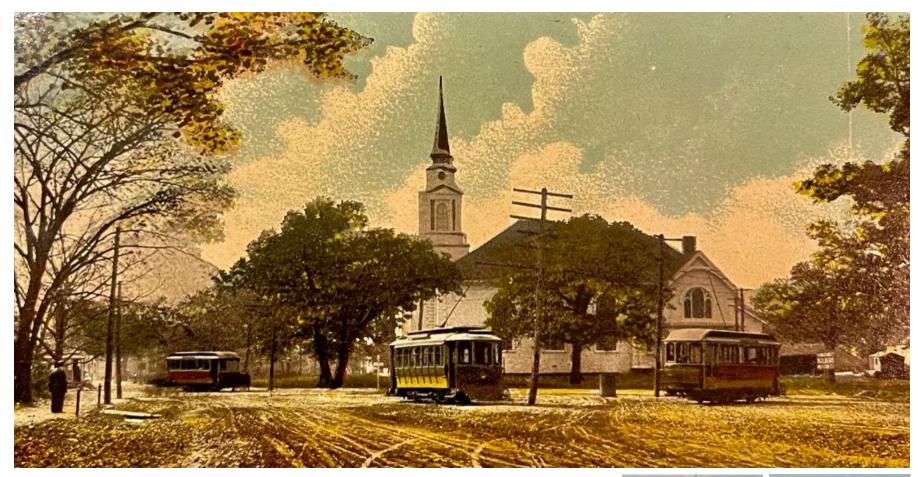


Top: Glimpse of Cheney Bros. Mills from Railroad Bridge **Middle:** South Manchester Passenger Station **Bottom:** Bon Ami Factory

not as long for this grandfather's family, but it was the same idea. The original emigrant had studied masonry and made his living through manual labor, first as a carpenter and then as a builder, so that his son could study music to live as a big band trumpeter.

His son and two daughters all grew up with the well-rounded educational system offered in Manchester, studying the arts. Both girls attended college in the 1920s, supported by their progressive socialist father. One became a painter, and the other was a pianist. One married a doctor and lived a life of art; the other married a businessman and taught music in New Jersey for 40 years.

Continued on page 6.



Continued from page 5.

This grandfather lived the American emigrant's dream. He perfected his skill, became a successful businessman, and built his large brick house, still standing to this very day on Center Street. His success is a capstone of Manchester's success.

Manchester has been honored with native sons and daughters who have become nationally famous artists, Olympians, actors, pro athletes, writers and much more. But Manchester has been their community because of the opportunities the area offers for them to tap into their muses.

Politically, the town has seen both a Republican and a Democrat stronghold. But in the histo-



ry of Manchester, there has also been a long serving Socialist selectman. Manchester has never been, and hopefully never will, be afraid to open its arms to all.

Acceptance has dominated the community. Vice President Lyndon Johnson's wife visited the town to honor the IONA Corporation because of its policy of hiring workers with special needs. Acceptance of cultural differences is reflected in the large number of different well-established and older religious congregations in the town, from Catholic churches to the Jewish Synagogue.

Even the development of sports fields around town shows the evolution of the local community. Many of the original softball and baseball diamonds transformed in the 1960s and 70s to soccer fields, and now a cricket pitch has arisen in town.

Reflecting on Manchester's Bicentennial Celebration, it is easy to see the molding our past successes and failures have played in the advancement of the town. Today as we celebrate Manchester's character, we reflect, but also dream of an even brighter future. It is time to



Top: Trolley Terminal **Above Left:** St. Bridget Church **Above Right:** St. James Church **Bottom Left:** Sports and Athletics

dedicate ourselves to another century and beyond of that same opportunity so prevalent in the town.

Open arms and open hearts have been the past's example and continues today with the development of various cultural centers and communities. But in the end, we are still one Manchester with a shining future of cultural diversity waiting to be merged, shared and enjoyed.

IMAGES FROM ACROSS THE DISTRICT

Photography by Paul Ofria



Above: MHS - Freshman Samiya Eady became the USA's fastest freshman in the 60m event at the Nike Indoor Nationals in New York City. **Top Right:** Verplanck - Fourth graders in Ms. Adams' class at Verplanck are preparing arguments on which video game is the best, which led to opinion papers.

Right: Keeney - First graders at Keeney School work on inventions with Mrs. Polochanin in STEM class.

Bottom Left: 3 - Buckley- First graders in Ms. Lavalle's class at Buckley are sounding out words during a phonics lesson.

Bottom Center: Bennet -Room 210 at Bennet fills up on Tuesday afternoons for Mr. Green's chess club.

Bottom Left: 4 - Highland - A kindergartner in Miss Smith's class at Highland Park pauses during independent reading time.







AQUATICS

GENERAL INFO

Manchester's municipal swimming pools are staffed with American Red Cross certified life guards. All pools have bathroom and changing facilities with showers. All children 10 and under must be accompanied by an adult 18 years and older. Most pools offer American Red Cross swim lessons, water exercise classes as well as o the e Area unde

assans water eversion classes as well		Addit Lap Swith	Addit Lup Swith	Addit Lap Swith	Addit Lup Swith	Addit Lup Swill		
lessons, water exercise classes, as well as open & adult swim times. Pools, with the exception of Globe Hollow Swimming Area, offer wading pool areas for children	Hollow 100 Spring St. (860) 647-6037	1:00-5:00 Open Swim	1:00-6:00 Open Swim/ Adult Lap	1:00-6:00 Open Swim/ Adult Lap				
under 52".		5:00-7:30 Swimming Lesson Adult Lap	5:00-7:30 Swimming Lesson Adult Lap	5:00-7:30 Swimming Lesson Adult Lap	5:00-7:30 Swimming Lesson Adult Lap	5:00-7:30 Pool Event/Make Up/Adult Lap		
SEASON SCHEDULE		12:00-1:00 Adult Lap Swim						
PRE-SEASON Marcy MacDonald Pool Dates: June 19-25 Open Swim: 1:00-5:00 PM Adult Lap Swim: 5:00-6:00 PM	Salters	1:00-5:00 Open Swim	Closed	1:00-2:00 Adult Lap Swim				
	Pool 103 Lydall St. (860) 647-3296	5:00-6:00 Aqua Exercise	5:00-6:00 Adult Lessons	5:00-6:00 Aqua Exercise	5:00-6:00 Adult Lessons	5:00-6:00 Aqua Exercise		2:00-6:00 Open Swim
REGULAR SEASON		6:00-8:00 Swimming Lessons	6:00-8:00 Swimming Lessons	6:00-8:00 Swimming Lessons	6:00-8:00 Swimming Lessons	6:00-8:00 Pool Event Make Up		
egular summer schedule and hours		12:00 - 1:00 Adult Lap Swim	1:00-2:00 Adult Lap Swim					
oliday ate: July 4	Swanson	1:00-5:00 Open Swim	2:00-6:00 Open Swim	Closed				
Globe Hollow Only, 1:00-6:00 PM	Pool 48 North Main St.	5:00-5:30 Adult Lap Swim						
POST SEASON Marcy MacDonald Pool Dates: August 14-20 Open Swim: 1:00-5:00 PM Adult Lap Swim: 5:00-6:00 PM	(860) 647-3297	5:30-7:00	5:30-7:00 Swimming Lessons	5:30-7:00 Swimming Lessons	5:30-7:00 Swimming Lessons	6:00 - 8:00 Friday Night Event/Make Up		
		7:00-8:00 Teen Swim Lesson	7:00-8:00 Swim for Fitness	7:00-8:00 Teen Swim Lesson	7:00-8:00 Swim for Fitness			
		9:30-11:10 Swimming Lessons	9:30-10:30 Swimming Lessons	9:30-11:10 Swimming Lessons	9:30-10:30 Swimming Lessons	9:30-10:30 Swimming Lessons		
	Marcy	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	10:30-11:30 Senior Aqua Exercise		
	MacDonald Pool	11:35-12:30 Adult Lap Swim		Closed				
regra to Swith	110 Cedar St. (860) 647-3293	1:00-5:00 Open Swim	1:00-5:00 Open Swim					
We are excited to announce our		5:00-8:00 Swimming Lessons	5:00-8:00 Swimming Lessons	5:00-8:00 Swimming Lessons	5:00-8:00 Swimming Lessons	5:00-8:00 Pool Event Make Up	5:00-6:00 Adult Lap Swim	
earn to Swim Project Page on Your. Voice Matters!	Waddell	1:00- 6:00 Open Swim	1:00- 7:00 Open Swim	1:00- 6:00 Open Swim	1:00- 7:00 Open Swim	1:00- 5:00 Open Swim	Closed	1:00-4:00 Open Swim
Please take a couple moments to visit and complete our Aquatics Survey!	Pool 163 Broad St.	6:00-7:00 Adult Swim Lessons		6:00-7:00 Adult Swim Lessons		5:00-7:00 Friday Night Pool Event		
yvmmct.com	(860) 647-5234	7:00-8:00 Adult Lap Swim		4:00-6:00 Adult Lessons				
YOUR VOICE MATTERS	Olcott St.	10:00- 8:00 Open Swim	10:00- 8:00 Open Swim	10:00- 8:00 Open Swim				
}	Sprayground	Open From Memorial Day to Labor Day						
J								

TUES.

9:30-11:20

11:30-12:30

Adult Lap Swim

MON.

9:30-11:20

Swimming Lessons

11:30-12:30

Adult Lap Swim

Globe

Aquatic Facilities & Schedules

The dates, times and operation of all pools may be subject to change at the discretion of the Town of Manchester.

THURS.

9:30-11:20

11:30-12:30

Adult Lap Swim

Swimming Lessons Swimming Lessons

FRI.

9:30-11:20

11:30-12:30

Adult Lap Swim

SAT.

SUN.

WED.

9:30-11:20

11:30-12:30

Adult Lap Swim

Swimming Lessons Swimming Lessons

READY TO SIGN-UP MAY 3, 2023 Registration Information



Ready to Sign Up? Here are the details:

- Registration will be in-person and on-line.
- Registration for all pools will begin at 9:00 AM on May 03, 2023
- In-person registration can be done at the Community Y Recreation Center, 78 North Main Street or Center Springs Lodge, 39 Lodge Drive
- On-line registration: Log onto reconline.townofmanchester.org
 - Please note that on-line registration requires users to set up an account which may take time the day of registration. The Recreation Division suggests accessing the on-line registration site prior to the day of registration to complete this set up. This will allow you for quicker registration.
 - Swim lessons open to Manchester residents only.

Please note the following age requirements for swimming levels:

- Infant: 6 months-18 months (adult must be in the water with child)
- Toddler: 19 months- 3 years 5 months (adult must be in the water with child)
- Preschool: 3 years 5 months- 5 years
- Levels 1-6: ages 5 and up

The fee for swim lessons is \$25.00 per child

- Children may not be enrolled in more than one class per session.
- Please note that parents who register their child for more than one swimming session at registration, take the chance of not placing their child in the correct level because that child may or may not pass the initial level they are enrolled in.

If incorrect placement occurs, parents may call the Recreation Division and transfer their child into the correct level assuming space in available.

- Class ratio:
 - Infant- 1:12
 - Toddler- 1:12
 - Preschool- 1:6
 Levels 1-6- 1:8

Once class levels reach maximum enrollment, registration for that class will close. Waiting lists are not maintained for swim lessons.

SWIM LESSON SCHEDULE SESSION DATES

MONDAY - THURSDAY CLASSES

Session 1: 06/26/23-07/07/23 (No Class July 4) Session 2: 07/10/23-07/20/23 Session 3: 07/24/23-08/03/23

MONDAY CLASSES

Session 1: 06/26/23-08/07/23

SWANSON POOL

Level	Time	Day	Sessions	
1	5:35-6:05	M-Th	1,2,3	
1	6:10-6:40	M-Th	1,2,3	
2	5:35-6:05	M-Th	1,2,3	
2	6:10-6:40	M-Th	1,2,3	
3	5:35-6:05	M-Th	1,2,3	
3	6:10-6:40	M-Th	1,2,3	

MARCY MACDONALD POOL

Level	Time	Day	Sessions	
Infant	6:10-6:45	М	1	
Infant	6:10-6:45	Т	1	
Infant	6:10-6:45	W	1	
Infant	6:10 -6:45	Th	1	
Toddler	6:10-6:45	М	1	
Toddler	6:10-6:40	Т	1	
Toddler	6:10-6:40	W	1	
Toddler	6:10-6:45	Th	1	
Preschool	5:00-5:30	M-Th	1	
Preschool	5:00-5:30	M-Th	1	
Preschool	5:35-6:05	M-Th	1,2,3	
Preschool	6:45-7:15	M-Th	1,2,3	
Preschool	10:40-11:10	M-Th	1,2,3	
1	9:30-10:00	M-Th	1,2,3 (Camp)	
1	10:05-10:35	M-Th	1,2,3 (Camp)	
1	6:45-7:15	M-Th	1,2,3	
1	7:20-7:50	M-Th	1,2,3	
2	10:05-10:35	M-Th	1,2,3 (Camp)	
2	10:40-11:10	M-Th	1,2	
2	6:45-7:15	M-Th	1,2,3	
2	5:35-6:05	M-Th	1,2,3	
2	7:20-7:50	M-Th	1,2,3	
3	9:30-10:00	M-Th	1,2,3 (Camp)	
3	10:40-11:10	M-Th	3	
3	5:35-6:05	M-Th	1,2,3	
3	6:10-6:40	M-Th	1,2,3	
3	7:20-7:50	M-Th	1,2,3	

TUESDAY CLASSES Session 1: 06/27/23- 08/08/23

WEDNESDAY CLASSES Session 1: 06/28/23- 08/09/23

THURSDAY CLASSES Session 1: 06/29/23- 08/10/23

GLOBE HOLLOW SWIMMING AREA

Level	Time	Day	Sessions	
Preschool	10:40-11:10	M-Th	1,2,3	
Preschool	5:00-5:30	M-Th	1,2,3	
Preschool	5:35-6:05	M-Th	1,2,3	
Preschool	6:10-6:40	M-Th	1,2,3	
1	9:30-10:00	M-Th	1,2,3 (Camp)	
1	10:05-10:35	M-Th	1,2,3 (Camp)	
1	5:00-5:30	M-Th	1.2.3	
1	5:35-6:05	M-Th	1,2,3	
1	6:10-6:40	M-Th	1,2,3	
2	9:30-10:00	M-Th	1,2,3 (Camp)	
2	10:40-11:10	M-Th	1,2,3	
2	5:00-5:35	M-Th	1,2,3	
2	6:10-6:40	M-Th	1,2,3	
3	9:30-10:00	M-Th	1,2,3 (Camp)	
3	10:40-11:10	M-Th	1,2,3	
3	5:35-6:05	M-Th	1,2,3	
4	10:05-10:35	M-Th	1,2,3 (Camp)	
4	5:00-5:30	M-Th	1,2,3	
5	10:05-10:35	M-Th	1,2,3 (Camp)	
5	5:35-6:05	M-Th	1,2,3	
6	6:10-6:40	M-Th	1,2,3	

SALTERS POOL

Level	Time	Day	Sessions
1	6:10-6:40	M-Th	1,2,3
1	7:20-7:50	M-Th	1,2,3
2	6:45-7:15	M-Th	1,2,3
2	7:20-7:50	M-Th	1,2,3
3	6:10-6:40	M-Th	1,2,3
4	6:45-7:15	M-Th	1,2,3
4	7:20-7:50	M-Th	1,2,3
5	6:45-7:15	M-Th	1,2,3
6	6:10-6:40	M-Th	1,2,3

Which swim level does my child belong? Not sure what level to sign up your child? Read the descriptions online at www.yourvoicemattersmanchesterct.com/ learn-to-swim/news_feed/swim-lesson-descriptions

AQUATIC PROGRAMS



Teen Swim Lessons

Designed for the teenager interested in learning to swim or who may have a fear of the water. Class is taught with peers in the same age group and no previous swim experience is required. The class is taught by an American Red Cross certified instructor and will orient students to an aquatic environment and create a sound foundation for swimming and safety skills.

Location: Swanson Pool Ages: 13-18 Meets: M/W, 7:00-8:00 PM Session 1: 06/26/23-07/19/23 Session 2: 07/24/23-08/09/23 Fee: \$30/ \$38 (nr)

Adult Swim Lessons

Designed for the first time swimmer or for those who have fear of the water. Participants will learn introductory water safety skills which include entry/exit skills, experiencing buoyance on your front and back and basic swimming strokes and skills needed to stay safe, and help keep others safe in and around the water.

Instructor: TBD Location: Waddell Pool Age: 18+ Session 1: M/W, 06/26/23-07/26/23, 6:15-7:00 PM Fee: \$60 /\$75 (nr) Session 2: Su, 07/09/23-08/13/23, 4:00-5:00 PM Fee: \$36 /\$45 (nr)

INTERMEDIATE

This class is designed for swimmers who feel comfortable in the water. Participants will build upon their knowledge of the basic swimming strokes that was taught in the beginner class. Participants should feel comfortable entering any depth of water and would be able to identify exit points for safety purposes. **Meets:** Su, 07/09/23-08/13/23, 5:00-6:00 PM **Fee:** \$36 /\$45 (nr)

Aqua Circuit

This combination of cardio and strength training combines circuit training principles and the latest aquatic equipment with water-based fitness. Progress through a series of stations for a total-body workout.

Instructor: Tanya Camerota

Location: Salters Pool

Age: 18+

Meets: M/W, 06/26/23-08/02/23, 5:00-6:00 PM Fee: \$66 / \$82 (nr) [No Class 07/03/23]

Swim for Fitness, Swim for Life

Swim 30 consecutive laps by the end of the class. Evaluation and individual swim fitness programs are used to help achieve swimming goals. Prerequisites: Must be able to swim a full length without out stopping. **Instructor:** Carin Hoffman

Location: Swanson Pool

Age: 18+

Meets: T/Th, 06/27/23-08/03/23, 7:00-8:00 PM Fee: \$66/\$82 (nr) [No Class 07/04/23]



Senior Aqua Exercise

Aqua exercise workout incorporating basic stretching and water resistance. This class is weather dependent. Instructor: Carin Hoffman Location: Marcy MacDonald Pool Age: 60+ Meets: F, 06/30/23-08/11/23, 10:30-11:30 AM Fee: \$30 / \$37 (nr)

Total Aqua

This class combines segments of cardio and strength training using training intervals and weight resistance tools. Total Aqua is designed for all fitness levels using equipment that helps result in a toned and functional body. This class covers strength, cardio, and mobility, well enough to wear you out! Instructor: Tanya Camerota Location: Salters Pool Age: 18+

Meets: T/Th, 06/27/23-08/03/23, 5:00-6:00 PM Fee: \$66 /\$82 (nr) [No Class 07/04/23]

Private Swim Lessons

Private swim lessons (1:1) and semi-private lessons (1:2) are structured to cater to meet you or your child's specific instructional needs. The aquatics staff will work with you to customize a personal swim lesson schedule with an experienced instructor. Lessons are offered as 4 thirty minute sessions at a mutually agreed upon times. Lessons will not be available during peak times of the day when the pool is most crowded. Semi-private lesson participants must be within a skill level of each other.

PRIVATE SESSION

4 X 30 Minute Private (1:1) Lessons **Fee:** \$100

SEMI-PRIVATE SESSION

4 X 30 Minute Semi-Private (1:2) Lessons **Fee:** \$160/ for 2 participants

REGISTRATION INFORMATION

Contact the Recreation Division at 860-647-3139 and be prepared with dates, times & pool locations. Payment required prior to the start of the first lesson.

200 Laps for 200 Years

Celebrate our Bicentennial with a summer swim challenge. We are calling on all our lap swimmers to complete 200 laps in any or all the strokes that will be on the challenge card. The challenge cards will be distributed at the Community Y, Center Springs, or any of our pools. When you complete a box of laps, present your card to one of the lifeguards at the pool and they will stamp the box. Once you've completed 200 laps in any or all the strokes, bring the completed card to the Community Y where you'll be entered into our raffle. The challenge will run from July 1 to August 1, and we will draw the winners on Friday August 4th at Waddell Pool during the Friday Night Event. So, Learn, Swim, Thrive and celebrate this great town and community.

AQUATIC EVENTS

Friday Night Pool Events

Noodle Night- Bring a float or grab a noodle and relax at the pool. Pools will have limited noodles available. Noodles and floats are only allowed on designated nights and times. Proof of residency required.

Deck Art Night- Bring your sidewalk chalk to the pool and showcase your artistic abilities. Pool Pass required.

Pool Side Bingo- Come down to the pool to play bingo while relaxing in the water. Exciting prizes will be available to the winners. Pool Pass required.

Lifeguards Choice- This night will be a surprise for our visitors. The lifeguards will be deciding what event will take place. Pool Pass required.

Lifeguard Night- Interact with the staff and get to learn and try some of the techniques the lifeguards learned during their training. Pool Pass required.

Marco Polo Night- Swim around in the shallow end playing the famous Marco Polo game. Pool Pass required

Toy Night- Bring your favorite pool toy to the pool where you can play with it in the water with the other participants. Pool Pass required.

Free Family Swim- Bring your family down to the pool and enjoy a free night of swimming. Valid proof of Manchester residency required.

Log Rolling Night – Come learn some basic skills and strategies to conquer the log. Logrolling is a fun sport exhibiting equal parts balance, speed, and determination. Pool pass required.

Pool Site/Date	7-Jul	14-Jul	21-Jul	28-Jul	4-Aug	11-Aug
Globe Hollow	Noodle Night	Lifeguard Night	Free Family Swim	Pool Side Bingo	Deck Art Night	Toy Night
Marcy MacDonald	Deck Art Night	Noodle Night	Lifeguard Night	Free Family Swim	Pool Side Bingo	Marco Polo Night
Waddell	Pool Side Bingo	Deck Art Night	Log Rolling Night	Lifeguard Night	Free Family Swim	Pool Side Bingo
Swanson	Free Family Swim	Pool Side Bingo	Deck Art Night	Noodle Night	Lifeguard Night	Free Family Swim
Salters	Lifeguard Night	Free Family Swim	Pool Side Bingo	Deck Art Night	Noodle Night	Lifeguards Choice

Slide Into Summer

Children of all ages are encouraged to come down to Waddell Pool and slide their way into the summer. There will be games, toys, noodles and music. We will also be handing out popsicles that you can enjoy while dancing on the grass. Location: Waddell Pool Meets: T, 06/27/23, 5:30-7:00 PM Ages: All Ages

Fee: No Fee (Pool Pass required to enter facility)



K-9 Kerplunk

In conjunction with the Manchester Youth Commission, we are happy to announce the annual K9 Kerplunk is back another year. We kindly ask for all dogs to be licensed, up to date on all shots and well-behaved Manchester dogs. Swimming is for dogs only. A \$5.00 Registration fee per dog (maximum of 2 dogs per handler) is required. We will also accept on-site registration day of event. Admission to the event will benefit the Manchester Youth Commission. Registration can be done online or over the phone through any of our Recreation facilities. Please contact Kellie Gauvin (860) 647-5262 or Josh Charette (860) 647-3139 with any questions. Hope to see you there! Location: Globe Hollow Swimming Area Meets: Su, 08/13/23, 9:00 AM-3:00 PM Fee: \$5.00 per dog (minimum 2 dogs per handler)

Log Rolling Clinic

Come learn some basic skills and strategies to conquering the log! Logrolling is a fun sport exhibiting equal parts balance, speed and determination. The unique sport has rules that are simple enough, try to get your opponent to fall off the log as you roll it. You can't touch your opponent or cross the center line of the log. The motion of the log can spin, stop and reverse at any time, depending on the skills and strategy of the log rollers! Come for an introductory clinic. Let's Roll!

Meets: Sa., 08/05/23

Ages: 17 and Under: 10:00-11:00 AM 18 and Over: 11:00 AM-12:00 PM Location: Globe Hollow Swimming Area

Fee: \$15/\$20 (nr)

EARLY CHILDHOOD



Cradle to Crayons

Cradle to Crayons is a preschool playgroup that supports the development of skills that will promote success in and out of preschool and kindergarten. Activities include circle time, art, fine motor, gross motor, pre-math, and pre-writing skill building. Children will have the opportunity to both engage in socialization and free play with other children as well as structured

activities at their own pace.

Instructor: Caitlin McNamara Location: Northwest Park Early Childhood Center Age: 2-5 years old Meets: Th, 3:00-4:15 PM Session 1: 05/11/23-06/29/23 Session 2: 07/13/23-08/17/23 Fee: No Fee

Mommy & Me Playgroup This program is for moms and their infants to early walking age (approximately newborn to age 1.5). The group is for parents of young babies and toddlers to socialize in an unstructured playgroup atmosphere. This is a laid back social group with no judgment, come when you can! A private changing and feeding room is available. Registration is not required to attend, please just show up. Contact Caitlin for questions or to be put on the list for group updates and cancellations at CMcnamara@manchesterct.gov Instructor: Caitlin McNamara Location: Northwest Park Early Childhood Center Age: 0-1.5 years old Meets: T, 3:00-4:30 PM Session 1: 05/09/23-06/20/23 Session 2: 07/11/23-08/22/23 Fee: No Fee

Waddlers & Toddlers **Drop-In Play**

This program is a drop-in play time for those little ones that are just starting off on their feet to walking. Come play and socialize in an unstructured environment. There will be basic gross motor play activities as well as basic art supplies or table activities for children to engage with during this open play time. Instructor: Caitlin McNamara

Location: Northwest Park Early Childhood Center Age: 6 months to 2 years Meets: W, 7/12/23-8/16/23, 3:00-4:30 PM Fee: No Fee

Little Artists Drop-in Craft Time

Come craft and play! This program is for preschool aged children who love to craft- glue, scissors, paper, paint- we will do it all! Children will also be able to play in our classroom and listen to a story that goes along with our crafts for the day.

Instructor: Caitlin McNamara

Location: Northwest Park Early Childhood Center Age: 3-5

Meets: T, 9:30-10:45 AM, 08/08/23, 08/15/23, 08/22/23 Fee: \$15

Parent Café

Are you a parent with a child aged birth to six? Are you free Thursday mornings? Manchester Early Childhood Collaborative, MECC, is offering a free monthly get. Parent Café's will offer a variety of guest speakers and activities-from Raising Culturally Competent Children to Staying Connected with your Partner during Childrearing as well as fun activities that include visits from the Lutz and local artists. It is an opportunity for you to connect with other parents and your children to gain experience playing with others. Contact Donna Farr at dfarr@manchesterct.gov for more information. Instructor: Donna Farr & Caitlin McNamara

Location: Northwest Park Early Childhood Center Age: 0-5 years

Meets: Th, 9:30-11:00 AM, 05/25/23, 06/22/23, 07/27/23, 08/24/23 Fee: No Fee

My Baby & Me

This program is for new caretakers and their children. Our goal is to establish a community of new parents of young children and provide early socialization opportunities for their babies. This program is for children 9 to 24 months. Older siblings welcome. Cancellations come directly from facilitators, email CMcnamara@ manchesterct.gov to connect to the facilitators. Instructor: Dee Dee Huang and Alison Luong Location: Northwest Park Early Childhood Center Age: 9-24 months Meets: W/F, 05/10/23-08/25/23, 9:15-10:45 AM

Fee: No Fee

Robin's Mothering Group

This program is for new caretakers to receive lactation and parenting support. Contact Robin to register (860)742-6231 or RobinDeGemmis@gmail.com. Instructor: Robin DeGemmis

Location: Northwest Park Early Childhood Center Age: 0-6 months

Meets: Th, 05/11/23-08/31/23, 11:30-1:30 PM Fee: No Fee



Play & Learn Groups

We will be learning through simple and engaging activities that are interactive and developmentally appropriate. We will pair it with rhymes, movement, stories, circle time, themed activities, crafts, vocabulary rich conversations and of course, play! Caregivers should be prepared to participate with their little learner! Instructor: Caitlin Barclay

Location: Northwest Park Early Childhood Center

PLAY & LEARN ABOUT HEAD, SHOULDERS, **KNEES AND TOES!**

A parent-child class where we will learn about our basic body parts: eyes, ears, nose, mouth, hands and feet! Age: 1-2.5 years

Meets: M, 05/08/23, 05/15/23, 05/22/23, 06/05/23, 9:30-11:00 AM Fee: \$24/ \$29 (nr)

PLAY & LEARN ABOUT SPRING

A parent-child class where we will learn all about spring. We will explore spring weather, experiment with spring colors, learn about spring animals and more signs of the season!

Age: 2.5-4 years old

Meets: T, 05/09/23, 05/16/23, 05/23/23, 05/30/23, 9:30-11:00 AM Fee: \$24/ \$29 (nr)

MINDFUL PLAY & LEARN WITH ANIMALS

A parent-child class where we will learn about staying present in our play with animals as the theme! We will learn how to use yoga, breathing and mindfulness to stay engaged in our play to create meaningful experiences!

Age: 1-5 years old

Meets: T, 07/11/23, 07/18/23, 07/25/23, 08/01/23, 9:30-11:00 AM Fee: \$24/\$29 (nr)

IMAGINATIVE PLAY & LEARN

A parent-child class where we will use our imaginations to learn about new experiences and play! Some of the themes will be pirates, archaeologists, scuba divers and more!

Age: 2.5-5 years old

Meets: M, 07/10/23, 07/17/23, 07/24/23, 07/31/23, 9:30-11:00 AM Fee: \$24/\$29 (nr)

REFLECT THE PAST CELEBRATE THE PRESENT

> DREAM THE FUTURE



Manchester is a scoop of ice cream and a

Bernice Original winged cheeseburger from Shady Glen. It's a trip down the yellow brick road at the Cosmic Omelet. It's a sunrise stroll up the white trail at Case and a round of disc golf at Center Springs. It's a new toy at the Time Machine and a matinee at the Parkade. Above all, Manchester is home. It's where we live, work, and play–and its' story is the story of us.

As we **celebrate** 200 years since Manchester's incorporation, we remember where we've been and look forward to where we're going. Let's celebrate all the things that make Manchester our **favorite place to be**.

Dear Manchester Community,

Manchester has much to be proud of as we look back over the past two centuries. Out of a humble and rural past, this community has grown into a thriving, dynamic, diverse, and growing municipality that is an engine of growth for the entire region. In the midst of significant transformation, the one constant has been the resilience, determination, and kindness of the people of Manchester. From the settlers who helped incorporate the Town, to the workers at the Cheney Mills who helped power the industrial growth of the nation, to the hardworking students and families who today contribute to our region's rich culture and economy, the Manchester community has always embodied the American ideals of hard work, justice, and civic mindedness.

While at certain times we have fallen short of our stated ideals, over the past several decades the Town has made significant strides in being inclusive and opening our doors to people from all different walks of life. Indeed, Manchester is a place where everyone is welcome. Yet even though its residents come from various backgrounds, what makes Manchester such a special place is the strong and binding sense of community that ties all our various neighborhoods and people together.

Simply put, we are "One Manchester."

It is on this strong foundation that we look out optimistically towards the next two hundred years. While our buildings, streetscapes, and town demographics may change, what hasn't and won't change is the strong sense of civic spirit that anchors our institutions and our people. With these fundamentals we will build on our proud past to create an even more promising future.

As Manchester kicks off its 200th birthday celebrations, let us use this opportunity to come together to reflect on our past, celebrate our present, and dream about the possibilities for Manchester over the next decades. On behalf of the Town, we invite you to join in the festivities and events the Town has planned this year and get involved in helping shape the next chapters in Manchester's storied history.

Mayor Jay Moran

Town Manager Steve Stephanou



Bicentennial Launch Event Photo: Zack Carroll



Special Thanks for the Support of Town of Manchester Board of Directors

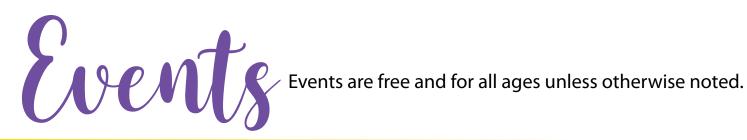
Mayor Jay Moran Deputy Mayor Sarah Jones Secretary Tim Bergin

Directors Pamela Floyd-Cranford Jessee Muñiz Poland Dennis Schain Jacqueline Crespan Zachary Reichelt Peter Conyers

> Town Manager Steve Stephanou

Manchester Bicentennial Working Group

Jay Moran Peter Conyers Christopher Silver Kathleen McGuire Brianna Smith Nico Arias Bob Kanehl Susan Barlow Nurun Nahar Ryan Parker Heather Wlochowski Bob Bycholski Nate Agostinelli Joe Camposeo McKenna Piper Alex Schraedley Josh Charette James Przybylski Taylor McBride Stacey Zackin Jamie Taylor Josh Beaulieu Zack Carroll



23 Walks with the Town Historian

Learn more about Manchester's history during our 200th Birthday year by participating in free history walks. Special reward for those who attend at least 10 of the 23 walking tours.

Rain or shine. Extreme weather cancels. **Time** 1pm (unless otherwise noted) Contact info- Manchester Historical Society | Susan Barlow, newsletter@manchesterhistory.org **Phone** (860) 808-7103

Date: 1/28/2023 Location - Cheney Railroad. 146 Hartford Rd.

Date: 2/4/2023 Location · Botti Farm, 330 Bush Hill Rd.

Date: 2/19/2023 Location North End & Bon Ami. 8th District, 18 Main Street.

Date: 3/5/2023 **Location** Downtown. Forest St. lot, 1050 Main St.

Date: 3/18/2023 Location Hollywood Plaza, 283 E. Center St. near corner

Date: 4/8/2023 Location. Porter St. and Reservoirs, 395 Porter St.

Date: 4/22/2023 Location Hockanum River, 65 N. School St.

Date: 5/20/2023 Location - Cheney Railroad. 146 Hartford Rd.

Date: 5/28/2023 Location Incorporation date, Town Center, 41 Center St.

Date: 6/3/2023 **Location** Center Springs Park. 39 Lodge Drive

Date: 6/4/2023 Location- Salters Pond, 123 Lydall St.

Date: 6/17/2023 Location. Great Lawn, Mansions, 146 Hartford Rd.

Date: 7/1/2023 Location • Historic Downtown Churches. 896 Main St. Enter parking lot from Church St.

Date: 7/9/2023 Location Manchester Green. 549 Middle Tpk. East

Date: 8/6/2023 Location- Buckland Cemetary.1210 Tolland Tpk. Take the Challenge



Date 9/17/2023 Location · Center Memorial Park, 41 Center St.

Date: 9/30/2023 Location Cheney District Walk. 146 Hartford Rd.

Date: 10/7/2023 Location: Charter Oak Park, East Coast Greenway, 50 Charter Oak St.

Date 10/21/2023 Location - Lakeview. Corner of Comstock/So. Main.

Date: 11/5/2023 **Location** North End. Apel PI./ 41 North Main St.

Date: 11/25/2023 Location - Highland Park, 670 Spring St. Date: 12/31/2023

Location Reception, 175 Pine St.

<u>April</u>

2nd Saturday Monthly Open House

THE FUTURE exhibit - Artists illustrate their vision for what Manchester, CT will be like in the next Century. This is part of a 3-venue art show called 300 YEARS OF MANCHESTER.

Date: 4/8/2023 Time: 10:00AM-2:00PM Location • WORK_SPACE, 903 Main St. Contact info. WORK_SPACE, Stacey Zackin, Manager, szackin@manchesterct.gov Phone. (860) 647-6029

300 Years of Manchester The PRESENT

Manchester Public Elementary School students will have their work on display. Exhibit runs from 4/18-5/28/23. Check website for hours of operation.

Date: 4/18/2023 **Time** 12:00PM-4:00PM Location - Lutz Museum, 247 South Main St. Contact info. Lutz Children's Museum Patricia Buxton, pbuxton@lutzmuseum.org **Phone** (860) 643-0949

Manchester Art Association Bicentennial Exhibit

All medium, all member exhibit of iconic Manchester will run 4/20/23-7/6/23, Mon.-Fri.

Date: 4/20/2023 Time 8:30AM-5:00PM Location • Manchester Town Hall, 41 Center St. **Contact info** Manchester Art Association Carolyn Emerson, Cvemerson39@gmail.com

Earn a commemorative Challenge Coin by participating in at least 10 of the 23 Historical Walks led by Town Historian Susan Barlow.



The Future of Magic

Local award-winning magician Kody Hildebrand outs a new twist on traditional magic.

Date: 4/22/2023 Time: 7:30PM-8:30PM Contact info. WORK SPACE. Stacev Zackin. Manager, szackin@manchesterct.gov **Register at** https://bit.ly/futureofmagic Fee \$24 per ticket

Rebuilding Together Safe at Home Kit Distribution

In recognition of the Bicentennial, Rebuilding Together Manchester will distribute 200 Safe at Home Kits to Manchester residents. Supplies limited.

Date: 4/26/2023 Time 1:00PM-4:00PM Location • Manchester Senior Center 549 East Middle Tpke. Contact info. Rebuilding Together of Manchester Molly Devanney, molly.devanney@gmail.com

May

Tinv Podcast - E1. **History of Indigenous People**

Steven Penney will share his expertise on the people and cultures that existed here before the arrival of Europeans. He's spent years researching and uncovering the stories of indigenous people. Join us as we explore the rich and diverse history of our town.

Date: 5/3/2023 Location. Hosted on BetterManchester.com Contact info. Nico Arias. bettermanchester@manchester.gov Phone: (860) 647-3079

A Week in the Life **Photography Contest**

Photographers of all levels of experience and expertise are invited to participate in 1 of 3 workshops: portrait, landscape, or special effect photography. Workshop attendees will have a week to take pictures in Manchester and submit their best 3 online. A panel will select 23 to print, frame and display in the Expressions of Manchester Exhibit opening on August 6th.

Date: 5/11/2023 Time: 6:30PM-8:00PM Location • WORK SPACE, 903 Main Street Contact info- WORK SPACE Stacey Zackin, szackin@manchesterct.gov Phone: (860) 647-6029

2nd Saturday Downtown Date: 5/13/2023

Time: 10:00AM-4:00PM

In honor of Manchesters Bicentennial, a FREE trolley will be circling the Downtown area. Imagine Main Street Buskers singing at Trolley stops. Take a Butterfly stroll down Main Street to view Spring and Butterfly-Inspired Creations on display in our planters. Free parking. Food and Shopping; View and Create Art! Record your Manchester Memory @ WORK_SPACE.

300 Years of Manchester. The PAST. The PRESENT. The FUTURE. A 3-venue art show

Free transportation between venues by open air trollev.

THE PAST exhibit presented by the Manchester Historical Society, 175 Pine Street. Phone: (860) 647-9983

THE PRESENT exhibit @ the Lutz Museum. 247 South Main St.

Contact. pbuxton@lutzmuseum.org Manchester Public Elementary School student art on display

THE FUTURE exhibit @ WORK SPACE. 903 Main St. Artists illustrate their vision for what Manchester, CT will be like in the next century.

Contact. Stacey Zackin, szackin@manchesterct.gov Phone: (860) 647-6029

Reflect, Celebrate, Dream in the Park

A community event to include music, yoga, drum circle, time capsule display, 'your story preservation', kidzone, family fun and more!

Parks

Date: 5/13/2023 Time: 9:00AM-2:00PM

- Location · Center Memorial Park. Downtown Manchester Rain location Leisure Labs @ Mahoney, 110 Cedar St.
- Contact info. Heather Wlochowski. HeatherW@manchesterct.gov

Phone: (860) 647-5213

200 Trees for a Greener Tomorrow

In celebration of Manchester's Bicentennial, the Manchester Garden Club plans to GIVE 200 native tree seedlings, along with the fact sheets and planting instructions, to Manchester residents. Come visit our table at the Reflect, Celebrate, Dream in the Park event at Center Memorial Park.

Date: 5/13/2023 Time: 10AM-2:00PM **Location** · Center Memorial Park Rain location Leisure Labs @ Mahoney, 110 Cedar St.

Contact info. Manchester Garden Club Donna Kaffenberger. donna.kaffenberger60@gmail.com

A Day in the Park

The Manchester Elks are hosting annual 'Safe Kids' program. Participate in Hoop Shoot, a National Free Throw Program for Youth Ages 8-13. Take part in the soccer shoot, for youth under 14. Come have fun!

Date: 5/13/2023 Time: 11:00AM-3:00PM **Location** • Charter Oak Park Contact info. Manchester Elks Lodge #1893 Chris Terry, terryx4@cox.net

Don't Miss the Trolley!

In honor of Manchester's Bicentennial, a free trolley will be circling the Downtown area on May 13th. Some of the special events are listed below with more being planned.

Celebrate with us!

Saturday, May 13, 2023 | 10am-4pm





Events are free and for all ages unless otherwise noted.



The celebratory banners were raised in preparation for Manchester's Bicentennial Launch in January 2023.

Tiny Podcast-E2· Industry and Farming

Walter Woodward, Connecticut State Historian Emeritus, and Susan Barlow, Town of Manchester's Historian, join us as we explore the history of farming in Connecticut. In addition, we look closer at and uncover stories of the people and communities that have shaped the evolution of Industry here in Manchester, CT.

Date: 5/17/2023 Location: Hosted on BetterManchester.com Contact info: Nico Arias, bettermanchester@manchester.gov Phone: (860) 647-3079

Senior Center Bicentennial Breakfast

Enjoy a light breakfast of pastries, fruit, and coffee while reminiscing on the Senior Center's place in Manchester History. Call the Senior Center at 860-647-3211 to register.

Date• Thursday, May 18th, 2023 Time• 10:00AM – 11:30AM Location• Manchester Senior Center

Halfway to Turkey Day 5k & Spring St. Mile

Celebrate halfway to your favorite day in Manchester - Thanksgiving! Join us for 1/2 way to Turkey Day 5k or start easy with the Spring Street mile. T-shirts to all pre-registered runners. Walkers are welcome, however, there is a 1-hour course time-limit.

Date: 5/20/2023 Time: 8:30am-10:30am Location: Globe Hollow - 100 Spring St. Contact info: Manchester Running Company, manchesterrunningcompany@gmail.com Fee: \$10 youth | \$30 adults

MHS Spring Choir Concert

Join us for the MHS Spring Choir Concert! This year's theme is "safe travels" as we represent the journey of our community. No matter where we go in life, Manchester will always be home.

Date: May 25, 2023 Time: 7PM-8:30PM Location: Bailey Auditorium, Manchester High School, 134 Middle Turnpike East Contact: Carina Rosa, crosa@mpspride.org

Free Restring Day!

2023 is a milestone for Dubaldo Music Center -70 years in Business in Manchester! In honor of this and the Bicentennial we plan to use 70 + 200 (or more!) guitar strings on our "free Restring Day".

Date • 5/27/2023 Time • 10:00AM-2:00PM Location • Dubaldo Music Center, 881 Main St Contact info • Dubaldo Music Center Peter Dubaldo, pete@dubaldomusic.com Phone • (860) 649-2036

2023 Memorial Day Parade

The parade route will begin at the Army and Navy Club, 1090 Main St., turns right on Center St., and then circles Agostinelli Park (former Munro Park), and concludes at Center Park with a Memorial Day program honoring our fallen veterans. All are welcome.

Date: 5/29/2023 Time: 9:30AM Location: Downtown Manchester. Contact info: Permanent Memorial Day Parade Committee; Linda Rugaris, aruganis@cox.net

Tiny Podcast -E3, Cheney Family

Susan Barlow, the Manchester Historian, has a wealth of knowledge about the Cheney Rail Trail and the Cheney family's impact on the town. Susan will take us on a journey through time and give us a brief history of the trail and the Cheney family's role in shaping the town.

Date: 5/31/2023

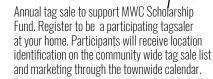
Location• Hosted on BetterManchester.com Contact info• Nico Arias, bettermanchester@manchester.gov Phone• (860) 647-3079

June

Celebrate Manchester Week June 3-10

Tag Sale

Town Wide Tag Sale



Date: 6/3/2023 (rain date: 6/4/2023) Time: varies by location Location: online map Contact info: Manchester Women's Club Karen Allies, kar_ski@hotmail.com Fee: \$20.00

Joseph D. Negri Concert in Center Memorial Park

Join us to kick off "Celebrate Manchester Week" Free concert featuring Soul Sound revue. Bring a blanket, chair, family and friends. Food available for sale.

Date: 6/3/2023 (rain date 6/4/2023) Time: 6:30PM Location: Center Memorial Park, Downtown Contact: Kevin Zingler, kzingler@marcct.org

Manchester Women's Club Scavenger Hunt

Have fun while exploring Manchester. Download your Scavenger Hunt card off the MWC website.

Date: 6/3/2023 Time: 10:00AM Location: download at: manchesterwomensclub.org Contact info: Manchester Women's Club Karen Allies, kar_ski@hotmail.com

Take a Hike National Trails Day Weekend



Take a hike on any of Manchester's extensive trail networks.

Date: 6/3/2023 Time: sunrise to sunset Location: go to bettermanchester.com and search "Trail Guide" Phone: (860) 647-3084

Art in the Park

The outdoor arts festival includes live music, and spoken word entertainment. To participate as an artist, vendor or performer contact us.



Senior Line Dance Party

Join us for an evening of fun and line dancing as we "Celebrate Manchester."

Date • 6/6/2023 Time • 6:00PM-8:00PM Location • Manchester Senior Center, 549 East Middle Tpke Contact info • Kevin Zingler, kevinzingler@gmail.org Age • 60+

Spruce Street Farmers Market Opening Day Scavenger Hunt

Pick up a market scavenger hunt card at our Welcome Pavillion and learn more about our market while you complete it: Featured food truck: Square Peg Pizzeria Food Truck

Date: 6/7/2023 Time: 4:30PM-7:30PM Location: Market Field, 163 Spruce St. Contact info: Cynde Acanto, cacanto@manchesterct.org Phone: (860) 647-3089



2nd Saturday Monthly Open House

Visit our art exhibits, shop in our Gallery Shop and tour our coworking and meeting spaces. Live entertainment by Imagine Main Street and art demonstrations and/or craft projects for the whole family.

Date• 6/10/2023 Time• 10:00AM-2:00PM Location• WORK_SPACE, 903 Main St. Contact info• Stacey Zackin, szackin@manchesterct.gov Phone• (860) 647-6029

Perennial Planters of Manchester "Through the Garden Gate" 2023 Garden Tour

Garden Tours of (6) residential gardens: 16 Tam Rd, 463 E Center St, 154 Haystack, 800 Spring St ext, 43 Elwood Rd, 52 Bell St. located in Manchester

Date: 6/10/2023 Time: 9:30AM-3:30PM Location: varies Contact info: Perennial Planters Garden Club of Manchester Judith Filiault, filiault.judyxf@gmail.com Fee: \$20 advance ticket \$25 day of

Tiny Podcast-E4· Buffalo Soldiers

Robert Harris, fellow veteran, talented author and mentor, will share his insights and knowledge about a topic that is often overlooked in the history of our military: the significant contributions of 'Buffalo Soldiers'. Robert will help us understand the impact these soldiers had on our country.

Date: 6/14/2023 Location: Hosted on BetterManchester.com Contact info: Nico Arias, bettermanchester@manchester.gov Phone: (860) 647-3079

Spruce Street Farmers Market Pride Month

Visit PFLAG Manchester/Hartford. Pride Flag giveaway, live music by Finn Rowan. Featured food truck: Lobster Tales.

Date • 6/14/2023 Time • 4:30PM-7:30PM Location • Market Field, 163 Spruce St. Contact info • Cynde Acanto, ccanto@manchesterct.org Phone • (860) 647-3089

Off Main Experience @ Purnell Place

A monthly mini-festival on Purnell Place that celebrates art, music, family and culture.

Date: 6/15/2023 Time: 5:00PM-8:30PM Location: Purnell Place, Downtown Contact info: Rise Up for the Arts! Matt Conway, matt.conway@theriseupgroup.org

Juneteenth Commemoration

This event is the commemoration of the ending of slavery in the U.S. Guest speakers, educational events, food, music, dancing along with other activities are all a part of this wonderful day!

Date: 6/17/2023 Time: 11:00AM-3:00PM Location: Leisure Labs at Mahoney, 110 Cedar St.

Contact info· Juneteenth Calvin Harris, charris@manchesterct.gov Phone• (860) 647-3088

Spruce Street Farmers Market Children's Day

Enjoy music by DJ Dale, temporary tattoos, meet Lutz Children's mascot, Chuckles. Featured food truck: Hungry Lion (gf).

Date: 6/21/2023 Time: 4:30PM-7:30PM Location: Market Field, 163 Spruce St. Contact info: Cynde Acanto, cacanto@manchesterct.org

Phone: ((860) 647-3089

Polish Food & Heritage Family Festival

Participants will have an opportunity to visit our historic site, taste Polish traditional dishes, listen to Polish folk music and get involved with activities! (workshops, bounce houses, and games about Polish heritage).

Date: 6/24/2023 Time: 12:00PM-6:00PM Location: St. John's Church, 23 Golway St. Manchester Contact info: St. John's Polish National Catholic Church, Father Adam Piekarzewski, r.adam@mail.com



A short history of the crucial place of the funeral home in a community and of Holmes-Watkins history in Manchester.

Date: 6/25/2023 Time: 4:00PM-5:00PM Location: Holmes-Watkins Funeral Home, 400 Main St.

Contact info• Holmes-Watkins Funeral Home Stephen St. John, steve@funeralsct.com Phone• (860) 643-2441

Tiny Podcast-E5: Manchester and Wartime

Paul Scappaticci, a veteran of the U.S. military and current DAV liaison, will take us through time to understand the impact of war on the Town of Manchester and its residents. How communities are affected by war and the aftermath plays a significant role in shaping our society.

Date: 6/28/2023 Location: Hosted on BetterManchester.com Contact info: Nico Arias, bettermanchester@manchester.gov Phone: (860) 647-3079



Rhonda Philbert, far right, Miss Juneteenth/ Miss Freedom Day 2021, is cheered on by Juneteenth celebrants.







Events are free and for all ages unless otherwise noted.

Spruce Street Farmers Market **Manchester Dav**

We are recognizing Manchester's Bicentennial. FREE swag, meet Manchester vendors and Departments. Register for programming, live music by Bill Ludwig. Featured food truck: Square Peg Pizzeria.

Date: 6/28/2023 Time: 4:30 PM-7:30PM Location • Market Field, 163 Spruce St. **Contact info**• Cynde Acanto, cacanto@manchesterct.org FARMERS MARKET **Phone** (860) 647-3089

Charter Oak Park Summer Kick-off

Bring the family to the Park! Enjoy our summer kick-off featuring inflatables, and recreational games and activities.

Date: 6/29/2023 Time: 6:00PM-8:00PM Location · Charter Oak Park, 50 Charter Oak St. Contact info. Josh Charrette, jcharette@manchesterct.gov Phone: (860) 647-3139

July

Spruce Street Farmers Market Picnic Dav

Stay and enjoy your market purchases at our picnic tables and blankets. Meet Lutz Children's Museum mascot, Chuckles, Featured food truck: Lobster Tales.

Date: 7/5/2023 Time: 4:30PM-7:30PM Location Market Field, 163 Spruce St. Contact info. Cynde Acanto. cacanto@manchesterct.org **Phone** (860) 647-3089



2nd Saturday Monthly Open House

Visit our art exhibits, shop in our Gallery Shop and tour our coworking and meeting spaces. Live entertainment by Imagine Main Street and art demonstrations and/or craft projects for the whole family.

Date: 7/8/2023 Time 10:00AM-2:00PM Location WORK_SPACE, 903 Main St. **Contact info** Stacey Zackin, szackin@manchesterct.gov Phone: (860) 647-6029

James 'Dutch' Fogarty **Independence** Dav Celebration

The celebration is to bring families, friends and loved ones together to celebrate our independence with food, fun, music

and fireworks! Date - 7/8/2023 (rain date: 7/9/2023) Time: 4:00PM-9:45PM Location Manchester Bandshell, 60 Bidwell St. **Contact info**. James 'Dutch' Fogarty Independence Day Celebration Committee Calvin Harris, charris@manchesterct.gov **Phone** (860) 647-3088

MARC Summer Concert Series

Mass Conn Fusion kicks off MARC's 12th Summer Concert Series. Food is available for purchase.

Date: 7/11/2023 (rain date: 7/12/2023) Time - 6:30PM-8:30PM Location 151-161 Sheldon Road Contact info- MARC, inc. of Manchester Mary-Ellen Callahan, mcallahan@marcct.org Phone: (860) 646-5718

Tinv Podcast-E6 History of Local Sports

Tim O'Neil and Joe Camposeo have been instrumental in shaping the Manchester Sports Hall of Fame where memorable moments and stories of legendary athletes and coaches in and from Manchester are memorialized. Join us as we look at the history of sports in the community and the impact sports and recreation has on the residents of Manchester.

Date: 7/12/2023 Location Hosted on BetterManchester.com Contact info. Nico Arias. bettermanchester@manchester.gov Phone: (860) 647-3079

Spruce Street Farmers Market **Recipe Dav**

Free recipe books from Connecticut Grown. Visit market vendors for recipe ideas. Visit UCONN SNAP-Ed. Live music by Finn Rowan. Featured food truck: Square Peg Pizzeria.

Date: 7/12/2023 Time: 4:30PM-7:30PM Location- Market Field, 163 Spruce St. Contact info. Cynde Acanto, 3 cacanto@manchesterct.org FARMERS MARKET Phone: (860) 647-3089



Beller's Music Summer Concert Series- Concerts in Center

This year's special Summer Concert Series of 5 performances will focus on people and groups with a deep Manchester history. It is our intention, not only to enrich and entertain, but also to spread enthusiasm for the Bicentennial. In case of inclement weather please check the website or social media for indoor location.

Date: 7/13/2023 Time: 6:00PM-8:00PM **Location** Center Memorial Park Contact info- Beller's Music/Dubaldo Music Nick Dubaldo, nick@dubaldomusic.com Phone: (860) 649-2036

Teach Your Dog a Trick

Mini pet vendor market – Read to "The Three Dogs" Gizmo, Gadget and Tiny Teddy.

Date: 7/14/2023 Time: 5:00PM-7:00PM **Location** • Northwest Park **Contact info** cobrien@manchesterct.gov **Phone** (860)647-3079 Fee. pre-registration required



Anthem Reggae Band performs a blend of calypso, R&B and rock & roll. Food is available for purchase.

Date 7/18/2023 (rain date: 7/19/2023) Time - 6:30PM-8:30PM Location • 151-161 Sheldon Road Contact info- MARC, inc. of Manchester Mary-Ellen Callahan, mcallahan@marcct.org **Phone** (860) 646-5718

Spruce Street Farmers Market 100th Market Celebration

Enter to win a \$100 Market Gift Certificate, proclamation by the Mayor, interactive mural. Free cake slices. Featured food truck: Hungry Lion (gf).

Date: 7/19/2023 Time 4:30PM-7:30PM Location Market Field, 163 Spruce St. **Contact info**. Cynde Acanto, cacanto@manchesterct.org Phone: (860) 647-3089





Beller's Music Summer Concert Series- Concerts in Center Memorial Park

This year's special Summer Concert Series of 5 performances will focus on people and groups with a deep Manchester history. It is our intention, not only to enrich and entertain, but also to spread enthusiasm for the Bicentennial. In case of inclement weather please check the website or social media for indoor location.

Date: 7/20/2023

Time• 6:00PM-8:00PM Location• Center Memorial Park Contact info• Beller's Music/Dubaldo Music Nick Dubaldo, nick@dubaldomusic.com Phone• (860) 649-2036

Off Main Experience @ Purnell Place

A night of vendors, art, live music and games. **Date**• 7/20/2023 **Time**• 5:00PM-8:30PM **Location**• Purnell Place, Downtown **Contact info**• Rise Up for the Arts! Matt Conway matt.conway@theriseupgroup.org

Arbors of Hop Brook -Pollinator Pathway Garden Dedication

Join us for some delightful music and refreshments on our patio and tour our newly dedicated Pollinator Pathway Garden. The numerous established tree species, flowering shrubs, fragrant perennial varieties, and herb plants help sustain a wide variety of birds, butterflies, and bees.

Date: 7/21/2023 Time: 1:30PM-3:00PM Location: Arbors of Hop Brook Senior Retirement Community and Assisted Living

403 West Center Street Contact• Mary Babcock 860-533-2524 or email mbabcock@arborsct.com.

MARC Summer Concert Series

Backstage Pass brings us back to the 1980's when hair was big and hair bands bigger! Food is available for purchase.

Date: 7/25/2023 (rain date: 7/26/2023) Time: 6:30PM-8:30PM Location: 151-161 Sheldon Road Contact info: MARC, inc. of Manchester Mary-Ellen Callahan, mcallahan@marcct.org Phone: (860) 646-5718

Tiny Podcast -E7: Round Table Discussion

Civic Organization Round Table

Date• 7/26/2023 Location• Hosted on BetterManchester.com Contact info• Nico Arias, bettermanchester@manchester.gov Phone• (860) 647-3079

Spruce Street Farmers Market Market Bingo

Pick up and return your completed market bingo card at our Welcome Pavilion for a free prize. Featured food truck: Soulfully Vegan

Date: 7/26/2023 Time: 4:30 PM-7:30PM Location: Market Field, 163 Spruce St. Contact info: Cynde Acanto, cacanto@manchesterct.org Phone: (860) 647-3089



This year's special Summer Concert Series of 5 performances will focus on people and groups with a deep Manchester history. It is our intention, not only to enrich and entertain, but also to spread enthusiasm for the Bicentennial. In case of inclement weather please check the website or social media for indoor location.

Date: 7/27/2023 Time: 6:00PM-8:00PM Location: Center Memorial Park Contact info: Beller's Music/Dubaldo Music Nick Dubaldo, nick@dubaldomusic.com Phone: (860) 649-2036

The Funeral Home in the Community

A short history of the crucial place of the funeral home in a community and of Holmes-Watkins history in Manchester

Date: 7/30/2023 Time: 4:00PM-5:00PM Location: Holmes-Watkins Funeral Home, 400 Main St.

Contact info• Holmes-Watkins Funeral Home Stephen St., John, steve@funeralsct.com **Phone**• (860) 643-2441

Uugust

Spruce Street Farmers Market Dog Day

Bring your dog and receive a free dog bandana: meet guest vendors with dog products: visit with Our Companions Animal Rescue. Meet Lutz Children's Museum mascot, Chuckles. Featured food truck: Square Peg Pizzeria.

Date • 8/2/2023 Time • 4:30PM-7:30PM Location • Market Field, 163 Spruce St. Contact info • Cynde Acanto, cacanto@manchesterct.org Phone • (860) 647-3089



This year's special Summer Concert Series of 5 performances will focus on people and groups with a deep Manchester history. It is our intention, not only to enrich and entertain, but also to spread enthusiasm for the Bicentennial. In case of inclement weather please check the website or social media for indoor location.

Date• 8/3/2023 Time• 6:00PM-8:00PM Location• Center Memorial Park Contact info• Beller's Music/Dubaldo Music Nick Dubaldo, nick@dubaldomusic.com Phone• (860) 649-2036

Expressions of Manchester Exhibit

People with intellectual and developmental disabilities have a unique view of and a personal connection to the world. In the EXPRESSIONS OF MANCHESTER exhibit, these artists use a variety of art forms to celebrate MARC, Inc.'s 70th Birthday and our hometown of Manchester's Bicentennial.

Date • 8/6/2023 (runs through 9/29/2023) Time • 10:00AM-2:00PM Location • WORK_SPACE, 903 Main St. Contact info • MARC, Inc. in Collaboration with WORK_SPACE, Stacey Zackin & Lynn Damon, szackin@manchesterct.gov Phone • (860) 647-6029



Cruisin' on Main Street Car Show

Annual Cruisin' on Main Street Car Show Date: 8/6/2023 (rain date: 8/13/2023) Time: 8:00AM-3:00PM Location: Downtown Main Street Contact info: Cruisin on Main Car Show

Larry Ash, cruisin@manchesterct.gov





Don't miss Town Troubador, Bill Ludwig, (above right with Dan Thompson), perform his newly released CD, "Songs of Village Charm" during the Reflect, Celebrate, Dream in the Park event at Center Memorial Park, Downtown Manchester, Saturday, May 13. See page 8 for details.

Of Village Cha

Songs of Village Charm CD available on all major streaming services or for purchase at BandCamp.

Tiny Podcast-E8: Race and Equity in Education

Dr. Diane Clare-Kearney and Rhonda Philbert of Manchester Public Schools Department of Race and Equity explore the important topic of race and equity in education and gain a better understanding of the work that is being done in Manchester to create a more just and equal community.

Date: 8/9/2023

Location Hosted on BetterManchester.com Contact info Nico Arias, bettermanchester@manchester.gov

Phone (860) 647-3079

Spruce Street Farmers Market National Farmer's Market Week

Free temporary tattoos, meet Gilbert & Meadow the Party Pigs 5-6:00, craft thank you notes for our farmers, touch-a-tractor. Live music by Willie T. and Doctor X. Featured food truck: Lobster Tales.

Date: 8/9/2023

Time• 4:30PM-7:30PM Location• Market Field, 163 Spruce St.

Contact info· Cynde Acanto, cacanto@manchesterct.org Phone· (860) 647-3089



Beller's Music Summer Concert Series- Concerts in Center Memorial Park

This year's special Summer Concert Series of 5 performances will focus on people and groups with a deep Manchester history. It is our intention, not only to enrich and entertain, but also to spread enthusiasm for the Bicentennial. In case of inclement weather please check the website or social media for indoor location.

Date: 8/10/2023 Time: 6:00PM-8:00PM Location: Center Memorial Park Contact info: Beller's Music/Dubaldo Music Nick Dubaldo, nick@dubaldomusic.com Phone: (860) 649-2036

Artist Chris Gann's mural of Purnell Place at the Off Main Experience Event on Purnell Place

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2nd Saturday Monthly Open House

EXPRESSIONS OF MANCHESTER exhibit including a photo display of A WEEK IN THE LIFE OF MANCHESTER. Co-curated by MARC and WORK_SPACE, this art collection celebrates the people and places that make Manchester home.

Date 8/12/2023 Time 10:00AM-2:00PM Location WORK_SPACE, 903 Main St. Contact info Stacey Zackin, szackin@manchesterct.gov Phone (860) 647-6029

Doggie Dunk

Annual dog swim for Manchester Dogs. Dogs must have current license on collar. Maximum 2 dogs per handler.

Date: 8/13/2023 Time: 9:00AM-3:00PM Location: Globe Hollow Reservoir -100 Spring St. Contact info: Josh Charrette,

jcharette@manchesterct.gov

Phone (860) 647-3139

Fee \$5/dog



Spruce Street Farmers Market Honey Bee Day

Market vendor Wilkinson Farm will have a bee observation display & honey for sale. Free bee craft. Featured food truck: Scatz Twisted Phillyz. **Date**· 8/16/2023 Time· 4:30PM-7:30PM Location· Market Field, 163 Spruce St. **Contact info**· Cynde Acanto, cacanto@manchesterct.org Phone· (860) 647-3089

Off Main Experience @ Purnell Place

A night of vendors, art, live music and games.

Date: 8/17/2023 Time: 5:00PM-8:30PM Location: Purnell Place, Downtown Contact info: Rise Up for the Arts! Matt Conway, matt.conway@theriseupgroup.org



Pups in Our Parks Showcase and Agility Dog Course Demo

Join in a demonstration of an agility dog course and a special sneak peek of the "Pups in OurParks," 10 pre-cast dogs artified by local and regional artists.

A Dog City Event

Date: 8/18/2023 Time: 5:00PM-7:00PM Location: Northwest Park Contact info: Nico Arias, Narias@manchesterct.gov Phone: (860) 647-3079

Kite Building & Flying Event

This event will include kite building, decorating and flying for the novice as well as the experienced. Kites can be purchased. Food trucks will be present during the day. Fun individual or family event!

Date: 8/19/2023 (rain date: 8/20/2023) Time: 11:00AM-3:00PM Location: Northwest Park Contact info: Rotary Club of Manchester, CT Ken Golden, kegolden@gmail.com Phone: (508) 245-0897 Kites may be purchased on site.

Tiny Podcast-E9. History of Manchester

Welcome to our podcast, where we explore the stories and events that shape the history of our town. We will delve into the rich history of Manchester, a history that is deep and multifaceted. It's important to learn from past mistakes and successes to shape our future.

Date: 8/23/2023 Location• Hosted on BetterManchester.com Contact info• Nico Arias, bettermanchester@manchester.gov Phone• (860) 647-3079

Spruce Street Farmers Market Sports Day

Free pick-up badminton with staff, additional games on Market Field, wear your favorite jersey. Featured food truck: Square Peg Pizzeria.

Date: 8/23/2023 Time: 4:30PM-7:30PM Location: Market Field, 163 Spruce St. Contact info: Cynde Acanto, cacanto@manchesterct.org Phone: (860) 647-3089



Silk City Fest

Join us for our annual celebration of local music and art with performances and art vendors all day! There will be games and art activities as well as craft beer and food trucks.

Date• 8/26/2023 Time• 1:00PM-9:30PM Location• Purnell PI, Orange Lot Contact info• Chris Huestis, info@artfud.org

The Funeral Home in the Community

A short history of the crucial place of the funeral home in a community and of Holmes-Watkins history in Manchester.

Date: 8/27/2023 Time: 4:00PM-5:00PM Location: Holmes-Watkins Funeral Home, 400 Main St.

Contact info• Holmes-Watkins Funeral Home Stephen St. John, steve@funeralsct.com Phone• (860) 643-2441

Spruce Street Farmers Market Closing Day Contest

Visit our Welcome Pavilion and be entered to win one of four \$10 market gift certificates (valid at Spruce St. and NW Park Farmers Markets). Featured food truck: Square Peg Pizzeria.

Date: 8/30/2023 Time: 4:30PM-7:30PM Location: Market Field, 163 Spruce St. Contact info: Cynde Acanto, cacanto@manchesterct.org

Phone• (860) 647-3089



September

Northwest Park Farmers Market Opening Day Scavenger Hunt

Pick up market scavenger hunt at our Welcome Table and learn more about our market while you complete it. Featured food truck: Square Peg Pizzeria.

Date: 9/6/2023 Time: 4:00PM-7:00PM Location: Northwest Park, 448 Tolland Tpke. Contact info: Cynde Acanto, cacanto@manchesterct.org Phone: (860) 647-3089



2nd Saturday Monthly Open House

EXPRESSIONS OF MANCHESTER exhibit including a photo display of A WEEK IN THE LIFE OF MANCHESTER - Co-curated by MARC and WORK_SPACE, this art collection celebrates the people and places that make Manchester home.

Date: 9/9/2023 **Time**, 10:00AM-2:00PM Location WORK SPACE, 903 Main St. Contact info- WORK SPACE Stacey Zackin, szackin@manchesterct.gov Phone, (860) 647-6029

Gizmo, the Therapy Dog, **Retirement Celebration/Pups in Our Parks Exhibit**

Join in with the AFSP (American Foundation for Suicide Prevention) and friends as we celebrate Gizmo the Therapy Dog's retirement! Get a sneak preview of the Pups in the Park exhibit installed throughout the park. Canine/feline vendors will be included in a mini-marketplace.

Date: 9/9/2023 Time 8:00AM-4:00PM **Location** • Northwest Park Contact info- Nico Arias. Narias@manchesterct.gov Phone: (860) 647-3079



Youth Cricket Clinic and Tournament

Youth ages 8-15 can come learn the game of cricket, play in a match and leave with a cricket swag bag. This event is sponsored by the Manchester Rotary Club.

Date 9/9/2023 (rain date: 9/10/2023) Time: 9:00AM-11:30AM Location Robertson Park (cricket field) Contact info- Recreation Division Calvin Harris, charris@manchesterct.gov Phone: (860) 647-3084



Cricket Day

Adult Cricket exhibition game, food trucks, music and a fun zone for kids. Sponsored by the Manchester Rotary Club.

Date 9/9/2023 (rain date: 9/10/2023) Time: 11:30AM-6:00PM **Location** Robertson Park (cricket field) **Contact info** Recreation Division Calvin Harris, charris@manchesterct.gov Phone: (860) 647-3084

Northwest Park Farmers Market Children's Day

Enjoy music by DJ Dale, free temporary tattoos, bounce house, meet Gilbert & Meadow the Party Pigs 4:30-5:30, meet Lutz Children's Museum mascot, Chuckles. Feature food truck: Hungry Lion (gf).

Date 9/13/2023 Time 4:00PM-7:00PM **Location** Northwest Park, 448 Tolland Tpke. **Contact info**. Cynde Acanto, ccanto@manchesterct.org Phone: (860) 647-3089

HilliardFest 2023

Hilliard Mills, America's oldest woolen mill, welcomes the public to come celebrate Manchester's 200th and Hilliard Mills' 350th anniversaries.

Date: 9/15/2023 Time: 5:00PM-9:00PM Date 9/16/2023 Time 11:00AM-9:00PM Date: 9/17/2023 Time: 11:00AM-6:00PM

Location 642 Hilliard St. Contact info- Hilliard Mills, LLC Peter Bonzani. Peter.Bonzani@hilliardmills.com **Phone** (860) 432-4336

Music, Art and Fashion Festival

A night of fashion, live music, food and interactive art!

Date: 9/15/2023 (rain date: 9/16/2023) Time: 6:00PM-9:30PM Location Mt. Nebo, 125 Spring St. **Contact info**. Kathleen McGuire.

kmcguire@manchesterct.gov Phone: (860) 647-3084 Fee- tickets on sale July 2023 Ages: 16 +



Fire Department Open House Past, Present & Future.

This family friendly event will feature apparatus and equipment demonstrations as well as information about fire department history and modern fire protection & EMS capabilities.

Date 9/16/2023 Time 11:00AM-3:00PM **Location**, Fire Headquarters, 75 Center St. Contact info. Manchester Fire Dept Josh Beaulieu, beaulieuj@manchesterct.gov

Hispanic Hertitage Day

Come celebrate Heritage Day with live music, dancing, food trucks, resource market, fun zone, art zone. Sponsored in part by the Manchester Latino Affairs Council.

Date 9/16/2023 Time: 11:00AM-3:00PM **Location** - Leisure Labs at Mahoney Center, 110 Cedar Street.

Contact info. James Costa, jcosta@manchesterCT.gov **Phone** (860) 647-3089

Northwest Park Farmers Market **Sports Day**

Drop-in wiffle ball game with equipment to take home. Wear your favorite jersey. Featured food truck: Square Peg Pizzeria.

Date: 9/20/2023 Time: 4:00PM-7:00PM Location Northwest Park, 448 Tolland Tpke. Contact info. Cynde Acanto. cacanto@manchesterct.org Phone: (860) 647-3089







Sports Hall of Fame Exhibit Opening

Opening exhibit at the new home for the Manchester Sports Hall of Fame at Leisure Labs.

Date: 9/20/2023 Time: 6:00PM-8:00PM Location: Sports Hall of Fame at Leisure Labs at Mahoney Center, 110 Cedar Street. Contact info: Manchester Sports Hall of Fame | Chicky Barrera.

chicksterb@yahoo.com



Let's Have a Ball Senior Picnic

Join us for a delicious lunch, games, live music, prizes, and more.

Date: 9/21/2023 Time: 11:30AM-2:00PM Location: Northwest Park Pavilion, 448 Tolland Tpke. Contact info: Pre-register by calling the Senior Center (860) 647-3211

Off Main Experience @ Purnell Place

A night of vendors, art, live music and games.

Date: 9/21/2023 Time: 5:00PM-8:30PM Location: Purnell Place, Downtown Contact info: Rise Up for the Arts! Matt Conway, matt.conway@ theriseupgroup.org

Lights in the Sky - A Drone Show Event

Join us for a night of family fun, markets, kid zone, live music, Pups in the Park exhibit, premier of the Living History Documentary and a first of its kind drone show!

Date: 9/22/2023 (rain date: 9/23/2023) Time: 5:00PM-9:00PM Location: Northwest Park, 448 Tolland Tpke. Phone: (860) 647-3084

Community Child Guidance Clinic's Family Fall Fest

Join The Community Child Guidance Clinic as Manchester Early Childhood Collaborative partners to present this fun fair/resource fair! Kids can enjoy a day of fun including a bounce house and petting zoo. Parents can access resource tables from local community organizations and businesses. A Fair the whole family can enjoy! All ages welcome.

Date• 9/23/2023 Time• 11:00AM-2:00PM Location• 1075 Tolland Turnpike Contact info• Manchester Early Childhood Collaborative, Caitlin McNamara, cmcnamara@manchesterct.gov Phone• (860) 647-5269



Manchester Then and Now

A new exhibit at the Manchester History Center, Then and Now opened in March of 2022. This new exhibit is open to the public Wednesday through Friday from 10 a.m. to 2:00 p.m. and on Saturdays, noon to 4 p.m.

The Historical Society was awarded a \$4,999 grant from Connecticut Humanities for use in preparation of the exhibit. It was matched by donors who more than doubled the value of the grant for which the Historical Society was grateful and without that support, the exhibit would have not been possible.

The main themes chosen for the exhibit include Create Build & Craft, Work & Innovate, Learn, Play & Exercise, Shop & Eat, and Advocate & Push for Change. Artifacts and images were chosen from existing collections to represent the themes, and many have not been on display before. They help to connect the past to the present and how the town and its residents have changed throughout their common history and contributed to their nation's development.

Manchester History Center Exhibit Location and Hours 175 Pine Street, Manchester, CT Wednesday-Friday, 10 a.m.-2 p.m. Saturdays, 12 p.m.-4 p.m.





Northwest Park Farmers Market Recipe Day

Free recipe books from Connecticut Grown, visit market vendors for recipe ideas, visit with UCONN SNAP-Ed. Featured food truck: Lobster Tales.

Date 9/27/2023 Time: 4:00PM-7:00PM Location • Northwest Park, 448 Tolland Tpke. **Contact info**. Cynde Acanto, cacanto@manchesterct.org **Phone** (860) 647-3089 **FARMERS MARKET**



Rotary in Motion

4th annual FREE community wide event starting at Charter Oak Park promoting the use of our trails and greenways by all abilities, groups and interests.

Date 9/30/2023 (rain date: 10/7/2023) Time: 9:30AM-3:00PM **Location** • Charter Oak Park

Contact info- Rotary Club of Manchester, CT Robert Rodner, r.rodner@cox.net

Manchester Rotary Club

Community Baby Shower

Phone: (860) 559-7132

Manchester Early Childhood Collaborative partners with ECHN Family Birthing & ECHN Family Development Centers. There will be fun activities, toys, local resources and providers. baby gear swap, and more all for the littlest (or soon-to-be) Manchester residents and their families.

Date: 9/30/2023 Time 10:00AM Location · Northwest Park Pavilion, 448 Tolland Toke. Contact info- Manchester Early Childhood Collaborative, Caitlin McNamara, cmcnamara@manchesterct.gov

Phone: (860) 647-5269





Northwest Park Farmers Market Dog Dav

Bring your dog and receive a free dog bandana: meet guest vendors with dog products, visit with Our Companions Animal Rescue. Meet Lutz Children's Museum mascot, Chuckles, Featured food truck: Scatz Twisted Phillvz

Date: 10/4/2023 Time: 4:00PM-7:00PM Location Northwest Park, 448 Tolland Tpke. **Contact info**. Cynde Acanto,



Northwest Park Farmers Market Free Pumpkin Carving Night

Free Pumpkin carving for Fall Fest event on 10/13.

Carved pumpkins will be stored for the Fall Fest event to be used as jack-o'-lanterns for the Haunted Zombie Trail. Creators can retrieve pumpkin at the end of the 10/13 event. All ages. Featured food truck: Square Peg Pizzeria.

Date: 10/11/2023 Time 4:00 PM-7:00PM Location Northwest Park, 448 Tolland Tpke. Contact info- Cynde Acanto, cacanto@manchesterct.org **Phone** (860) 647-3089

> Zack Carroll of Zack Carrol Photography, working on The Living History Project as Dave Smith, curator of The Manchester Historical Society, looks on.



Exhibit Opening and Reception at the Galleries at WORK SPACE **Authors & Illustrators Exhibit**

Exhibit opening and reception with light refreshments as well as a panel discussion and book signing. This exhibit features some of Manchester's authors and illustrators.

Date: 10/12/2023 Time : 5:30PM Location • WORK_SPACE, 903 Main St. Contact info. Manchester Public Library lenn Bartlett Phone: (860) 645-0821

Family Fall Fest

Join us for the annual Family Fall Fest to include vendors, bounce houses, a Haunted Zombie Trail and of course CANDY! Dress up in your favorite costume.

Date 10/13/2023 (rain date:) Time: 5:00PM-8:00PM Location Northwest Park, 448 Tolland Tpk. Contact info. Josh Charette. jcharette@manchesterct.gov Phone: (860) 647-3139



First minutes of the Town of Manchester. Digital replications of the minutes, produced by Zack Carroll, will be viewable as part of an installation at the Lincoln Center in the Board of Directors Hearing Room. Scheduled to be installed for the May 2, 2023 Board of Directors public meeting.





Events

Events are free and for all ages unless otherwise noted.

2nd Saturday Monthly Open House

Visit our art exhibits, shop in our Gallery Shop and tour our coworking and meeting spaces. Live entertainment by Imagine Main Street and art demonstrations and/or craft projects for the whole family.

Date 10/14/2023 Time 10:00AM-2:00PM Location WORK_SPACE, 903 Main St. Contact info WORK_SPACE Stacey Zackin, szackin@manchesterct.gov Phone (860) 647-6029



Authors & Illustrators Writers Conference

For both wannabe and experienced writers. Will include experiential exercises and opportunity to get feedback to determine next steps. Includes breakfast and lunch and an opportunity to participate in three different workshops.

Date: 10/14/2023 Time: 9:30AM-3:00PM Location: WORK_SPACE, 903 Main St. Contact info: Manchester Public Library Jenn Bartlett Phone: (860) 645-0821

Authors & Illustrators Art that Transforms

Willona Y. Amoakoh, B.Ed, LMSW will present a program that explores the conscious and unconscious responses we as individuals respond to through visual communication. We will explore how a single image can provoke thoughts, words, and emotions that initiate change.

Date 10/16/2023 Time 6:30PM-8:00PM Location WORK_SPACE, 903 Main St. Contact info Manchester Public Library Jenn Bartlett Phone (860) 645-0821

Northwest Park Farmers Market Market Bingo

Pick up and return your completed market bingo card at our Welcome Table for a free prize. Featured food truck: Lobster Tales.

Date · 10/18/2023 Time · 4:00PM-7:00PM Location · Northwest Park, 448 Tolland Tpke. Contact info · Cynde Acanto, cacanto@manchesterct.org Phone · (860) 647-3089

Authors & Illustrators How to Become a Published Author (part A)

At this panel discussion, a guest from CT Publishing Houses and Book Agents will share insights into becoming a published author and illustrator.

Date 10/23/2023 Time 6:30PM-8:00PM Location Mary Cheney Library Contact info Manchester Public Library Jenn Bartlett Phone (860) 645-0821

Northwest Park Farmers Market Halloween Costume Day

Family friendly costumes encouraged, dog costume parade at 6:00PM. Featured food trucks: Good Farm and Square Peg Pizzeria.

Date: 10/25/2023 Time: 4:00PM-7:00PM Location: Northwest Park, 448 Tolland Tpke. Contact info: Cynde Acanto,

cacanto@manchesterct.org **Phone**• (860) 647-3089



November

Authors & Illustrators Create a Scrapbook of Stories

In honor of National Authors Day, National Family Literacy Day, and Family Stories Month, we will host an intergenerational event where families and friends are invited to create a scrapbook of stories.

Date: 11/1/2023 Time: 6:30PM-8:00PM Location: Whiton Library Contact info: Manchester Public Library Jenn Bartlett

Bicentennial Events

"The Three Dogs" Night Events.

July 14th – Teach Your Dog a Trick - mini pet vendor market – Read to "The Three Dogs" Gizmo, Gadget and Tiny Teddy. Northwest Park 5PM-7PM Contact info· cobrien@manchesterct.gov (860) 647-3079

August 18th – Dog Agility Demonstration – mini pet vendor market – Read to "The Three Dogs" Gizmo, Gadget and Tiny Teddy. Northwest Park 5PM-7PM Contact info· cobrien@manchesterct.gov (860) 647-3079

Sept 9th – Gizmo, the Therapy Dog, Retirement Celebration – come together with AFSP(American Foundation for Suicide Prevention) and visit with Gizmo as he ends his retirement tour. Dog friendly family fun throughout the day. Northwest Park 8AM-4PM. **Contact info**· cobrien@manchesterct.gov (860) 647-3079

Opening "For the Love of a Dog" – **Manchester High School Student Show** curated by Kelly Burns. Exhibit runs Sept 6th-Sept 27th. Located in The Tiny Gallery, Northwest Park, 448 Tolland Tpk. Manchester , CT "Pups in OurParks" – unveiling of the parade of "Pups" sculptures in the park.



Authors & Illustrators Veterans Poetry Event

Military Veterans are invited to share their own poetry that has meaning for them and their experience of serving and sacrifice. A special focus will be placed on engaging women, LGBTQ+, and BIPOC veterans whose voices have been over-shadowed in the past and experiences under-represented.

Date: 11/8/2023 Time: 6:30PM-8:00PM Location: Whiton Library Contact info: Manchester Public Library Jenn Bartlett Phone: (860) 645-0821

2nd Saturday Monthly Open House

MANCHESTER AUTHOR & ILLUSTRATOR exhibit – and art show featuring the work of local artists and illustrators.

Date: 11/11/2023 Time: 10:00AM-2:00PM Location: WORK_SPACE, 903 Main St. Contact info: WORK_SPACE Stacey Zackin, szackin@manchesterct.gov

Phone (860) 647-6029

Authors & Illustrators How to Become a Published Author (part B)

During this panel discussion, we explore the opportunities of self-publishing. Local authors who decided to bypass traditional publishing will share their tips and advice for editing, printing, and selling your books through the many alternate venues available to novice writers.

Date: 11/13/2023 Time: 6:30PM-8:00PM Location: WORK_SPACE, 903 Main St. Contact info: Manchester Public Library Phone: (860) 645-0821

The Manchester Road Race

The best Thanksgiving Day Road Race in the US with the best hometown support. **Date**• 11/23/2023 **Time**• 10:00AM **Location**• Downtown, Main Street **Contact info**• Manchester Road Race, Inc. Tris Carta, carta1954@gmail.com **Phone**• (860) 646-2251

Fee \$32.00 themanchesterroadrace.com





11/25 Shop Small Saturday Indoor Market

Shop Small Saturday is the day for supporting small businesses and starting your holiday shopping. We hope you'll visit Spruce Street Farmers Market inside the gymnasium of Nathan Hale, 160 Spruce Street, Manchester, on **Saturday 11/25 from 9am to 1pm**! Shop local with 25 Connecticut farms, prepared food vendors, and artisans. Free parking & free admission. We accept and double SNAP/EBT up to \$20.00. Cynde Acanto, cacanto@manchesterct.org. Phone: (860) 647-3089



2nd Saturday Monthly Open House

The PERSPECTIVES OF TIME exhibit illustrates how individual people and cultures relate to time. Live entertainment by Imagine Main Street and art demonstrations and/or craft projects for the whole family.

Date: 12/9/2023 Time: 10:00AM-2:00PM Location: WORK_SPACE, 903 Main St. Contact info: WORK_SPACE Stacey Zackin, szackin@manchesterct.gov Phone: (860) 647-6029

Annual Love Local Holiday Market

This pop-up vendor fair features the unique creations of local artists. Support local artists while finding one-of-a-kind gifts for the special people in your life. Interested vendors can complete and submit form at workspacemanchester.com/art-culture/.

Date: 12/9/2023 Time: 10:00AM-2:00PM Location: WORK_SPACE, 903 Main St. Contact info: WORK_SPACE Stacey Zackin, szackin@manchesterct.gov

Holiday in the Park

Phone: (860) 647-6029

Join us for Holiday in the Park! This drive-thru event will be filled with music, some of your favorite characters, treats and a surprise gift. (Supplies limited)

Date: 12/16/2023 Time: 9:00AM-11:00AM Location: Northwest Park, 448 Tolland Tpk. Contact info: LFR Josh Charette, jcharette@manchesterct.gov Phone: (860) 647-3139 Ages: children & youth

12/16 Indoor Holiday Market

Our Indoor Holiday Market is the perfect place to support small businesses and finish your holiday shopping! Shop local with 25 Connecticut farms, prepared food vendors, and artisans. We accept and double SNAP/EBT up to \$20.00. **Inside the gymnasium of Nathan Hale, 160 Spruce Street, Manchester, on Saturday 11/25 from 9am to 1pm**. Free parking & free admission.





Happy Birthday Manchester

Music and Lyrics by Bill Ludwig, Town Troubador

Manchester's been home sweet home to folks 200 years This bicentennial let's celebrate with many cheers All the things we love about her Things that make us proud to call her ours The things that make us sure that in two hundred years she'll still make people proud

We can celebrate the kids and schools and teachers help us learn And celebrate small businesses you'll find at every turn Those green open spaces Spots to clear our heads and run around Oh Manchester's just big enough but still a pretty, quaint New England town

(Chorus)

Oh, happy anniversary Of the founding of our home Happy birthday, Manchester Our City of Village Charm

The people here in Manchester are the best you'll ever meet As evidenced by the smiles found when strolling down Main Street There's some kids running bases Shooting hoops and skating down the road Whether Summer, Autumn, Winter or Spring from all around the Silk City people will go

The prettiest town for miles 'round to raise a family All backgrounds, faiths and cultures make up our community All the arts and farmer's markets Chuckles predicts Spring or snow Libraries and museums, MCC, The Little Theatre for a show

(Chorus)

Oh, happy anniversary Of the founding of our home Happy birthday, Manchester Our City of Village Charm

(Outro)

Oh, congratula<mark>tions</mark> On your bicentennial A big round of applause





YOUTH PROGRAMS



Girls Week

Girls are invited to make friends, talk about important issues, and gain confidence through creative activities and inspiring trips. This week is a great time to be expressive and be inspired.

Location: Manchester Youth Service Bureau Fee: No Fee Session 1: 07/10/23-07/14/23, 9:00 AM-3:00 PM Age: 7-11 Session 2: 08/07/23-08/11/23, 9:00 AM-3:00 PM **Age:** 10-13

Session 3: 08/14/23-08/18/23, 9:00 AM-3:00 PM Age: 14+

Boys Weeks

Week long enrichment programs and a chance for young men to discover something new through engaging and physical activity! Facilitator: Shakir Leacock

Location: Manchester Youth Service Bureau Fee: No Fee

AGES 10-12

Meets: M-F 07/17/23-07/21/23, 9:00 AM-3:00 PM

AGES 13+ Meets: M-F 08/14/23-08/18/23, 9:00 AM-3:00 PM

Urban Expedition

Enjoy a week of exploring Manchester and seeing local sights you may never have seen before. Join us to see some of the great things Manchester has to offer. Be prepared for an epic Manchester adventure. Location: Manchester Youth Service Bureau Aae: 10-14 Meets: 7/31/23-8/4/23, 9:00 AM-3:00 PM Fee: No Fee



PFLAG

PFLAG is committed to advancing equality and full societal affirmation of lesbian, gay, bisexual, transgender, and queer (LGBTQIA+) people through its threefold mission of support, education, and advocacy. By supporting this mission, PFLAG aims to make our community a healthier, more well-informed, safer, fairer, and happier place for LGBTQIA+ people, their families, and their loved ones. Meetings are open* and designed to support families with LGBTQIA+ youth. Meetings will be structured to include an LGBTQIA+ youth group (ages 12-18) and a parent/ally support group.

Facilitator: Kellie Gauvin Meets: Monthly, first T, 6:30-8:00 PM Location: Manchester Youth Service Bureau

Family Audubon Spring Census

Each spring tens of thousands of volunteers throughout the Americas take part in the Annual Audubon, ages 10-14 to assess the health of bird populations, and to help guide conservation action. Take part in this effort and join Poppy. This is a terrific community service opportunity! We will provide binoculars & lunch. Parents, guardians, and youth in grades 4-12 are welcome! Registration is required.

Location: Manchester Youth Service Bureau & Offsite Meets: Sa., 05/06/23, 9:00 AM-3:00 PM Fee: No Fee

Passport to Family Fun!

You don't need to travel far to have fun! Join us for monthly family activities, including pottery painting, family trivia, gingerbread house competition, family bingo, cupcake decorating, drum circle, paint party, and more! All families will receive a "Passport," which will be stamped at each event. Families who attend 5 or more events throughout the year will be entered into a drawing for a Grand Prize! Facilitator: Kellie Gauvin

Age: 8+ and parent(s)/guardian(s) Meets: Th, 05/11/23, 06/08/23, 5:30-7:30 PM Location: Manchester Youth Service Bureau Fee: No Fee

Youth and Police

Manchester Police and high school youth will meet monthly to build relationships with officers by participating in a variety of team building and leadership opportunities. Great way to make positive connections and become active in the community! Facilitator: Kellie Gauvin Location: Manchester Youth Service Bureau Ages: 15-18 Meets: Th, 05/18/23, 3:30-6:30 PM Fee: No Fee

Journey

In this program you'll discover nature, learn about plants and animals, and try your hand at woodworking while working independently and as a group. Facilitated by the infamous Poppy! You're sure to have fun and learn A LOT! (Program capacity: 10 participants)

Instructor: Pete (Poppy) Wlochowski Location: Manchester Youth Service Bureau Fee: No Fee

Session 1: 07/10/23-07/14/23, 9:00 AM-3:00 PM Aae: 11-14

Session 2: 07/17/23-07/21/23, 9:00 AM-3:00 PM Age: 7-10

Session 3: 07/24/23-07/28/23, 9:00 AM-3:00 PM Age: 10-14

Summer Youth Employment Program

The 2023 Summer Youth Employment and Learning Program (YELP) is a youth employment program connecting Connecticut youth living in the North Central Region between the ages of 16 and 24 (Manchester residence) with career exploration opportunities and paid work experience. Participants have the opportunity to explore their interests and career pathways, develop workplace skills, and engage in learning experiences that help in developing their social, civic and leadership skills. A permission slip is required. If interested please contact Sheridan Douglass at (860) 647-5216, or apply directly at https://capitalworkforce.org/syelp/

Sibshop

Every Sibshop meeting starts with dinner, and always includes a lot of fun, goofy games, and opportunities for heartfelt conversations between kids who share the pleasures and special challenges of having a sibling with special needs. Call Tasha Weston (860) 647-5215 for more information or to register.

Location: Manchester Youth Service Bureau Age: 7+

Meets: 1st F, 05/19/23 & 06/16/23, 5:30-8:00 PM Fee: No Fee

YOUTH PROGRAMS

Teen Center

The Teen Center offers a place for youth to come together and socialize with their peers in a structured, supervised environment. Students can play video games, pool, foos ball, board games, surf the internet, or participate in a variety of other creative, fun, and interactive activities. Open to all youth (7th-12th grade). Location: Manchester Youth Service Bureau

Meets: 05/03/23-06/01/23

Hours: W: 12:30-6:00 PM | Th: 2:30-6:00 PM

True You

Spend a week learning about who YOU are. We'll be doing lots of fun activities and trips where you'll learn more about yourself, how to handle the stress life throws at us, and how to make a positive impact on the world around you.

Location: Manchester Youth Service Bureau Meets: M-F, 07/31/23 - 08/04/23, 9:00 AM-3:00 PM Age: 11-13

Fee: No Fee

Jazz for Kids

Jazz for kids dancing offers an improvised and energetic style of exercise that allows participants to physically express themselves through a range of routines. With flowing movements similar to ballet, jazz dancers combine sharp turns, large leaps and quick footwork in a show of flexibility and grace.

Instructor: Mikayla Quey Location: Community Y Dance Room **Ages:** 6-12 Meets: T, 06/06/23-08/15/23, 5:00-6:00 PM Fee: \$54/\$67 (nr) [No Class 07/04/23]

Youth Basketball Leagues

Team play with emphasis on fundamental instruction & competitive play. For boys & girls, played outdoors. Participants should bring sneakers, shorts, shirt and a water bottle. If leagues do not have enough enrollment, we will combine the leagues and adjust the night schedules.

CO-ED YOUTH (8-9)

Instructor: Volunteer Coaches Location: Charter Oak Park Outdoor Courts Ages: 8-9 years old Meets: M/Tu, 06/26/23-08/22/23, 6:00-8:00 PM (No Practice 07/03/23 & 07/04/23) Fee: \$35 *Mandatory Clinic 06/07/23 @ Leisure Labs at 6:00 PM.

CO-ED YOUTH (10-12)

Instructor: Volunteer Coaches Location: Charter Oak Park Outdoor Courts Ages: 10-12 years old Meets: W/Th, 06/28/23-08/17/23, 6:00-8:00 PM Fee: \$35 *Mandatory Clinic 06/07/23 @ Leisure Labs at 7:00 PM.

Kids Tennis Lessons

Learn to play the game of tennis stressing footwork, ground strokes, service and volleying. Bring your own racquet.

Instructor: Volunteer Instructors Location: Summit Street Tennis Courts Age: 4-7 years old

MORNING SESSIONS

Meets: M-Th, 9:30-10:00 AM (F rain out) Session 1: 07/03/23-07/07/23 (No Class 07/04/23) Session 2: 07/10/23-07/13/23 Session 3: 07/17/23-07/20/23 Session 4: 07/24/23-07/27/23 Session 5: 07/31/23-08/03/23 Session 6: 08/07/23-08/10/23 Session 7: 08/14/23-08/17/23 Fee: \$19/ \$23 (nr) per week

EVENING SESSIONS

Meets: M/W, 5:00-5:30 PM Session 1: 06/05/23-06/21/23 Session 2: 06/26/23-07/12/23 Session 3: 07/17/23-08/02/23 Session 4: 08/07/23-08/23/23 Fee: \$25/ \$30 (nr) per week

Youth Tennis Lessons

Learn to play the game of tennis stressing footwork, ground strokes, service and volleying. Bring your own racquet.

Instructor: Volunteer Instructors Location: Summit Street Tennis Courts Ages: 8-12 years old

MORNING SESSIONS

Meets: M-Th, 10:00-11:00 AM (F rain out) Session 1: 07/03/23-07/07/23 (No Class 07/04/23) Session 2: 07/10/23-07/13/23 Session 3: 07/17/23-07/20/23 Session 4: 07/24/23-07/27/23 Session 5: 07/31/23-08/03/23 Session 6: 08/07/23-08/10/23 Session 7: 08/14/23-08/17/23 Fee: \$32/ \$39 (nr) per week

EVENING SESSIONS

Meets: M/W, 5:30-6:30 PM Session 1: 06/05/23-06/21/23 Session 2: 06/26/23-07/12/23 Session 3: 07/17/23-08/02/23 Session 4: 08/07/23-08/23/23 Fee: \$45/ \$55 (nr) per week

Teen Tennis Lessons

Location: Summit Street Tennis Courts Ages: 13-18 years old Meets: M/W, 6:30-7:30 PM Session 1: 06/05/23-06/21/23 Session 2: 06/26/23-07/12/23 Session 3: 07/17/23-08/02/23 Session 4: 08/07/23-08/23/23 Fee: \$45/ \$55 (nr) per week



Ropes Challenge Course LEADERSHIP - TEAM WORK - GOAL SETTING - FUN GAMES

- INITIATIVES - LOW ROPES - HIGH ROPES - ZIP LINE

SUMMER CAMP 2023

Each day will include fun active games, low elements which present challenges 2-3 feet off the ground and high elements where participants will climb 25-40 feet in the air! Our philosophy is "Challenge by Choice" in other words each participant chooses their level of challenge. All instructors are highly skilled and experienced in creating an exciting and inspiring adventure. Facilitator: Sue Larson

Location: Manchester Ropes Challenge Course, 180 Hillstown Road (Veteran's Memorial Soccer Complex) Ages: 10-14

Meets: 06/26/23-06/30/23, 2023, 9:00 a.m.-3:00 p.m. Fee: \$250.00 (Limited Scholarship funds are available)

LEADERSHIP CAMP 2023

For an unforgettable experience, Youth will have the opportunity to develop their leadership skills through a series of fun and challenging physical adventure activities that will change their lives forever! With a focus on safety first, participants will join with their peers to overcome group challenges while pushing their personal limits. The course is run by highly trained, experienced ropes course personnel that know how to awaken the inner leader! Visit www.outsidetheboxexperiential.com/page2 for more.

Facilitator: Scott Goldsmith

Grades: 13-16

Location: Manchester Ropes Challenge Course, 180 Hillstown Road (Veteran's Memorial Soccer Complex) Meets: 07/10/23-07/14/23, 9:00 AM-3:00 PM Fee: \$250.00 (Limited Scholarship funds are available)

ROPES COURSE REGISTRATION

Call Heather Wlochowski to register at 860-647-5214; or email heatherw@manchesterct.gov.

YOUTH PROGRAMS



In-School Programs

BOYS COUNCIL (BENNET ACADEMY)

Boys Council offers elementary school boys (5-6 grade) a solid pathway towards healthy development and helps them navigate the unique challenges of adolescence. This group offers a safe place for boys to discuss their experiences, express their ideas, and share their true selves. Space is limited. To register please call Shakir Leacock at (860) 647-5223, or email sleacock@manchesterct.gov.

BOYS COUNCIL (ILLING MIDDLE SCHOOL)

Boys Council offers middle school boys (7-8 grade) a solid pathway towards building healthy connections, helps them to further develop their self-image and improve effective communication. This group offers a safe place for boys to discuss their experiences, express their ideas, and share their true selves. Space is limited. To register please call Shakir Leacock at (860) 647-5223, or email sleacock@manchesterct.gov.

BOYS COUNCIL (MANCHESTER HIGH SCHOOL)

Boys Council offers High school boys (9-12 grade) a solid pathway towards building healthy coping mechanisms and helps them to further develop their critical thinking. This group offers a safe place for boys to discuss their experiences, express their ideas, and share their true selves. Space is limited. To register please call Shakir Leacock at (860) 647-5223, or email sleacock@manchesterct.gov.

FACTS (MANCHESTER HIGH SCHOOL)

Sometimes we forget that most youth DON'T drink alcohol or use other drugs. FACTS is a substance use prevention program for young people that gives you the tools to stay sober, helps you learn healthy stress-management strategies, allows you to grow as a leader, all while exploring your community, traveling to conferences, and hanging out with friends. Please call Samantha Bell at (860) 647-5260, or email sbell@ manchesterct.gov for more information or to register. Ages: 14-18

GIRLS CIRCLE (BENNET ACADEMY)

Girls Circle is an evidence-based support program for 6th grade girls to assist during their transitional years. The primary focus is to build confidence, provide support, help build relationships and provide positive youth development to girls. The facilitator will provide assistance to girls in learning how to grow up as a young woman in today's society in a fun and caring environment. Please call Tasha Weston at (860) 647-5215, or email tweston@manchesterct.gov for more information or to register.

GIRLS CIRCLE (ILLING MIDDLE SCHOOL)

Girls Circle is an evidence-based support program for 7th and 8th grade girls to assist during their transitional years. The primary focus is to build confidence, provide support, help build relationships and provide positive youth development to girls. The facilitator will provide assistance to girls in learning how to grow up as a young woman in today's society in a fun and caring environment. Please call Tasha Weston at (860) 647-5215, or email tweston@manchesterct.gov for more information, or to register.

VOICES (BENTLEY ACADEMY)

Voices is an evidence-based program that was created to address the unique needs of adolescent girls and young women ages 14-18. Please call Sheridan Douglass at (860) 647-5216, or email sdouglass@manchesterct.gov for more information, or to register.

YOUNG MEN'S GROUP (BENTLEY ACADEMY) 5/04/23 – 05/25/23

Young Men's Group offers High school boys (9-12 grade) a solid pathway towards building healthy coping mechanisms and helps them to further develop their critical thinking. This group offers a safe place for boys to discuss their experiences, express their ideas, and share their true selves. Space is limited. To register please call Shakir Leacock at (860) 647-5223, or email sleacock@manchesterct.gov.

Manchester's **June teacher Freedom Day Commemoration** Art, live music and performances, poetry, food, vendor market, family activities & more!

June 17, II AM - 3 PM Leisure Labs at Mahoney Center IIO Cedar Street, Manchester CT





Spruce Street • Northwest Park

Good Food. Good People. Grown Here.



WEDNESDAYS, JUNE 7 - AUGUST 30, 4:30-7:30 PM Market Field, 153 & 163 Spruce Street

WEDNESDAYS, SEPTEMBER 6 - OCTOBER 25, 4:30-7:30 PM Northwest Park, 448 Tolland Turnpike





CHARTER OAK PARK

Charter Oak Summer Event Series

The Park Ambassadors are back to working hard and look forward to serving you at Charter Oak Park. OurShop will be open M-F from 5:30-8:30 PM. While open, you can rent between our "Yellow" bike and scooter options. Please have proper identification and safety equipment present to rent. We will also be open for drop-in activities which include life-size jenga/connect four, foosball, arts and crafts and Ping-Pong tables.

Location: Charter Oak Park

Ages: All Ages

EVENT SCHEDULE

SUMMER KICK OFF

Bring the family and enjoy our summer kick off featuring inflatables & recreational games and activities!

Meets: 06/29/23, 6-8PM

LUTZ MUSEUM FUR, FEATHERS, OR SCALES NIGHT

Do mammals, birds, and reptiles share similar physical features, and how do we tell them apart? Join the Lutz Museum with three live animals, one from each group, along with biofacts from the natural history collection. **Meets:** 07/07/23, 6-8PM

POLICE DEPARTMENT NIGHT

Join the Manchester Police Department, and enjoy a night of fingerprinting and see all of the exciting equipment that our officers use. **Meets:** 07/14/23, 5:30-8PM

SUNSET YOGA

Come enjoy the Zhen of a beautiful sunset that will give to a starry night. Bring a yoga mat or a blanket and enjoy a relaxing evening after a long week.

Meets: 07/21/23, 7:30-8:30PM

NATURE NIGHT

Take a hike along the Charter Oak Greenway and try to identify all the different species that live at or near the park. After your hike, come back to the gear and bike shop where we will design your own bird houses. Binoculars and good walking shoes are the only thing you'll need for this event! **Meets:** 07/28/23, 6-8PM

SUNSET YOGA

Come enjoy the Zhen of a beautiful sunset that will give to a starry night. Bring your yoga mat or a blanket and enjoy a relaxing evening after a long week.

Meets: 08/04/23, 7:30-8:30PM

FIRE DEPARTMENT NIGHT

In collaboration with the Manchester Fire Department, come down to the park and sit by the fire where we will be cooking smores. Come interact with out firefighters and get to know our front-line responders! **Meets:** 08/11/23, 6-8PM

DOG WALK & CREATE YOUR OWN FRISBEE

Join us for a dog walk along the Manchester Greenway at Charter Oak Park! We welcome dogs of all sizes and breeds, but kindly ask for all dogs to be well-behaved around others. We encourage distance if that makes you or another handler more comfortable. After, we will create your own frisbee for your dog to enjoy! **Meets:** 08/18/23, 6-8PM

SUMMER SEND OFF

Join the Charter Oak Staff in celebrating the end of summer with games, activities, and food.

Meets: 08/25/23, 6-8PM



WHAT IS REC ON THE RUN?

Rec on the Run is the Town of Manchester Department of Leisure, Family and Recreations' mobile pop-up creative arts, sports and games vehicle offering programs and activities to Manchester residents in neighborhoods and parks around our community.

Rec on the Run distributes specially designed activity boxes on a first come, first served basis. Boxes allow easy activity pick-up onsite.

WHERE CAN I FIND REC ON THE RUN?

During the evenings the program will operate on-site from 5:00-7:00 PM; Mondays at Northwest Park, 448 Tolland Turnpike; Tuesdays at Westside Oval, 110 Cedar Street; Wednesdays at Nathan Hale Activity Center 160 Spruce Street; and Thursdays at Center Memorial Park.

POP-UP CREATIVE ARTS, SPORTS & GAMES

Paint Week

Splash into summer with some water colors, let your creativity flow out onto the paper.

TOWN OF MANCHESTER

Color ME Week

| 06/12/23-06/15/23, 5:00-7:00 PM

06/05/23-06/08/23, 5:00-7:00 PM

Use your imagination, make it your own. Select from a variety of projects: puppets to sea creatures, everyone is unique.

Button Up Week | 06/19/23-06/22/23, 5:00-7:00 PM Display your individuality, design a button/badge, raise awareness, support a cause, just have fun!

Tie Dye It! Week

| 06/26/23-06/29/23, 5:00-7:00 PM

07/10/23-07/13/23, 5:00-7:00 PM

Celebrate 2023, Manchester's Bicentennial, with some color!

Nature's Journal Week

| 07/03/23-07/06/23, 5:00-7:00 PM Step outside and take a walk, collect your thoughts and favorite things, remember them in a journal. (No Program 07/04/23)

Doodles and Velvet Week

Have fun doodling away creating one of a kind magnets. Trade them with your friends or just display them on the fridge!

Color Me Week

| 07/17/23-07/20/23, 5:00-7:00 PM Use your imagination, make it your own. Select from a variety of projects: butterflies to sun catchers, everyone is unique.

| 07/24/23-07/27/23, 5:00-7:00 PM Junk It Week Using a variety of recycled elements, what will you create? A buzzing bee? A flower?

Built It Week | 07/31/23-08/03/23, 5:00-7:00 PM Always fun to squish, twist and roll some clay. Create an imaginary creature, mini flower pot, maybe a kindness message?

Paint Week | 08/07/23-08/10/23, 5:00-7:00 PM

Everyone is an artist, relax and take a little time out creating a masterpiece.

Bead It Week

| 08/14/23-08/17/23, 5:00-7:00 PM

A bowl full of colorful beads, who wants to string together a necklace, bracelet or maybe a something unexpected!

Tie Dye It Week

| 08/21/23-08/24/23, 5:00-7:00 PM

Celebrate 2023, Manchester's Bicentennial, with some color!



MANCHESTER COMMUNITY COLLEGE BANDSHELL. 60 BIDWELL STREET *RAIN DATE JULY 9TH





LEARNSHOPS & EVENTS



Spruce Street • Northwest Park **FARMERS MARKET** Good Food. Good People. Grown Here.



Farmers Market Series

Vendor selections are thoughtfully curated to include diverse food and business owners, with products including: fresh fruits & vegetables, meats & eggs, honey & maple syrup, baked goods, vegan offerings, CT food trucks & artisans. All children receive a \$2.00 voucher for fresh produce at every market.

The market also accepts EBT payments & will double the value of SNAP purchases up to \$20.00 (spend \$20.00 using your EBT card to receive an additional \$20.00 to spend on SNAP-eligible items).

SPRUCE STREET MARKET

Meets: W, 06/07/23-8/30/23, 4:30-7:30 PM Location: Market Field, 163 Spruce Street Ages: All welcome Fee: No fee to attend [Free parking available across street at 160 Spruce Street]

NORTHWEST PARK FARMERS MARKET

Meets: W, 09/06/23-10/25/23, 4:00-7:00 PM Location: Northwest Park, 448 Tolland Turnpike Ages: All welcome Fee: No fee to attend

Juneteenth Freedom Day Commemoration

Join the Town of Manchester's Department of Leisure, Family and Recreation, in collaboration with local community partners, for the annual Juneteenth Freedom Day Commemoration. This special event will include special speakers & performers, a black-owned food and vendor market, family activities and much more! **Meets:** Sa, 06/17/23, 11:00 AM-3:00 PM **Location:** Leisure Labs at Mahoney Center **Ages:** All welcome **Fee:** No cost

Pokémon Pack Battles

Join Competitive Pokémon TCG player Vaughn O'Brien for a brief introduction to the Pokémon Trading Card Game. Each participant will be given one free Scarlet & Violet Booster Pack. After that, the trainers (attendees) will be paired & will participate in pack battles. **Meets:** Tu, 05/02/23-05/16/23, 5:30-7:00 PM **Location:** Eastside Neighborhood Resource Center **Ages:** 5-17 (participants under 12 must be accompanied by an adult guardian) **Fee:** \$10/\$12 (per class)

Pokémon TCG Win-A-Box Tournament

Pokémon TCG Win-a-Box Tournament hosted by Competitive Pokémon TCG player Vaughn O'Brien! Players will compete with a standard legal 60-card deck in 5 rounds of 50 minutes, best-of-three swiss with a 60-minute, best-of-three single elimination (top 8 cut). The winner of the tournament will be awarded a sealed Scarlet & Violet Booster Box (retail value: \$160). **Meets:** Sa, 07/08/23-07/29/23, 12:00-6:00 PM **Location:** Eastside Neighborhood Resource Center **Ages:** All ages welcome **Fee:** \$25 (per tournament)



Candle Making Workshop Join Laurie Lynne of Creative Girl Studios for an af-

Join Laurie Lynne of Creative Girl Studios for an afternoon of candle making. The workshop will include over 130 scents to choose from, organic cotton wicks, jars, twine, tags, labels, markers, wax color and more! Participants will leave with two handmade, 100% soy candles.

Meets: Sat, 06/03/23, 6:00 PM – 8:00 PM Location: Eastside Neighborhood Resource Center Ages: 8+ (children under 16 must be accompanied by an adult) Fee: \$30/\$35 (nr)



Clay Workshop with A Clay Zone

Join Carnetta Parnell of A Clay Zone for a sea creature creation workshop! Each participant will receive their choice of a medium-sized aromatherapy scented clay that can be used for future use. Non-scented clay is also available. Participants will be provided sample images to use. Everyone's own creativity is always encouraged.

Meets: Sat, 08/05/23, 1:00 PM – 3:00 PM Location: Eastside Neighborhood Resource Center Ages: 5+ (children must be accompanied by an adult) Fee: \$30/\$35 (nr)

Wood Flowers Arrangement in Mini Wood Box Workshop

Join Jen Angle of Wood & Word Blooms to create a forever wood flower arrangement – perfect for Mother's Day! During this workshop, participants will receive instruction in designing a mini wood box arrangement with sola wood mini blooms. Each kit includes 9 Baby Blooms (1.5 inch sola wood flowers), faux greenery, fillers, stems, tools and a wood flower care card. **Meets:** Su, 05/07/23, 1:00-3:00 PM

Location: Eastside Neighborhood Resource Center **Ages:** 10+ (participants under 12 must be accompanied by an adult guardian) **Fee:** \$30/\$35 (nr)

the

at Northwest

The Tiny Gallery

Find this intimate community based ART space located in Northwest Park. This space promotes curating ideas and fostering creative collaborations within the community and beyond and acts as a destination for the curious and the connector to all things ART. **Location:** Northwest Park, Tiny Gallery (Building 2) **Meets:** W, Open Seasonally, May-December, 4:30-7:30 PM



MHS Independent Study Presented by Audrey Labbe

Opening: 05/10/23 – Closing: 06/07/23

Acrylic Paintings Presented by Marnise Nicole

Opening: 06/14/23- Closing: 07/05/23

Imaginary Faerie Houses Presented by Nicole Young

Opening: 07/12/23– Closing: 08/02/23

Origami Plea Presented by Benjamin Parker

Opening: 08/09/23 - Closing: 08/30/23

For the Love of a Dog

Presented by Kelly Burns Opening: 09/06/23 – Closing: 09/27/23

Caleb's Creations Presented by Caleb Brackett Opening 11/22/23 - Closing 01/24

Creative Arts Programs @ The Tiny Gallery

Paint with your Pup! Join the fun at Northwest Park Paint with Your

Join the fun at Northwest Park Paint with Your Pup events! Spend time with your pup and channel their inner artist, as they assist you with your painting project. Dogs and owners will work together on a painting project.

Event Guidelines:

- No more than one dog per handler. A dog handler must be at least 16 years of age.
- All dogs are required to be on a leash, while on Northwest Parks' property.
- Dog handlers must be holding the leash for the entirety of the event.

• Dog handlers must be in control of, and in visual contact with, their dogs at all times.

• Dog handlers must immediately remove and dispose of their dog's feces and repair any holes created by their dogs.

• No aggressive dog behavior. If your dog is observed showing aggressive behavior towards other dogs and/or owners at the event, you may be asked to leave the event.

• No female dogs in heat.

• Dog owners are liable for injuries or damage caused by their dogs.

• Dogs must display current license and rabies vaccination tags.

Spots are limited and advanced registration is required. See below for session times, dates, and locations. Don't wait to sign-up. Supplies are included

Ages: 16+ (Teens and Adults Welcome) Location: Northwest Park, Tiny Square Meets: Sa., 06/10/23, 07/29/203, 09/30/23 Fee: \$10 (r) / \$15 (nr)



Twist, Scrunch & Tie Dye

Put some color on your feet - join us for a fun twisty, scrunchy time! Fun for everyone. We have the socks, just need you to come out to the @ The Tiny Gallery @ Northwest Park. Registration recommended.

Ages: All Ages Welcome

Location: Northwest Park, Tiny Gallery Meets: Sat, 07/01/23, 12:00-2:00 PM Fee: No Fee



The Great Northwest Park Faerie Trail

We're looking forward to an even more magical season of wonder and joy this on the trail! Follow the trail through the Butterfly Garden beginning in August and be transported to the Great Northwest Faerie Trail. Hidden along the trail, discover and explore magical hiding spaces where the faeries live!

Trail Opens: 07/12/23

Would you like to create Faerie Doors/habitats for Faeries? Contact Artist in Residence, Chris O'Brien, cobrien@manchesterct.gov

ADULT PROGRAMS



Personal Training 1 on 1

A personal trainer will design an exercise program specifically for you. Your trainer will motivate you through your workout and ensure proper form and safety. Personal needs such as introduction to cardio equipment and weights will be addressed if needed. **Instructor:** Carin Hoffman

Location: Community Y Recreation Center Gym Ages: Varies

Meets: Call (860) 647-3164 to book Fees:

- 1/1 Hour Session: \$60/\$75 (nr) per session
- 5/1 Hour Sessions: \$250/\$312 (nr) per session
- 10/1 Hour Sessions: \$400/\$500 (nr) per session

Fees for two persons (buddy rate): Best DEAL!

- 1/1 Hour Session: \$100/\$125 (nr) per session
- 5/1 Hour Session: \$400/\$500 (nr) per session
- 10/1 Hour Session: \$550/\$680 (nr) per session

Yoga 4 Life

Is structured around rejuvenating, empowering, and healing the body and the mind. This class is slower pace class with a lot of fun moves that focus on stretching all areas of the body, while releasing stress and tensions physically, mentally, and emotionally. The main focus is to move with breath. Teacher might make manual adjustments. Please bring your own mat. Instructor: Barbara Titus

Location: Community Y Recreation Center Ages: 18+ Meets: M/W, 6:30-7:30 PM Session 1: 06/12/23-07/17/23 (No Class 06/19/23) Session 2: 07/24/23-08/23/23 Fee: \$60/\$75 (nr) Session 3: 08/30/23-09/27/23 (No Class 09/04/23) Fee: \$54/\$67 (nr)

Yoga for Active Lifestyles

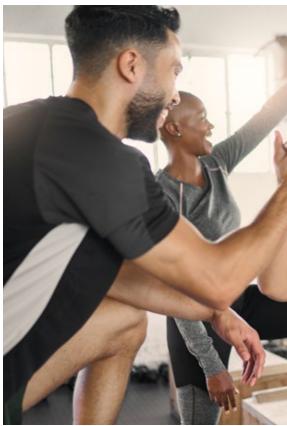
Enjoy your activities this season through the practice of yoga. In this class you will practice poses to increase your range of motion and flexibility, especially in the hips and hamstrings. Spend time cultivating upper-body strength, core strength and balance. Please bring your own mat

Instructor: Tanya Camerota Location: Community Y Recreation Center Ages: 18+ Meets: Th, 6:30-7:30 PM Session 1: 06/15/23-08/17/23 Fee: \$60/\$75 (nr) Session 2: 08/24/23-09/28/23 Fee: \$30/\$38 [No Class 09/07/23]



Barre and More

Combines elements of Pilates, yoga, dance and functional training, allowing for a full body work out to tone lift and sculpt. Please bring your own mat. Instructor: Tanya Camerota Location: Community Y Dance Room Ages: 18+ Meets: T, 6:30-7:30 PM Session 1: 06/13/23-08/22/23 [No Class 07/04/23] Fee: \$60/\$75 (nr) Session 2: 08/29/23-09/26/23 [No Class 09/05/23] Fee: \$24/\$30 (nr)

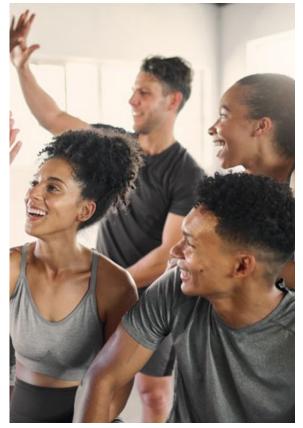


Total Body Plus

Need a total body make over? This is the class for you. Train every major muscle group through strength resistance exercises using a variety of equipment. Never a dull moment in this hour aimed at increasing strength, endurance, and core conditioning. This plus.... Cardio "bursts" to increase your heart rate and maximize fat burning. Great for all fitness levels. Instructor: Karen Cimino Location: Community Y Rec Center Dance Room Ages: 18+ Meets: M/W 6:00-7:00 PM Session 1: 06/12/23-06/28/23 (No Class 06/19/23) Fee: \$30/\$38 (nr) Session 2: 07/10/23-07/26/23 Fee: \$36/\$45 (nr) Session 3: 08/07/23-08/30/23 Fee: \$48/\$60 (nr)

Session 4: 09/11/23–09/27/23 **Fee:** \$36/\$45 (nr)

ADULT PROGRAMS



Team Fit After Work

Want to work out after work? Come join our team! This fitness class is a circuit with an interval training format. Participants do challenging, yet motivating strength core and cardiovascular conditioning. You'll do a variety of exercises to improve your overall fitness using all the latest fitness equipment. All fitness levels welcome! Bring an open mind and attitude! Instructor: Karen Cimino Location: Community Y Dance Room Ages: 18+ Meets: M/W, 5:00-5:45 PM Session 1: 06/12/23-06/28/23 (No Class 06/19/23) Fee: \$30/\$38 (nr) Session 2: 07/10/23-07/26/23 Fee: \$36/\$45 (nr) Session 3: 08/07/23-08/30/23 Fee: \$48/\$60 (nr) Session 4: 09/11/23-09/27/23 Fee: \$36/\$45 (nr)

Drop-In Badminton

Test your agility and dexterity with one of the most popular sports in the world! Come play, with no equipment required (but you are more than welcome to bring your own), as we practice our drop shots and slams in a friendly and competitive environment! Racquets, net, and birdies provided. **Ages:** 16+

Location: Northwest Park, Pavilion Area Meets: T, 06/13/23-08/22/23, 5:00-7:00 PM Fee: No Fee



Intro to Pickleball

Pickleball is the fastest growing sport in the country and this summer is the time to get involved in the action as a new player! Registrants will join instructor Samuel Kim, one of CT's top 5 Ranked Pickleball players, and International Pickleball Teaching Professional Association (IPTPA) certified pickleball instructor to learn the ins and outs of the game and how to bring their play to the next level! This is an instruction-based program designed for first time and novice players. Please note there will be no "Open Court Time" offered during the program and registration is required! **Instructor:** Samuel Kim

Location: Nathan Hale Activity Center Ages: 18+

Meets: M/Th, Times Vary [No Class 07/03/23, 07/06/23] Session 1: Th, 06/01/23-06/22/23, 8:30-10:00 AM Session 2: Th, 06/01/23-06/22/23, 10:00-11:30 AM Session 3: M, 06/26/23-07/24/23, 8:30-10:00 AM Session 4: M, 06/26/23-07/24/23, 10:00-11:30 AM Session 5: Th, 06/29/23-07/27/23, 10:00-11:30 AM Session 6: M 07/31/23-08/21/23, 8:30-10:00 AM Session 7: M, 07/31/23-08/21/23, 10:00-11:30 AM Session 8: Th, 08/3/23-08/21/23, 10:00-11:30 AM Session 8: Th, 08/3/23-08/24/23, 10:00-11:30 AM Fee: \$24/session (residents only)

Intermediate Pickleball

Pickleball is the fastest growing sport in the country and this summer is the time to get involved in the action as a new player! Registrants will join instructor Samuel Kim, one of CT's top 5 Ranked Pickleball players, and International Pickleball Teaching Professional Association (IPTPA) certified pickleball instructor to learn the ins and outs of the game and how to bring their play to the next level! This is an instruction based program designed for first time and novice players. Please note there will be no "Open Court Time" offered during the program and registration is required! **Instructor:** Samuel Kim

Location: Nathan Hale Activity Center Ages: 18+

Meets: M/Th, Times Vary [No Class 07/03/23, 07/06/23] Session 1: Th, 06/29/23-07/27/23, 8:30-10:00 AM Session 2: Th, 08/03/23-08/24/23, 8:30-10:00 AM Fee: \$24/session (residents only)

SENIOR CENTER

Manchester Senior Center 549 East Middle Turnpike • 647-3211

The Senior Center is a Division of the Human Services Department. The Senior Center along with the Recreation Division of the Department of Leisure, Family & Recreation collaborates to provide a full spectrum of quality programs including recreational, social, and health programs for Manchester seniors.

Dates of Operation: Year Round Office Hours: Monday-Friday, 8:30-4:30 PM Holiday Closures: Senior Center Programs will be closed on Town Holidays. Phone: 860-647-3211

Off Site Programs The Senior Center offers activities that are run outside of the Senior Center. These programs, as well as the Senior Center programs, are open to Manchester residents who are 60 and over. Programs include Hiking Club, Biking Club, Walking Group, Group Travel, and Senior Basketball. For more information, call the Senior Center at 647-3211.

Health Programs The Manchester Health Department provides the following health programs at the Senior Center: Blood Pressure Screening, Foot Care, Fall Risk Assessments, Health Consultations, and Health Education programs. For more information call 860-647-3211.

Social Service Programs

Questions regarding health insurance, home care, housing, the Medicare Savings Plan, or anything of a personal nature can be directed to Kitty Dudley, the Senior Center Social Worker. Make an appointment by calling 860-647-3211.

Financial Assistance

It has been the long-standing policy of the Town Board of Directors that no Manchester resident should be denied access to town sponsored recreational activities due to financial hardship or other extenuating circumstances. Please contact Kitty Dudley at 860-647-3211 for details.

Cancellation Policy

During inclement weather if Manchester schools are closed, all center programs, meals and transportation are canceled for that day. However, the Center staff is available in the office for regular scheduled office hours. When school is on a 2 hour delay all programs, meals and transportation will be delayed until 10:30 AM. This means that all classes that start before 10:30 AM are canceled. Call the Center to listen to the voice recording or check WFSB Channel 3 or WVIT Channel 30 for exact time of opening.



Senior Memberships

Membership to the Senior Center is required to participate in Senior Center activities and is open to Manchester residents only. Membership costs \$10 and can be acquired at the Manchester Senior Center Monday - Friday between the hours of 8:30 AM - 4:30 PM. Contact the Senior Center at 860-647-3211 or visit: www.manchesterct.gov/Government/Departments/ Senior-Center for more information.

Meal Program

Lunch is served daily at 12:00 PM for those 60 and over. Reservations are required in advance no later than 12:15 PM the day before. Call 860-647-3211 for reservations. Cost: suggested donation of \$2.50.

Trips

Trips offered by the Senior Center are advertised in the Journal Inquirer on Saturdays, in the newsletter, and online. Day trips, overnights, cruises, and trips abroad are available. Trip flyers are available in the Senior Center lobby. Call Missy Rankin at 860-647-3210 for more information.

Transportation

The Senior Center provides transportation for Manchester senior residents to come to the center for classes, activities, and lunch. Transportation to the grocery store and retail shopping is suspended at this time; please call the Senior Center for updates.

RIDES TO AND FROM THE SENIOR CENTER

Bus rides can be scheduled up to 3 PM on the day before your ride. Please call the Senior Center office at 860-647-3211 to schedule your ride.

CANCELLATION OF RIDE

If you find that you need to cancel your ride with us, please call the office. We appreciate as much advance notice as possible.

TOWN OF MANCHESTER Dial-A-Ride Services

DIAL-A-RIDE is a separate service from the Manchester Senior Center Transportation (see above). To Register for Dial-A-Ride for the first time, call 860-870-7940 between 2:30 PM - 4:00 pm. To Reserve a ride thereafter with DIAL-A-RIDE, call 860-870-7940 between 8:30 AM – 2:00 PM. If you need more information, please direct your inquiries to Senior, Adult & Family Services at 860-647-3096.

We're on FACEBOOK!

Please make sure to Follow and Like the Manchester Senior Center Facebook Page to get the latest and greatest news as guick as possible. Go to https://www. facebook.com/ManchesterCTSeniorCenter

Program Registration

Registration for programs is on-going. Register at the Manchester Senior Center, the Community Y Recreation Center, Center Springs Recreation Office, or at the Customer Service Center.



Fitness & Movement

Please note that class dates are subject to change based on instructor availability.

Biking Club

Bikers ride approximately 6-12 miles per ride. Contact the senior center for the full schedule. **Location:** Offsite **Meets:** M, 06/05/23-08/28/23, 1:00 PM-3:30 PM

Body Sculpt

Weight bearing exercise program for active older adult that includes warm-up, aerobic fitness, core strengthening, flexibility, joint mobility, balance and coordination.

Location: Senior Center Auditorium Session 1: M, 06/05/23-08/07/23, 12:30-1:15 PM Session 2: W, 06/07/23-08/09/23, 12:30-1:15 PM Fee: \$5 per session

Hiking Club

Enjoy hikes on local trails with friends. Contact the senior center for the full schedule. **Location:** Offsite **Meets:** Th, 06/08/23-09/07/23, 1:00 PM-3:00 PM

Light-N-Lively

Low impact cardio workout. Active and fast paced. Seniors may sign up for 2 out of 3 classes. Location: Senior Center Auditorium Meets: M/W/F Session 1: M, 06/05/23-08/07/23, 11:00-12:00 PM Session 2: M, 06/05/23-08/07/23, 1:20-2:15 PM Session 3: W, 06/07/23-08/09/23, 1:20-2:15 PM Session 4: F, 06/09/23-08/11/23, 11:00-12:00 PM Fee: \$5 per session

Line Dancing

Line dancing is a choreographed dance with a repeated sequence of steps with people in lines or rows. Location: Senior Center Auditorium Meets: T, 06/06/23–08/08/23 Beginner: 10:00-11:00 AM Advanced: 11:00-12:00 PM Fee: \$5 per session

Senior Basketball

Location: Community Y Recreation Center Session 1: M, 06/05/23–08/28/23, 9:00-11:00 AM Fee: \$10 / \$20 (nr)

Steady as We Go

Chair-based class that uses light weights, exercise bands, or no weights at all, and is great for improving posture and balance.

Instructor: Carin Hoffman Location: Eastside Neighborhood Resource Center Meets: T, 06/27/23-08/29/23, 11:00 AM-12:00 PM Fee: \$5 [No Class 07/04/23, 08/08/23]

Square Dancing

A type of country dancing that starts with couples facing one another in a square, with the steps and movements shouted out by a caller. **Location:** Senior Center Auditorium

Meets: Th, 06/01/23–08/10/23

Fee: \$5 per class, out of town participants can join. Advanced registration required.

Strength & Flex

Great for all fitness levels. This class uses a combination of low impact aerobics, light weights and exertubes to improve balance, muscle tone and overall cardio health.

Location: Senior Center Auditorium Session 1: M, 06/05/23–08/07/23, 10:00-11:00 AM Session 2: W, 06/07/23–08/09/23, 10:00-11:00 AM Session 3: W, 06/07/23–08/09/23, 11:00-12:00 PM Session 4: F, 06/09/23–08/11/23, 10:00-11:00 AM Fee: \$5 per session

Stronger Seniors

Will include chair aerobics, chair Zumba and will incorporate weights, tubes and stretching. Location: Senior Center Auditorium Session 1: W, 06/07/23–08/09/23, 9:15-10:00 AM Fee: \$5 per session

Tai Chi Beginner & Advanced Classes

Use slow, gentle movements to build energy, increase balance and encourage relaxation. **Location:** Senior Center Auditorium **Meets:** T/F, 06/06/23–08/11/23 **Beginner Class:** Tu, 2:30-3:30 PM; F, 1:30-2:30 PM **Advanced Class:** Tu, 1:30-2:30 PM; F, 12:30-1:30 PM **Fee:** \$5 per session

Walking Group

This group meets for walks on local trails in Manchester and Vernon. Please call Missy Rankin for more details and to register, 860-647-3210. **Location:** Local Trails **Meets:** M/W/F, 06/05/23–09/08/23, 8:45-11:00 AM

Yoga +

A class for the active senior with few limitations. Location: Senior Center Auditorium Session 1: M/W, 06/05/23–08/09/23, 2:20-3:20 PM Session 2: M/W, 06/06/23–08/09/23, 3:20-4:20 PM Fee: \$5 per session

Zumba Gold

Zumba fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic workout system. **Location:** Senior Center Auditorium **Meets:** Th, 06/08/23–08/10/23, 3:00-4:00 PM **Fee:** \$5 per session

Social Leisure

Billiards

Drop in and play on one of three billiard tables. Location: Senior Center Billiards Room Session 1: M-F, 06/05/23–09/08/23, 8:30 AM-4:30 PM

Bingo

Mark off numbers on your card, and shout BINGO when you win! Location: Senior Center Bingo Room Meets: F, 06/09/23–09/08/23, 10:00 AM-12:00 PM

Book Group

Read and discuss different novels the 3rd Tuesday of every month! Location: Senior Center Library Meets: 3rd T, 06/20/23–08/08/23, 10:30-11:30 AM

Ceramics

Create your masterpiece from start to finish under the direction of a very experienced instructor. Learn techniques for painting, glazing and firing. Location: Senior Center Ceramics Room Meets: M/F, 06/06/23–07/28/23, 9:30-11:30 AM Fee: \$6 per class

Cornhole

Players or teams take turns throwing bean bags at a raised board with a hole at its far end, score the most points to win!

Location: Senior Center Auditorium Meets: Th, 06/08/23–09/07/23, 11:00 AM-12:00 PM

Cribbage

This card games combines both luck and skill. Make it around the board first to win. **Location:** Senior Center Card Room **Meets:** F, 06/09/23–09/08/23, 12:30-3:00 PM

Dominoes

Stay sharp! Use your mind and learn this fun game. First few classes will be devoted to instruction. Beginners and experienced players welcome. **Location:** Senior Center Craft Room **Meets:** W, 06/07/23–09/06/23, 12:45-3:00 PM

Friendship Circle

Coffee, crafts and fun. All are welcome to spend the morning with this friendly group working on knitting, crocheting and other craft projects. **Location:** Senior Center Craft Room **Meets:** W, 06/07/23–09/06/23, 8:30-11:30 AM

Hand & Foot

A card game related to canasta. Location: Senior Center Card Room Meets: Th, 06/07/23–09/06/23, 1:30-3:30 PM

Mahjongg

A Chinese game played with tiles, collect winning sets to win! Location: Senior Center Card Room Meets: T, 06/06/23–09/05/23, 12:30-2:30 PM

Men's Group

Enjoy a variety of activities including current events, health topics, trivia and of course good conversation while meeting new people. Program facilitated by our Program Assistant.

Location: Senior Center Library Meets: M, 06/05/23-08/28/23, 10:45-11:45 AM

Music Circle

This group meets weekly to play their acoustic instruments and sing with fellow music lovers. Take turns suggesting and playing your favorite songs! **Location:** Senior Center Craft Room **Meets:** M, 06/05/23-08/28/23, 12:30-2:30 PM

Paint Class

An artist will instruct you to paint a scene on 11x14 stretched canvas. Create a one-of-a-kind masterpiece, no experience necessary.

Location: Senior Center Bingo Room Meets: One T per month (Check newsletter), 9:30-11:30 AM

Fee: \$12 per class

Piano Lessons

A volunteer piano teacher will teach basics of piano. Location: Senior Center Card Room Meets: F, 06/09/23-09/08/23, 8:45-9:45 AM

Ping Pong

Table Tennis, played between players or teams. Location: Senior Center Basement. Meets: M-F, 06/05/23-09/08/23, 8:30-4:30 PM

Pinochle

A card game played with a 48-card deck, score points for various combinations and to win tricks. **Location:** Senior Center Card Room **Meets:** M, 06/05/23-08/28/23, 12:30-2:00 PM

Quilting Group

Non-Instructed group. A couple sewing machines are available. **Location:** Senior Center Craft Room **Meets:** Th, 06/08/23-09/07/23, 12:30-4:00 PM

Red Hat Society

We are the women in the red and pink hats. Bring a friend! We meet the 1st Tuesday of every month. All are welcome! **Location:** Senior Center Library **Meets:** 1ST T, 06/06/23-09/05/23, 1:00-3:30 PM

Samba

Card game, variant of canasta. Location: Senior Center Card Room Meets: Th, 06/08/23-09/07/23, 9:00 AM-12:00 PM

Scrabble

A board game played with 2-4 players with the players using their vocabulary to create words. **Location:** Senior Center Bingo Room **Meets:** Th, 06/08/23-09/07/23, 9:30-11:30 AM



Senior Circle

This group meets for a variety of activities, such as crafts, games, low impact exercise, reminiscing and more. This group is led by our Program Assistant and requires pre-registration. This is not a drop-in program. Call the Senior Center for details. Location: Senior Center Craft Room Meets: T/Th, 06/06/23-09/07/23, 10:00-11:45 AM

Setback

American trick-taking card game. Location: Senior Center Bingo Room Meets: F, 06/09/23-09/08/23, 12:30-3:00 PM

Social Bridge

A card game played by teams of 2 to win points. Location: Senior Center Bingo Room Meets: W, 06/07/23-09/06/23, 12:30-4:00 PM

Watercolor & Oil Painting Group

Group of artists meets to draw, create, share, and inspire each other. Participants provide their own supplies.

Location: Senior Center Craft Room Meets: T, 06/06/23-09/05/23, 1:00-3:00 PM

Wii Bowling

Hit the virtual lanes with Nintendo Wii Bowling! Location: Senior Center Library Meets: Th 06/08/23-09/07/23, 10:00-11:30 AM

Women's Group

Enjoy a variety of activities including current events, health topics, trivia and of course good conversation while meeting new people. Program facilitated by our Program Assistant.

Location: Senior Center Library Meets: M, 06/05/23-08/28/23, 9:30-10:30 AM